



**Asbury**  
UNITED METHODIST CHURCH

6822 Grand Avenue  
Duluth, MN 55807

**The Reverend  
Cindy M. Rasmussen**

**Sunday Worship — 10:00 am**

Office Hours  
Mon-Thurs 9:00 am—2:00 pm

# Messenger

**S**unday, September 10, is designated as Rally Day here at Asbury United Methodist Church. It is a time we come together after the months of summer to refocus and renew our covenant with God and one another. Come join us for an exciting year as we are challenged to grow, share, learn and live out our faith as followers and leaders!



**Worship at 10:00 am.**  
(Sunday School Teacher Dedication)

**Sunday School at 10:15 am.**  
(Children come to Worship and leave for Sunday School after Children's Time)

**Community Meal in Fellowship Hall**  
Sloppy Joes (from head chef Joe Kokotovich and his unnamed helpers)  
Corn-on-the Cob (provided and cooked by the Down's family)  
Great, lively fellowship (that's where you come in!)  
(Free will offering)

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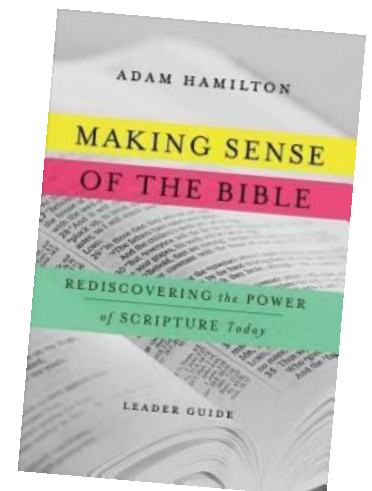
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## Adult Education Scheduled for September 13

**T**his Fall, Asbury will be joining Hillside, Norton Park and Northwood UMC for a book study using Adam Hamilton's "Making Sense of the Bible" on Wednesday mornings beginning September 13 at 10:30 am. The study will continue each Wednesday until October 18. Hillside UMC, 1801 Piedmont Ave., will be hosting the study at their church.

Rev. Judy Anderson-Bauer (interim minister at Hillside), Rev. Cheryl Fleckenstein (interim minister at Norton Park and Northwood UMC) and I will be co-leading the study. We are hoping this will be a first step to sharing other adult education classes/studies that could be hosted at each of our churches.

I have four of the books we will be using and will order more if needed. Please let me know if you are interested.



— Pastor Cindy

# Cindy's Corner

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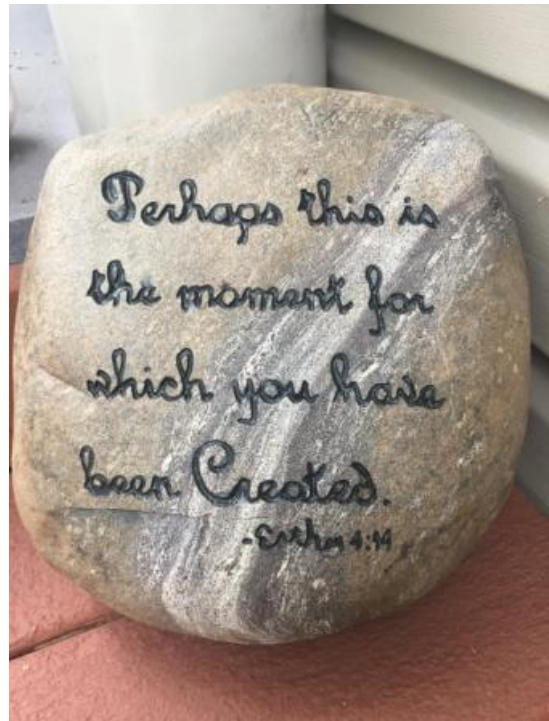
**M**y friend has this rock on her front deck with a quote from the book of Esther. It reminds me to consider the question, "is this the moment for which I have been created?" And my answer is, yes. This moment and the next and the next and the next.

Esther's story is one of compassion, strength and incredible courage. For her, it wasn't just one moment, or one decision or one choice, it was many. That's how life is.

Often we wait and wait and wait for that big moment in time when we hope we will make a difference in the world. The truth is, we make a difference each and every day by our presence, strength, courage, faith and our love. We make a difference by who we are and how we live.

This world in which we live is an amazing, complex, challenging, joyful and sometimes troubling place to be. As human beings, we are individuals and yet I think we long and need to be in community. Places to experience the fullness of life while finding support and hope and love along the way.

Here at Asbury UMC we strive to offer and be community to one another. We ask questions, and talk about potential answers.



We seek God's grace and the Spirit's guidance. We learn about Jesus and do our best to follow his example. We learn and teach and learn some more. We welcome and embrace and send forth.

As we begin this new Church Program Year, I invite you to join us on the journey of faith and life, and to explore the question, "is this the moment for which we have been created?"

*Peace & Joy,*

*Cindy*

**Pastoral Care:** Because of the privacy act, hospitals no longer telephone churches to let us know that one of our members have been admitted. Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In the case of an emergency and there is no answer at the church, call Pastor Cindy at 218-464-0304.

# Asbury News



The Asbury UMC Finance Committee's responsibility is to manage and direct the financial affairs of the church and provide leadership for the Fall Financial Stewardship Drive. The committee meets quarterly to review the budget, both income and expenses, and more often in the fall during our stewardship drive.

At the August Administrative Council Meeting, Pat Anscomb presented the Profit and Loss Statement through the second quarter of the year with a report from Larry Scanlon. She also shared the July monthly summary. At the end of July our Balance on Hand was \$9,563.78. Pat reported that we have paid \$9,700.65 of our 2017 Apportionments, which is 43% of the total owed, with a balance due of \$12,831.35. We continue to be financially strong and are on track for the year.

As we move into September there are a few things coming up. One is our annual meatball dinner. The proceeds from that dinner are used toward our apportionment responsibilities. The Finance Committee will also be meeting on Tuesday, September 12 at 5:30 pm to begin planning our Fall Stewardship Drive.

As always, we are grateful for the many ways you support Asbury United Methodist Church!  
— The Finance Team

## THANK YOU

Dear Gary & Sandy Winklesky and Everyone at Asbury UMC:

Thank you for your part in making the Wildfire! Youth Mission Event a huge success! The meal was wonderful. WOW! This year, we hosted youth from 17 different churches across the state and even one from Minnesota! Each day we were able to help people, community programs and ministries through the Twin Ports area with projects such a painting, construction, demolition, cleaning, sorting, upkeep, etc. Each day we had wonderful meals, engaging worship and great evening fun activities. The best part was that we were able to grow closer to Christ and each other. So, thank you for helping make this possible for us. We are looking forward to serving the community again next year!

— The Wildfire! Youth Mission Team

Dear Members of Asbury UMC Congregation:

Thank you for choosing the Valley Youth Center for your donation. Your donation is just in time for our school supply drive in making sure our kids are prepared for school which starts in less than a month. Many of the youth we serve will go without needed school supplies during their year at school. Donations like yours help us meet that shortfall. We thank you for reaching out to us and making a difference in the lives of the youth we serve.

— Russ Salgy, Agency Director, Valley Youth Center



## Pancakes For Supper? — September 21

Come have pancakes for supper on September 21 from 4:00 to 6:00 pm in Asbury's Fellowship Hall.

Sponsored by the Spirit Valley Kiwanis, tickets are only \$6.00 for adults; \$3.50 for children 4-12; and FREE for 3 and under.

Enjoy delicious pancakes, sausage patties and a beverage. All proceeds are used for Youth Programs.



## Outreach/ Communion Offering . . .

August's offering of \$90 went to the Valley Youth Center. September's offering will go to LifeHouse.

## Attendance . . .

July 30	77
August 6	72
August 13	74
August 20	68
August 27	63

## Scripture Readers . . .

Sept 3	Ruth Thorpe
Sept 10	Jan Akervik
Sept 17	Shelly Vanneste
Sept 24	Leo Lambert





- 1 Donna Mickelson
- 2 Shaina Nickila
- 3 Laura Schwartz
- 4 Krista Paczynski  
Barbara Schwartz
- 5 Isadora Blazevic  
Nathan Nylund
- 6 Abigail Beaver
- 7 Haley Winklesky
- 8 Erin Ridgewell
- 9 Duane Palmi
- 14 Cheryl Parendo
- 17 Ashley Rolland  
Nancy Wagner
- 20 Jerry Smith
- 27 Brian Bennett
- 29 Ryder Wrazidlo
- 30 Elrena Greeney  
Jill Lepisto

*Not included?  
Please contact the  
church office at 624-0061.*

# Calendar

## September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Youth Choir practice will resume at 6:00 pm on Wednesday, September 6 and will be at 6:00 pm each Wednesday thereafter. Adult Choir practice will resume at 6:30 pm on Wednesday, September 6 and will be at 6:30 pm the first Wednesday of each month and at 9:15 am the first and fourth Sundays of the each month.</p> <p>Praise Team will resume weekly Monday evening practice at 6:30 pm starting September 11.</p> <p><a href="#">YOGA classes are held Wednesdays at 5:30 pm in Asbury's Fellowship hall.</a>  <a href="#">Contact Cheryl Zupec, 218.343.4478 orczupec@hotmail.com for more information.</a></p>					1 Office Closed	2
3 10:00 am, Worship/ Communion 11:00 am Coffee & Fellowship, FH	4  Office closed	5 9:00 am Kiwanis, FH  9:30 am Bone Builders, WR	6 8:30 am Men's Coffee, FH 9:30 am UMW Board Meeting, WR 6:00 pm, Youth Choir 6:30 pm, Adult Choir	7 9:30 am Bone Builders, WR  10:00 to 11:00 am, 2nd Harvest Food Dist	8 Office Closed	9
10  9:15 am, Adult Choir 10:00 am, Worship//Birthday/ Sunday School 11:00 am Community Meal, FH 6:00 pm, BS Troop 16, FH	11 8:30 am Garden Team 6:00 pm CS Pack 3116, FH 6:30 pm Praise Team	12 7:00 am to 8:00 pm PRIMARY ELECTION 9:00 am Kiwanis, FH 9:30 am, BB, WR 2:00 pm, KK, WR 5:30 pm Finance, WR	13 8:30 am Men's Coffee, FH 9:00 am, Pastor Cindy @ West Duluth 10:30 am, Adult Ed., Hillside UMC 6:00 pm, Youth Choir DUMPSTER PU	14 9:30 am Bone Builders, WR	15 Office Closed	16 <b>PASTY SALE</b>
<b>PASTIES see page 6 for schedule</b> →						
17 10:00 am, Worship/Praise/ Sunday School Jobs Daughters present The Living Cross 11:00 am Coffee & Fellowship, FH	18 8:30 am Garden Team  9:30 am Green Door Book Club, WR  6:30 pm Praise Team	19 9:00 am Kiwanis, FH 9:30 am Bone Builders, WR 1:00 pm Love/Hope Circle, WR 5:45 pm Trustees, WR 7:00 pm Ad Council, WR	20 8:30 am Men's Coffee, FH 8:30 am Pastor Cindy @ CHUM 10:30 am, Adult Ed., Hillside UMC 5:15 pm, Outreach, WR 6:00 pm, Youth Choir 6:15 pm Christian Ed, GR	21 9:30 am Bone Builders, WR  4:00—6:00 pm Kiwanis Pancakes, FH 7:00 pm Faith Circle, WR  MESSENGER DEADLINE	22 Office Closed	23
24 9:15 am, Adult Choir 10:00 am, Worship/ Sunday School 11:00 am Age Well Arrowhead Presentation, WR 11:00 am Coffee & Fellowship, FH 6:00 pm, BS Troop 16, FH	25 8:30 am Garden Team 6:00 pm CS Pack 3116, FH  6:30 pm Praise Team	26 9:00 am Kiwanis, FH  9:30 am Bone Builders, WR  2:00 pm Knitting Klub, WR	27 8:30 am Men's Coffee, FH 10:30 am, Adult Ed., Hillside UMC 6:00 pm, Youth Choir  DUMPSTER PU	28 9:30 am Bone Builders, WR  MESSENGER EMAILS/MAILS	29 Office Closed	30 9:00 am to 3:30 pm Mission Summit, First UMC

# Asbury News

## AUMC Administrative Council Meeting Highlights — August 15, 2017 — 7:00 pm

### Opening

Bonnie Schroeder-Palmi, Administrative Council facilitator, called the meeting to order at 7:00 p.m. Pastor Cindy offered a message and prayer for peace in the world.

### Secretary's Report:

Minutes of the June 16, 2017, Administrative Council was reviewed. Sandy Winklesky made a motion to accept the minutes as written. The motion was seconded and unanimously approved. **M – Sandy Winklesky, S – Steve Kokotovich**

### Lay Leader's Report – Steve Kokotovich

Steve reported that he went to Annual Conference. He reported that the General Conference has formed a 32-member group called *The Commission on a Way Forward* which will do a complete examination and possible revision of every paragraph of the Book of Discipline concerning human sexuality and explore options that help to maintain and strengthen the unity of the church. The UM Council of Bishops has called a Special Session of the General Conference of The United Methodist Church to be held Feb. 23-26, 2019 in St. Louis, MO, which will be "limited to receiving and acting on a report from the Council of Bishops based on the recommendations of *The Commission on a Way Forward*."

### Treasurer's Report – Pat Anscorb

A revised May monthly summary was given. Balance on Hand, 5/31/17 should have read \$7,617.79.

The June monthly summary was given. Balance on Hand, 6/30/17 is \$9,019.11.

The July monthly summary was given. Balance on Hand, 7/31/17 is \$9,563.78.

As of 7/31/17, we have paid \$9,700.65 of our 2017 Apportionments. This is 43% of the total owed, with a balance due of \$12,831.35.

Pat presented the Profit and Loss Budget Performance with a report from Larry Scanlon. Our income is above our projected budget for this time of the year.

Pat presented the Balance Sheet prepared by Larry Scanlon. Our total liabilities and equity are \$1,388,909.23. We continue to be strong and are on track for the year.

### Staff Parish Relations Committee – Pastor Cindy for Phyllis Faue

Because Phyllis Faue will be spending more time away this winter it is difficult for her to continue as the SPRC chairperson. Cathy Sampson has agreed to step in. Jan Akervik made a motion to have Cathy Sampson fill in as the interim chairperson through the end of the year. The motion was seconded and unanimously approved. **M – Jan Akervik, S – Pat Anscorb**

The committee will be meeting on Thursday, August 24<sup>th</sup>, at 6:00. They will review job descriptions and plan/organize annual staff reviews.

Monday, October 23<sup>rd</sup>, is the date of our annual meeting with Susan Neinaber, our district superintendent.

### Trustee's Report – none

### United Methodist Women – Jan Akervik

Cathy Sampson and Jan Akervik went to Mission U. The sessions were good.

The Fellowship Hall carpeting has been cleaned.

The new round tables are now in use and very well liked.

UMW is waiting for bids to replace the front doors to the church.

Pasties are September 17<sup>th</sup> and 18<sup>th</sup>.

Pantry and meatball dinner are in October.

The UMW Board will meet with the men's group to see how we can cut back on our fundraisers. They are thinking that they will not do the rummage sale next Spring.

### Outreach and Missions Team – Steve Kokotovich

The CHUM Rhubarb Festival was held and Jan Evans provided leadership in the Children's Tent.

The Neighborhood Night Out at Asbury went well – thanks to Judy Pearson who organized and everyone who helped!!

Members of the Habitat for Humanity came to the last committee meeting. They are going through a re-organization at this time. It is uncertain if Asbury will be working on a project with them before the end of the year.

On Saturday, September 30<sup>th</sup>, there will be a Missions Summit Seminar at First United Methodist Church.

The next committee meeting will be on September 20<sup>th</sup>.

### Education Team – Cheryl Parendo and Sandy Winklesky

Rally Sunday and the first day of Sunday School will be on September 10<sup>th</sup>. There will be a community meal served after the service.

The Sunday School schedule for 2017-2018 has been set.

The next meeting will be on August 23<sup>rd</sup>, at 6:00.

## TREASURER'S REPORT

7/31/17

### GENERAL FUND:

Beginning Cash Balance, 6/30/17	\$ 9,019.11
Deposits	\$ 13,622.85
Total to account for	\$ 22,641.96
Checks Written	<\$ 13,078.18>
Balance on Hand, 7/31/17	\$ 9,563.78

### Unpaid Bills through 7/31/17

(includes apportionments)

Net Ending Balance at 7/31/17	\$ 4,676.84
	\$ 4,886.94

### Worship Team – Ruth Thorpe

The committee met on August 9<sup>th</sup>.

The committee is still working on the sound system and hope to have a plan developed by the end of October.

Working on having an audio recording of the sermon on the website soon.

Sunday song leaders are needed, especially men.

The calendar has been set.

Sept.: 10<sup>th</sup> – Rally Sunday, 17<sup>th</sup> – Job's Daughters

Oct.: 8<sup>th</sup> – Children's Sabbath, 15<sup>th</sup> – Laity Sunday, 22<sup>nd</sup> – Guest Speaker Lee Stuart (CHUM),

Confirmation also this month

Nov.: 5<sup>th</sup> – All Saints Day, 26<sup>th</sup> – Hanging of the Greens

Dec.: 17<sup>th</sup> – Praise Team and Children's Program

A survey will be taken to decide on the Christmas Eve services since Christmas Eve is on a Sunday this year.

The next meeting is August 9<sup>th</sup>.

### Nurture/Congregational Care Team – Sandy Winklesky

The Visitation Team reported that the 80 Plus Luncheon went very well with 32 guests attending. Thank you to all who helped.

Carrie Sutherland reported that the Scholarship Committee has decided to increase the scholarships from \$500 to \$750 for the coming year.

Patty Bennett reported that the church directory cost for the printing was \$715.38. So far we have collected \$615. There are additional directories left.

We have people who are interested in joining the church.

### Pastor's Report – Cindy Rasmussen

We have had many visitors this summer. Remember to greet them and sit with them at coffee and fellowship.

Memorial Services:

August 19<sup>th</sup> – Myrtle Carlson – Caroline Carlson's mother-in-law

August 29<sup>th</sup> – Lena Pat Johnson, 2:00 p.m.

Busy planning for Fall:

Vince Osborn and Billy Bernard will be playing on Rally Sunday. Sunday School begins that day as well. Please come and support our children.

Sept. 17<sup>th</sup> – Jobs Daughters will be here.

October 22<sup>nd</sup> – Lee Stuart, Director of CHUM preaching

November 5<sup>th</sup> – All Saints Day

Thursday, November 16<sup>th</sup> – We are hosting the CHUM Fall Assembly. We will provide the space/coffee/lemonade/water

December 3<sup>rd</sup> – First Day of Advent

December 17<sup>th</sup> – Children's Christmas Program

Christmas Eve is on a Sunday

Pastor Cindy is exploring new ways to work with neighboring United Methodist Churches. She has been meeting with their ministers. Possible activities to work together are youth events, adult studies, Thanksgiving/Good Friday, etc.

The Age Well Program will have a meeting sometime at the end of September.

### Old Business

Sandy Winklesky reported that the Wildfire Picnic held at the Winklesky home went very well. 135 youth attended.

### New Business – none

### Closing

The next meeting will be held on Tuesday, Sept. 19<sup>th</sup>, at 7:00 p.m.

Ruth Thorpe made a motion to adjourn the meeting. The motion was seconded and unanimously approved. **M – Ruth Thorpe, S – Jan Akervik**. The meeting was adjourned at 8:04 p.m.

Respectfully Submitted,  
Patricia Bennett, Recording Secretary

# Asbury News

## Pasty Sale — Saturday, September 16

It's time for pasties again! September 14-16 will be pasty making time. Sale day is the 16<sup>th</sup>. Your support and help are needed for this huge project.

We peel veggies and make dough on Thursday, September 14. Many hands are needed so please sign up to help.

On September 15 and 16 the crew will roll out crusts, fill crusts, crimp, bake, cook and package. We have a great team and great fun!

We also need a clean-up team—not hard but necessary! Please see schedule below for times to help!

And, we are in need of brown grocery bags which can be left in the kitchen. Thank you.

There is a sign in the Narthex plus an order form on the table where you can sign up to help and/or place your order for pasties. Be sure to order your pasties early before our quota is filled!

Pasties are \$4.00 each/gravy 60 cents each.

Questions, call Bernice, 624-5122.

**ORDER DEADLINE is September 10.**  
**All pasty orders need to be picked up by**  
**NOON on September 16.**

### Pasty Sale Work Schedule

#### Thursday, September 14

8:00 am Mix crust.

This is not hard and we will teach you.

9:30 am Men and women peel veggies.

6:00 pm Men and women peel veggies.

**Come when you can and stay**  
**for as long as you can!**

#### Friday, September 15

6:00 am — 2:00 pm

Preparation and baking of pasties.

**Come when you can and stay**  
**for as long as you can!**

NOON Four people are needed for clean up,  
**six volunteers would be great!**

#### Saturday, September 16

6:00 am — NOON

Pasty baking—come and learn  
how to bake pasties.

**Come when you can and stay**  
**for as long as you can!**

NOON Six people needed for clean up,  
**8 or more would be terrific!**



**Age Well**  
Arrowhead

### Mark your Calendar! September 24

Age Well Arrowhead's mission is to connect older adults and caregivers with services that support healthy aging and independence.

Karina Krosbakken from Age Well Arrowhead will be with us during worship on September 24 and available after worship to present information and answer questions about service options.

In conversations I have had with Karina, she has emphasized the importance of being informed about available services and options before needing them!

Too often, as individuals or family members age or health declines, many decisions need to be made quickly which makes it difficult to gather information in a short amount of time about all possible services available. Knowledge is power — plan ahead and join Karina in the Wesley Room after worship. Coffee and treats will be available.

— Pastor Cindy

### National Night Out Picnic — August 1

Many thanks to all of the people who participated in Asbury's National Night Out Picnic held on August 1. From the printing of the advertising flyers and the neighborhood door knob hanger invitations to the clean-up crew, we had so many donations and so many volunteers.

Donations included two, new, beautiful signs courtesy of Lamar Advertising that can be used every year to promote the picnic; all of our food, plus cash contributions that were used for food.

We had 10 volunteers that went around the neighborhood hanging the door knob hangers and volunteers that helped in making the Sloppy Joes plus all the help we received with setting up, taking down and cleaning up. Thank you so much.

Games consisting of face painting, a bean bag toss, a water balloon toss, chalk drawings and more.

It was a very fun evening enjoyed by our parishioners, individuals from the neighborhood and even a few policemen who stopped by to visit.

Please know that all of the help from so many is so very much appreciated!

— Outreach Team



# Asbury News

## Visitation Team Hosts 80+ Luncheon

On Thursday, August 10, Asbury seniors 80 plus years or older assembled for lunch, conversation and blessings. The Visitation Team sponsored this delightful event which receives an almost 100% response to invitations sent out!

Following lunch, all guests were escorted to the sanctuary for a worship service of singing, comforting words and communion led by Pastor Cindy.

A huge thank you goes out to all members of the Visitation Team and to all who provided transportation; played piano; cooked, served and helped clean up.

— Visitation Team



Some of our 32 attendees!



**oops!**

From a worship bulletin in Appleton, Wisconsin:  
Sunday School news

3-year-old teacher needed

Add your name to our sub list

"Early education" seems to be getting earlier all the time!

## ✓ Sunday School REGISTRATION

### Sunday School Starts September 10

Sunday School will resume September 10 which is also Rally Sunday and September birthday Sunday. All children are welcome!

An information packet has been mailed out to parents and children which includes a schedule for the year and a registration form. Please bring the filled out registration form to church on Rally Sunday. Registration forms also will be available on the back table in the Narthex or online at Asbury's website: [www.asburyduluth.org](http://www.asburyduluth.org).

### Job's Daughters Present the Living Cross



Don DeMars, the Right Eminent Grand Commander of Knights Templar of Minnesota, has arranged for Job's Daughters to present the Living Cross for us at the beginning of worship on Sunday, September 17.

Job's Daughters is based on the book of Job 42:15, where it says "And in all the land there were no women so fair as Job's Daughters; and their father gave them inheritance among their brothers."

The Daughters of Bethel #28, Duluth, will be doing the Living Cross under the direction of Honored Queen, Jade Myhrman. The Bethel Guardian is Jodi Grochowski.

The International Order of Job's Daughters is organized for the purpose of banding together young women between the ages of 10 through 20 years old, who believe in God and the teachings of the Holy Bible.

### Praise Team Weekly Practice Resumes

The Praise Team will begin weekly practice again each Monday evening at 6:30 pm starting September 11. New members are always welcome. **Do you sing or play an instrument and would like to share your talent?** Our Praise service is the third Sunday of each month.

# Asbury News

## Back to School Backpacks

Asbury UMC is once again collecting backpacks to be left in the area at the back of the church. The backpacks will be brought to area elementary schools where they will be distributed to children who are in need of them.

Many stores have terrific sales right now, so it is the perfect time to pick up a backpack or two.

Thanks for thinking of our children.



## Choirs Will Reconvene September 6

Our Youth and Adult Choirs will reconvene on Wednesday, September 6.

Youth choir practice is at 6:00 pm and Adult Choir practice is at 6:30 pm. I encourage you to please join a choir this year.

Remember the Adult Choir only sings on the 1st and 4th Sundays of the month and only rehearses on the 1st Wednesday of each month!



— Ruby Slennes, 628-1165.

## Are You Able to Provide a Ride?

Long-time Asbury church member, Carol Lonetto, is in need of a ride to Sunday church services. If you are able to provide a ride, please call the church office for further information.



## Fall Festival Change of Date

Please note that the Fall Festival this year will be on Sunday, October 22 instead of Saturday, October 21. The children will go down after Children's Church on Sunday to make crafts and play games and there will be a potluck in the Fellowship Hall following worship.



**DON'T FORGET  
TO VOTE!  
September 12**  
Asbury UMC is a primary  
election site.  
7:00 am to 8:00 pm



## What Food Banks Need Most (And What They Get Too Much Of)

1. Canned meats: Food banks get lots of tuna and soup. Instead, donate canned beef, ham, chicken or salmon. Or hearty ready-to-go meals like beef stew and chili with meat.
  2. Canned vegetables: Everyone donates green beans. Instead, give potatoes, carrots, spinach, peas or any other veggies your family likes.
  3. Canned fruit: Not pineapple. This is the most commonly donated fruit. Any other fruit, particularly those in fruit juice without extra sugar, would be great. Dried fruit works too (raisins, etc.).
  4. Boxes of rice (bags can tear).
  5. Low-sugar cereal like plain Cheerios or Raisin Bran.
  6. Peanut butter.
  7. Instant oatmeal, instant grits.
  8. Cans of beans.
  9. Pasta, pasta sauce.
  10. Biscuit mix, or any mix you only add water to.
  11. Cans, cartons or boxes of powered and evaporated milk.
  12. Snack items for kids to take to school: juice boxes, applesauce containers, granola bars.
  13. Spices like cinnamon, oregano, basil, salt, pepper.
  14. Sliced bread. It's got a long shelf life but always goes immediately.
  15. Bags of apples or potatoes.
  16. Chocolate. It's not a necessity but a pick-me-up that most everyone would appreciate, especially when it comes time to fill stockings.
  17. Diapers in sizes above newborn, plus wipes.
  18. Toiletries: toothbrushes, soap, toothpaste, lotion, shampoo and conditioner, Chapstick (especially for people living outside). Feminine hygiene products: unscented pads are most universally used, not tampons.
  19. Consider donating reusable shopping bags.
- Asbury has a shopping cart in the Narthex for food items and a wicker basket for personal items. Please consider picking up a few items on the list on your next shopping trip. Thank you.





## Asbury Fall Pantry — Planning Ahead!

The Asbury UMW Fall Pantry will soon be here on Saturday, October 14 from 9:00 to 11:00 am.

We are planning ahead and are asking for help now with pie making, donut making or share your special talent in baking, knitting or crafting. **We especially need jams and jellies and items for the bake sale table plus cookies for the cookie table.** Cash donations are also welcome!

All contributions should be brought to the Fellowship Hall on Friday, October 13 from 8:00 to 11:00 am as this is set-up day!

Saturday workers will be needed by 8:00 am and should park in the upper lot to allow easy parking in the lower lot for Fall Pantry guests. If you are bringing baked goods in on Saturday, please bring them in by 8:00 am. It would be helpful to have bars, cupcakes, in packages of 6 or 12.

We will make our scrumptious apple pies on October 5 and 6 starting at 7:45 am. There will be a sign-up sheet to help and an order form on the table at the back of the church. Pies are \$9.00 each.

Donut making for our delicious donuts is October 13-14. We start at 8:30 am on October 13 to make the dough, roll and cut out donuts. On October 14 we start at 6:00 am (come when you can) to fry and wrap. Please call Bev LeClair, 628-2680, if you can help with donuts. Donuts are \$4.00/dozen. Order forms will be on the back table.

Our Asbury Fall Pantry is UMW's major fundraiser for the 2018 budget. Thank you all for your participation in this event as it helps us do many good ministries throughout the year. We appreciate everyone's special talent and gift. Please spread the word, bring your friends and get a jump start on the upcoming holiday season!

**PLEASE NOTE:** Ice cream buckets are needed by the time of our Meatball Dinner, October 24. Please bring to the kitchen. Also, save your pickle and jam jars and bring them to the kitchen to use next year!

## UMW Meetings

- UMW Board will meet at 9:00 am on Wednesday, September 6, in the Fellowship Hall with the Men's Group to discuss upcoming projects. After this discussion, the UMW Board will adjourn to the Wesley Room for the remaining part of the regular meeting.
- Love/Hope Circle will meet at 1:00 am in the Wesley Room on Tuesday, September 19
- Faith Circle will meet on Thursday, September 21, at 7:00 pm in the Wesley Room. Avon Powers will be our hostess. We will collect monies for the pickles to be sold at the Fall Pantry.
- Knitting Klub members meet at 2:00 pm on the 2nd and 4th Tuesdays of the month in the Wesley Room. Come join us!
- Green Door Book Club members meet at 9:30 am on the 3rd Monday of each month in the Wesley Room. The next meeting is September 18. Kathy Levinski will be the hostess.

## Meatballs Are Coming!

Only \$10.00 will get you one of the most scrumptious meals ever! It's Asbury's Fall Meatball Dinner on Tuesday, October 24 from 4:30 to 6:30 pm. Take out is available and Asbury is handicapped-accessible. Bring the family and your friends!

Our popular meatball dinner requires a lot of workers. We need your support and your help so please also consider volunteering some of your time.

All proceeds go towards paying our 2017 MN Annual Conference apportionments.



## Successful "Clothing Only" Sale

Our 8th Annual Asbury "Clothing Only" Sale was another success. We thank all who donated clothes, worked the sale and for all our shoppers.

**Special thanks** to the Salvation Army for the use of their clothes racks and to those volunteers who helped with clean up!

We had a net profit of \$710.00 which will go to Asbury's general fund. All excess clothing was donated to the Salvation Army.

— Pat Anscomb and Sandy Winklesky, co-chairs.



Asbury United Methodist  
PO Box 7135  
Duluth MN 55807

Return service requested

## Meet Our Staff



Pastor:.....Cindy M. Rasmussen  
Administrative Asst.: .....Shirley Brandt  
Choir Director: .....Ruby Slennes  
Organist .....Phyllis Kruell  
Praise Team Leader .....varies  
Custodian: .....Dan Mokros  
Ad. Council Chair: .Bonnie Schroeder-Palmi  
Treasurer: .....Pat Anscomb  
Lay Leader:..... Steve Kokotovich  
Trustees: ..... Terry Olson  
UMW President.....Jan Akervik  
SPRC Chair .....Cathy Sampson  
Worship Chair ..... Ruth Thorpe  
Christian Education:..... Cheryl Parendo  
Christian Education:.....Sandy Winklesky

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

**EDITORS:** The Rev. Cindy M. Rasmussen; Shirley Brandt, Admin. Asst.

**CHURCH OFFICE:**

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

**NEXT MESSENGER DEADLINE: September 21 for October 2017 Messenger.**

Please submit all articles of interest to Shirley in the church office by the deadline listed above.  
Items may be dropped off, e-mailed or mailed. Thank you.

### **Worship With Us**

**Every Sunday at 10:00 am.**

**NOTE:**

1st Sunday of each month we share Holy Communion,  
2nd Sunday we recognize those celebrating birthdays.  
3rd Sunday our music is led by our Praise Team.  
***Every Sunday we give thanks and celebrate  
God's great gifts and presence in our lives.***



#### **Asbury's Mission Statement**

*Asbury United Methodist is a caring, Christian community which welcomes all persons as God's children.  
We will strive to grow in spirit and seek God's vision of hope, love and peace in the community and world.*