



Asbury
UNITED METHODIST CHURCH

6822 Grand Avenue
Duluth, MN 55807

The Reverend
Cindy M. Rasmussen

Sunday Worship — 10:00 am

Office Hours
Mon-Thurs 9:00 am—2:00 pm

Messenger



Asbury UMC Wildfire Picnic — July 11

Join us for the Wildfire Youth and Asbury's annual picnic **potluck** at the Winklesky's home at 3216 Wellington St. from 5:00 to 8:00 pm.

Everyone welcome — please bring a dish to share (a sign-up sheet is on the table in the Narthex). **Monetary donations are also appreciated.** Burgers, brats, hot dogs, beverages and utensils will be provided by Gary and Sandy. Questions, please call 624-9433 or 390-2116.

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Thank You
to the
Garden Committee
for all of
their work
keeping the
church gardens
so beautiful!



2017 Scholarship Winners



From l to r: Julien Melgarejo, Pastor Cindy, Arianna Thieling, Carrie Sutherland.

The 2017 Van Kleeck Scholarship went to Arianna Thieling and the Maida Scholarship went to Julien Melgarejo. Congratulations!

Please welcome Carrie Sutherland as our new Scholarship Committee facilitator.

80+ Luncheon — August 10

The 80+ Luncheon will be held from 11:30 am to 1:30 pm on August 10 in Asbury's Fellowship Hall. If you are, or will be 80 by August 10, please give Pat Nelson, 391-0957 or the church office, 624-0061 a call to make sure you are on the invite list!

Invitations will be going out in early August. This is a fun event with a delicious lunch followed by communion in the Sanctuary. In the past our RSVP response has been almost 100%! Please join us for this delightful event.

Cindy's Corner

A story I wrote several years ago:
It was a week in mid-April, a year when spring arrived unexpectedly early when I drove up the Gunflint Trail for a retreat at the Gunflint Lodge. It was five days and four nights without cell phone, internet or television service.

After the initial shock, I enjoyed and even treasured the time of truly being "away." I listened to the birds during the day, and the wolves at night. After dark I would wander down to the end of the dock, lie on my back and stare at the stars until I couldn't stay awake any longer. One night I watched the Northern Lights dance across the sky while listening to the loons calling to each other saying, "welcome home for the summer."

One of the great adventures of the week was when one of my new friends, Annie, asked if I wanted to take an afternoon hike. I said, "sure, I am always up for a walk in the woods." She told me, she was thinking about hiking up to the high cliffs. "Oh, I'm not very keen on heights." Annie smiled, "it will be fine, we'll take it slow."

As we started down the trail I looked at the map and there on the high cliffs path was the word CHALLENGING! And it was a long, challenging hike. But we took it slow and we did get to the top with some rests and deep breathing. I have to admit, the view was truly amazing AND well worth the climb.

Annie loved it. She walked all over exploring and calling for me to follow her. I spent most of the time on my hands and knees. She handed me her camera and I took pictures of her doing yoga poses on the edge of the cliff. It scared me more than it did her.

Finally we found a large flat rock and sat down together. We didn't talk very much because words just didn't seem appropriate. Finally I said, "did I forget to tell you I am afraid of heights?" Annie laughed, "Cindy, you are not afraid of heights. Look around. If you were afraid of heights you wouldn't be here." I smiled "thank you for bringing me here."

That day on the high cliffs as Annie explored the mountaintop, I sat on a rock and looked around at the spaciousness of life. Across the lake I could see the remnants of a fire that had swept through a few years ago. The trees stood tall and dark, without a trace of life clinging to their trunks. The rocks, once covered by lush green growth, were bare and exposed. It was a sign of the woundedness of creation and reminded me of the pain and sorrow of life.

Just as visible to my eye was the miracle of new growth. I could see the spring green, the color we only see in the new growth of spring. It was as far away as I could see and it was right there within my reach.

Life, in all of its spaciousness; its woundedness and healing; its devastating sorrow and incredible joy.

As I sat on that rock, I remembered the story of Moses and God telling Moses to take off his shoes because he was standing on holy ground. And so that day on top of the high cliffs, I took off my shoes and my socks and rested the bare skin of my feet on the warm rock because I knew I too was standing on holy ground.

The poet David Whyte describes it as The Holy Ground of our experiences.

Peace and Joy,

Cindy

Pastoral Care: Because of the privacy act, hospitals no longer telephone churches to let us know that one of our members have been admitted. Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In the case of an emergency and there is no answer at the church, call Pastor Cindy at 218-464-0304.

Asbury News



Committees . . . Councils . . . Work Areas?

Have you ever wondered about the various committees/councils/work areas at Asbury UMC? Have you ever thought about how decisions are made and how you can be involved? If so, this is the column for you! In the next few months we will be highlighting various committees/councils/work areas explaining how they are organized and what they do. If you have questions, feel free to contact Steve Kokotovich, our Lay Leader, or Pastor Cindy.



Worship Committee . . .

Worship is the work of the people—all the people! The most common biblical Greek word for worship is leitourgia, which means “the work of the people.” While “folks up front” may lead worship, it is the people themselves, with the leaders, who create worship and experience it.

The Worship Committee ensures that worship leaders have the tools they need to help worshipers offer their gifts in worship as fully and expressively as they can. They focus their work in three areas: providing resources, volunteer training and support, and program development.

The committee also focuses on short and long-range planning for worship and on developing the congregation as an active, vital worshipping community. Throughout the year they may establish themes for worship and create worship experiences that both reflect and inform the congregation’s understanding of and witness to God.

Responsibilities of the Worship Committee

- Know the goals and mission of the congregation in order to support and expand the church’s ministry and mission through worship.
- Learn about worship and the people in our congregation and community to develop worship opportunities appropriate to our community. The worship team must be sensitive to new worship styles and to congregational traditions.
- Coordinate with the pastor and other worship leaders.
- Support worship by identifying, training and supporting worship leaders such as acolytes, scripture readers, ushers, greeters, artists and others.
- Explore resources (United Methodist and other) for worship in order to recommend their use with children, youth and adults.
- Promote individual and family worship and opportunities for spiritual formation.
- Work with other ministry leaders so that worship celebrates the whole life of the congregation and community.

(Portions of Worship Committee Job Description from United Methodist Board of Discipleship Website)

Ruby’s Pantry in Far-Western Duluth

Ruby’s Pantry food distribution will be available on the 4th Saturday of each month from 11:00 am to 12:30 pm at the Fond du Lac Community Church at 521 131st Avenue West, Duluth. This started on June 24.

Cost is \$20 (cash only) to receive an abundance of groceries. We are also looking for volunteers. Please call 218-626-3309 if you are interested in helping.

Outreach/

Communion Offering . . .

June’s offering of \$86.00 went to the Union Gospel Mission. July’s offering will go to the Damiano Center.

Attendance . . .

June 4	94
June 11	75
June 18	68
June 25	70

Scripture Readers . . .

July 2	Jan Akervik
July 9	Leo Lambert
July 16	Jim or Phyllis Faue
July 23	Shelly Vanneste
July 30	Barbara Little





- 1 Rodger Parendo
- 2 John Bennett
- 3 Mervyn Schwartz
- 4 Karen Gokey
- 7 Bonnie Schroeder-Palmi
Gary Winklesky
- 11 Don DeMars
- 14 Florence Brosdal
- 17 Dawn Parendo
Fred Little
- 20 Julie Hanson
Danyel Winklesky
- 22 Roger Reinert
Tara Robinson
- 23 Ron Stevens
- 25 Lisa Greene
- 26 Bryan Green
Eric Robinson
- 30 Stephanie Kujawa

*Not included?
Please contact the
church office at 624-0061.*



Calendar

July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 10:00 am, Worship/ Communion 11:00 am Coffee & Fellowship, FH	3 8:30 am Garden Team Shirley on vacation July 3-5 Pastor Cindy on vacation July 3-11	4  Office Closed	5 8:30 am Men's Coffee, FH DUMPSTER PU	6 9:30 am Bone Builders, WR 10:00 to 11:00 am, 2nd Harvest Food Dist	7 Office Closed	1/8
9 10:00 am, Worship//Birthday 11:00 am Coffee & Fellowship, FH	10 8:30 am Garden Team 6:30 pm Praise Team	11 9:00 am Kiwanis, FH 9:30 am Bone Builders, WR 2:00 pm Knitting Klub, WR 5:00 pm Wildfire Picnic @ Winkleskys	12 8:30 am Men's Coffee, FH 9:00 am, Pastor Cindy @ West Duluth	13 9:30 am Bone Builders, WR	14 Office Closed	15
16 10:00 am, Worship/Praise 11:00 am Coffee & Fellowship, FH	17 8:30 am Garden Team 9:30 am, Green Door Book Club, WR	18 9:00 am Kiwanis, FH 9:30 am Bone Builders, WR	19 8:30 am Men's Coffee, FH 8:30 am Pastor Cindy @ CHUM DUMPSTER PU	20 9:30 am Bone Builders, WR	21 Office Closed	22
23 10:00 am, Worship 11:00 am Coffee & Fellowship, FH 6:00 pm Adventure Day Camp Volunteer/Counselor Training, Hillside UMC	24 8:30 am Garden Team MESSENGER DEADLINE	25 9:00 am Kiwanis, FH 9:30 am Bone Builders, WR 2:00 pm Knitting Klub, WR	26 8:30 am Men's Coffee, FH Asbury's Day @ Adventure Day Camp	27 9:30 am Bone Builders, WR	28 Office Closed	29
 Adventure Day Camp, July 24-27						
30 10:00 am, Worship 11:00 am Coffee & Fellowship, FH	31 8:30 am Garden Team MESSENGER EMAILS/MAILS	<p>Youth & Adult Choirs will reconvene again on Wednesday, September 6.</p> <p>After Sunday, May 21, Praise Team will meet at 6:30 pm on the Monday prior to Praise Sunday each month.</p> <p>YOGA classes are held Wednesdays at 5:30 pm in Asbury's Fellowship hall. Contact Cheryl Zupec, 218.343.4478 or czupec@hotmail.com for more info.</p>				

Asbury News

AUMC Administrative Council Meeting Highlights — June 13, 2017 — 7:00 pm

Opening

Bonnie Schroeder-Palmi, Administrative Council facilitator, called the meeting to order at 7:05 p.m.
Pastor Cindy offered a prayer.

Secretary's Report:

Minutes of the April 18, 2017, Administrative Council was reviewed. Jan Akervik made a motion to accept the minutes as written. The motion was seconded and unanimously approved.

M – Jan Akervik, S – Sandy Winklesky

Lay Leader's Report – Steve Kokotovich

Steve reported that he will be going to Annual Conference next Tuesday.

Treasurer's Report – Pat Anscomb

The May monthly summary was given. Balance on Hand, 5/31/17 is \$6,438.99

As of 5/31/17, we have paid \$7,760.52 of our 2017 Apportionments. This is 34% of the total owed, with a balance due of \$14,771.48.

Pat read a financial report prepared by Larry Scanlon. Our budget is on track for the first quarter of the year.

Staff Parish Relations Committee – Phyllis Faue

The committee will be meeting soon. Cathy Sampson has agreed to be the new chairperson.

Trustee's Report – none

United Methodist Women – Jan Akervik

The doughnut sale last Friday was a success. There were many people at the church to help with the project.

Monies received from pasties sales paid for the sealcoating on the church parking lot.

The UMW is in the process of buying 15 round tables and 2 carts that will hold the tables.

The fellowship hall carpets will be cleaned soon.

UMW and the Trustees are waiting for a bid on the front door replacement.

Cathy Sampson and Jan Akervik will be going to Mission U.

Outreach and Missions Team – Steve Kokotovich

The church does not serve at the Damiano Center in the summer.

The Second Harvest food distribution goes on throughout the summer months.

June 24th is the Rhubarb Festival. Jan Evans has a sign-up sheet at the church for those who wish to volunteer.

Adventure Day Camp is July 24th-27th.

National Night Out is August 1st. Lamar Advertising Co. is donating 2 signs for us for this event.

We are exploring projects for Habitat for Humanity.

TREASURER'S REPORT

5/31/17

GENERAL FUND:

Beginning Cash Balance, 4/30/17	\$ 13,405.46
Deposits	\$ 16,438.77
Total to account for	\$ 29,844.23
Checks Written	<\$ 23,405.24>
Balance on Hand, 5/31/17	\$ 6,438.99
Unpaid Bills through 5/31/17 (includes apportionments)	\$ 3,548.51
Net Ending Balance at 5/31/17	<u>\$ 2,890.48</u>

Education Team – Cheryl Parendo and Sandy Winklesky

Sunday School ended on May 14th.

The next meeting will be in August.

September 10th will be Rally Sunday and the first day of Sunday School.

Worship Team – Pastor Cindy for Ruth Thorpe

The committee met in March.

June 4th was Scholarship Sunday. Arianna Thieling received the VanKleek Scholarship and Julien Melgarjo received the Maida Scholarship.

Asbury participated in CHUM Church along with Norton Park. Thank you to everyone who helped with these two services.

The next meeting is August 9th.

Nurture/Congregational Care Team – Sandy Winklesky

The Visitation Committee met today. The 80 Plus Luncheon will be on August 10th at 11:00. The committee also reviewed the visitation list and reported on members visited.

Scholarship Sunday was June 4th.

Patty Bennett reported that the church directory is now complete.

Pastor's Report – Cindy Rasmussen

The 25th Anniversary Celebration on May 21st went very well.

The Confirmation class will be confirmed in the fall.

Pastor Cindy mentioned the *Age Well Program*. Karina Krosbakken, an Aging Services Specialist is encouraging people to think about aging services before they need them. She will offer meetings at the church for those who are interested.

We decided not to renew our membership with the Chamber of Commerce.

Old Business - none

New Business

Tuesday, July 11th, is the Wildfire Picnic at the Winklesky's at 5:00.

The clothing rummage sale will be held on Thursday, August 17th, from 4:00 to 8:00 p.m. and Friday, August 18th, from 8:00 to 11:00 a.m.

Closing

The next meeting will be held on Tuesday, August 15th, at 7:00 p.m.

Steve Kokotovich made a motion to adjourn the meeting. The motion was seconded and unanimously approved. **M – Steve Kokotovich, S – Phyllis Faue.** The meeting was adjourned at 7:50 p.m.

Respectfully Submitted,
Patricia Bennett, Recording Secretary



“Clothing Only” Sale — August 17-18

Asbury’s 8th Annual “Clothing Only” Dollar sale will be Thursday, August 17 from 4:00 to 8:00 pm and Friday, August 18 from 8:00 to 11:00 am. We are looking for help with set-up, sales and pick-up for the following days and times:



Mon., August 14
9:00 to 11:00 am
Tues., August 15
9:00 to 11:00 am
Weds., August 16
6:00 to 8:00 pm
Thurs., August 17
3:30 to 8:00 pm
Fri., August 18
8:00 to 11:00 am
Bring clothing

(woman, man, child),
purses and shoes to the
downstairs Sunday school room on Sundays or during
church office hours (9:00 am to 2:00 pm, Monday-
Thursday). Any questions, please call Pat Anscomb,
624-4554, or Sandy Winklesky, 624-9433.

What Should I Do With All This Produce?

As you are growing your fruit/vegetable gardens this summer, perhaps you will have extra produce that could be shared. Please consider making a batch of jam/jelly or perhaps some pickles or other canned produce, or a batch of zucchini muffins or bread for UMW’s Fall Pantry scheduled for October 14. UMW’s budget is established for the next year as a result of the Fall Pantry sales of all the delicious homemade items including baked goods and craft items!



If you have jam, jelly or pickle canning jars, please leave them in the kitchen. There is always a need for gallon ice cream buckets with lids or Cool Whip containers with lids, too.

Thank You For Donut Help/Sales

Thank you to all who measured, mixed, rolled, fried, bagged, and bought our delicious homemade donuts on June 9. We had a great group with lots of help. So very much appreciated.

— Bev LeClair

UMW Meetings

- UMW board members will meet in the Wesley Room on Wednesday, August 2. No July meeting.
- Love/Hope Circle will not meet in July.
- Faith Circle will not meet in July.
- Knitting Klub members meet at 2:00 pm on the 2nd and 4th Tuesdays of the month in the Wesley Room. Come join us!
- Green Door Book Club members meet at 9:30 am on the 3rd Monday of each month in the Wesley Room. No meeting in July or August.

Christmas in July!

Our annual Advent Tea will be held on Tuesday, November 28 at 7:00 pm. The theme this year is “Ringing In Advent.” We will be entertained by the Northern Bell Chimes bell choir from Our Saviors Lutheran Church. **Please note: a bit of a change this year. Our program starts in the Sanctuary so please enter through the doors upstairs.** Guests will join their hostesses downstairs following the program.

Please consider being a table hostess and inviting seven guests to join you for this special event. Each hostess decorates her table and provides a dessert for her guests to enjoy. A sign-up sheet for hostesses will be on the table in the Narthex sometime in the fall.

This is an enjoyable evening with entertainment and scrumptious desserts and a wonderful way to start the Advent season. Please contact Cheryl Parendo, 624-4744, Pat Anscomb, 624-4554 or Donna Mickelson, 624-4030.

Asbury News

National Night Out Picnic — August 1

We look forward to seeing you at this year’s National Night Out Neighborhood Picnic on Tuesday, August 1 from 5:00 to 7:00 pm in the Asbury Fellowship Hall and lower park lot. This is a great opportunity for visiting with friends from church and also meeting neighbors.

There will be food and fun games including face painting with Pastor Cindy, which was a big hit last year.

A sign-up sheet for helping will be available soon. Hope to see you there!

— Outreach Committee

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Pastor:.....Cindy M. Rasmussen
Administrative Asst.:Shirley Brandt
Choir Director:Ruby Slennes
OrganistPhyllis Kruell
Praise Team Leader
Custodian:Dan Mokros
Ad. Council Chair: .Bonnie Schroeder-Palmi
Treasurer:Pat Anscorn
Lay Leader: Steve Kokotovich
Trustees: Terry Olson
UMW President.....Jan Akervik
SPRC ChairPhyllis Faue
Worship Chair Ruth Thorpe
Christian Education: Cheryl Parendo
Christian Education:Sandy Winklesky

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Cindy M. Rasmussen; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: July 24 for the August 2017 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above.
Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.

***Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.***



Asbury's Mission Statement

*Asbury United Methodist is a caring, Christian community which welcomes all persons as God's children.
We will strive to grow in spirit and seek God's vision of hope, love and peace in the community and world.*