



**Asbury**

UNITED METHODIST CHURCH

6822 Grand Avenue  
Duluth, MN 55807

**The Reverend  
Cindy M. Rasmussen**

**Sunday Worship — 10:00 am**

Office Hours  
Mon-Weds-Friday 9:00 am—1:00 pm  
Tues-Thurs 9:00 am to 2:00 pm

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# Messenger

## The Season of LENT

**L**ent is a season of 40 days (and 6 Sundays) starting on Ash Wednesday and ending on Holy Saturday. It is a time of self-examination, reflection and preparation for the coming of Easter. A time to focus on our relationship with God.

The use of ashes at our **February 14, Ash Wednesday service at 6:30 pm** is a sign of our mortality and repentance. Knowing and experiencing God's forgiveness allows us to honestly reflect on our lives in preparation for the renewal and the resurrection of Easter.

- **February 14** Ash Wednesday w/Communion, 6:30 pm
- **February 18** 1<sup>st</sup> Lent Sunday **Outreach Sunday**
- **February 25** 2<sup>nd</sup> Lent Sunday
- **March 4** 3<sup>rd</sup> Lent Sunday Communion
- **March 11** 4<sup>th</sup> Lent Sunday Children's Church, Adult Choir
- **March 18** 5<sup>th</sup> Lent Sunday Praise Service
- **March 25** 6<sup>th</sup> Lent Sunday **Palm/Passion Sunday**
- **April 1** **EASTER!**



ASH WEDNESDAY



FIRST SUNDAY *in Lent*



SECOND SUNDAY *in Lent*



THIRD SUNDAY *in Lent*



FOURTH SUNDAY *in Lent*



FIFTH SUNDAY *in Lent*



PALM SUNDAY



EASTER SUNDAY

## Outreach Sunday

February 18 at 10:00 am

**J**oin us as we explore and celebrate the why, what and how we live out our faith through outreach and mission here at Asbury UMC through stories, scripture, witness, songs and prayer.



# Cindy's Corner

*“Jesus and his followers went into Capernaum. Immediately on the Sabbath Jesus entered the synagogue and started teaching. The people were amazed by his teaching, for he was teaching them with authority, not like the legal experts. Suddenly in the synagogue, a person with an evil spirit screamed, ‘What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are. You are the holy one from God.’ ‘Silence!’ Jesus said, speaking harshly to the demon. ‘Come out of him!’ The unclean spirit shook him and screamed, then it came out.”*  
(Mark 1:1-26)

I remember reading about two descriptions of authority that resonate with this text.

The first is **Positional Authority** where someone expects people to respect him or her because of the position they hold. Sometimes this is made explicit: “I am the President of a company, I am the manager of this certain department, I am the parent or grandparent or elder.”

Those who function from Positional Authority speak and act in ways that can make others feel inferior to them in terms of knowledge or experience or wisdom. Because of that, Positional Authority can be dangerous and the exact opposite of Jesus’ example in how we should live and be.

The second is **Relational Authority** which is exhibited by leaders who seek to earn respect. They seek to be transparent with those they lead, transparent about their mission and vision, and transparent about their own failings and shortcomings

Relational Authority happens when a leader is clear and focused but in the clarity and the strength and the vision there is a deeply human

and humble approach. And because of that, authority is established.

Most of us are more attracted to following Relational leaders than Positional leaders because we recognize in them an authenticity and a deep humanity which allows us to be human too.

Jesus’ authority was definitely Relational in his deep connection with God. His leadership and authority was not just about what he said, there was something about Jesus’ presence, his energy, his sense of calm and confidence and **trust**. Trust, not in others, but in himself **AND most importantly in God.**

Mark’s reading tells us that Jesus’ authority brought and brings healing, light and life to people, calling out all that makes them unclean and making them and us new.

Soon we begin the season of Lent, a time to reflect on life – our own and others. A time to once again turn towards God, turn towards Jesus and reflect on who we are called to be and whose authority we follow.

Peace  
and Joy,



**Pastoral Care:** Because of the privacy act, hospitals no longer telephone churches to let us know that one of our members have been admitted. Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In the case of an emergency and there is no answer at the church, call Pastor Cindy at 218-464-0304.

# Asbury News



## Scouting Sunday at Asbury UMC – February 4

The Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship and develops personal fitness.



For over a century, the BSA has helped build future leaders of this country by combining educational activities and lifelong values with fun. The Boy Scouts of America believes — and, through over a century of experience, knows — that helping youth is a key to building a more conscientious, responsible and productive society.

Boy Scout Troop 16 meets here at Asbury UMC. The youth of Troop 16, along with their leaders, will be helping with various parts of the worship during worship on February 4 along with helping out at the “Soup”er Bowl lunch as part of Scouting Sunday. Please come and meet some of the boys.

## Thank You!

Dear Asbury United Methodist Church :

Thank you for your donation to Piedmont School. We have a lot of students in need. They loved getting new hats and mittens. Thanks for thinking of us!

— Piedmont Panthers

Dear Asbury United Methodist Church:

Thank you for your generous donation to our Agency. We will be able to use it to help with our homeless and low income programs. This money is greatly needed and very much appreciated.

— AEOA Energy Assistance Dept.

Dear Asbury United Methodist Church:

On behalf of the Duluth Public Schools, we wish to thank you for your recent donation for Stowe School. Your thoughtfulness will help us.

— William Gronseth, Superintendent; David Kirby, School Board Chair

**A HUGE THANK YOU** to everyone who worked so hard making our January 27 pasty sale another huge success. We were so grateful to have so many new volunteers this time! And thank you also to all who ordered pasties. We did great! Please watch for the pasty report in an upcoming Messenger.



### Important Rehearsal — March 7

The Adult Choir will have a very important rehearsal on Wednesday, March 7 at 6:30 pm. We will rehearse “Christ Has Arisen, Alleluia.” We will sing this song with the Youth Choir on Easter Sunday, April 1.

Anyone interested in singing on Easter is welcome to join us at rehearsal on March 7. We hope to see you.

— In Faith, In Love, Ruby Slennes, Choir Director

### Looking For Ice Cream Buckets

Please bring gallon ice cream buckets with lids or Cool Whip containers with lids to the church kitchen. And, we are always looking for pint jars and small jam jars. Those also can be left in the church kitchen.

### Outreach/

#### Communion Offering . . .

January's offering of \$99.00 went to AEOA Heating/Energy Assistance. February's offering will go to UMCOR (formerly One Great Hour of Sharing).

#### Attendance . . .

January 7	78
January 14	98
January 21	87
January 28	102

#### Scripture Readers . . .

February 4	Dave Stromgren
February 11	Barbara Little
February 18	Carrie Sutherland
February 25	Shelly Vanneste



- 2 Scott Tollefson
- 4 Jeanne Rychlak  
Anna Guldner
- 5 Dick Holm
- 6 Peter Downs  
Joyce Park
- 7 Melissa Finnely
- 11 Craig Vanneste
- 14 Seth Green  
Jennifer Gutowski  
Edwin Lone
- 18 Dan Mokros
- 19 Carol Cherne  
Kim Herrig  
Kendall Lepisto  
Kathy Levinski
- 22 Clark Bennett
- 24 Andrea Mattila
- 25 Jennifer Nylund
- 28 Christopher DeSantell  
Kayla Skorich

*Not included?  
Please contact the  
church office at 624-0061.*

# Calendar

## February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Youth choir meets each Wednesday at 6:00 pm. Adult choir meets the first Wednesday of the month at 6:30 pm and again on the 2nd Sunday of the month at 9:15 am.</p> <p>Praise Team practice is every Monday at 6:30 pm.</p> <p>YOGA classes are held Wednesdays at 5:30 pm in Asbury's Fellowship hall. Contact Cheryl Zupec, 218.343.4478 or czupec@hotmail.com for more information.</p>				<p><b>1</b></p> <p>9:30 am Bone Builders, WR</p> <p>10:00 to 11:00 am, 2nd Harvest Food Dist</p>	<p><b>2</b></p>	<p><b>3</b></p>
<p><b>4</b></p> <p>"SOUP"ER BOWL SUNDAY SCOUTING SUNDAY 10:00 am, Worship/ Communion/SS 11:00 am Coffee &amp; Fellowship,</p>	<p><b>5</b></p> <p>6:00 pm, CS Pack 3116, FH</p> <p>6:30 pm Praise Team</p>	<p><b>6</b></p> <p>9:00 am Kiwanis, FH</p> <p>9:30 am Bone Builders, WR</p>	<p><b>7</b></p> <p>8:30 am Men's Coffee, FH</p> <p>9:30 am UMW Board Meeting, WR</p> <p>6:00 pm, Youth Choir 6:30 pm, Adult Choir</p>	<p><b>8</b></p> <p>9:30 am Bone Builders, WR</p>	<p><b>9</b></p> <p>Dumpster Pick Up</p>	<p><b>10</b></p>
<p><b>11</b></p> <p>9:15 Adult Choir 10:00 am, Worship/B'day/ Children's Church 11:00 am Coffee &amp; Fellowship, FH 6:00 pm, BS Troop 16, FH</p>	<p><b>12</b></p> <p>6:00 pm, CS Pack 3116, FH</p> <p>6:30 pm Praise Team</p>	<p><b>13</b></p> <p>9:00 am Kiwanis, FH 9:30 am Bone Builders, WR 2:00 pm Knitting Klub, WR 5:15 pm Outreach, WR</p>	<p><b>14</b></p> <p>8:30 am Men's Coffee, FH 6:00 pm, Youth Choir</p> <p>6:30 pm Ash Wednesday Service 7:30 pm Worship, WR</p>	<p><b>15</b></p> <p>9:30 am Bone Builders, WR</p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>18</b></p> <p>OUTREACH SUNDAY FIRST SUNDAY IN LENT 10:00 am, Worship/Praise/SS 11:00 am Coffee &amp; Fellowship, FH 6:00 pm, BS Troop 16, FH</p>	<p><b>19</b></p> <p>9:30 am, Green Door Book Club, WR</p> <p>6:00 pm, CS Pack 3116, FH 6:30 pm Praise Team</p> <p><b>MESSENGER DEADLINE</b></p>	<p><b>20</b></p> <p>9:00 am Kiwanis, FH 9:30 am Bone Builders, WR</p> <p>1:00 pm Love/Hope Circle, WR 5:30 pm Finance &amp; Trustees, WR</p>	<p><b>21</b></p> <p>8:30 am Men's Coffee, FH 8:30 am Pastor Cindy @ CHUM Clergy</p> <p>10:00 am AREA UMW @ Asbury</p> <p>6:00 pm, Youth Choir 6:00 pm Christian Ed, GR</p>	<p><b>22</b></p> <p>9:30 am Bone Builders, WR</p>	<p><b>23</b></p> <p>Dumpster Pick Up</p>	<p><b>24</b></p> <p>10:00 am to 8:00 am 2/25 BS Troop 16 Lock In</p>
<p><b>25</b></p> <p>SECOND SUNDAY IN LENT 10:00 am, Worship/SS 11:00 am Coffee &amp; Fellowship, FH 6:00 pm, BS Troop 16, FH</p>	<p><b>26</b></p> <p>6:00 pm, CS Pack 3116, FH</p> <p>6:30 pm Praise Team</p>	<p><b>27</b></p> <p>9:00 am Kiwanis, FH</p> <p>9:30 am Bone Builders, WR</p> <p>2:00 pm Knitting Klub, WR</p>	<p><b>28</b></p> <p>8:30 am Men's Coffee, FH</p> <p>6:00 pm, Youth Choir</p> <p><b>MESSENGER EMAILS/MAILS</b></p>			

# Asbury News

## Ad Council Meeting Highlights — 01-16-18

### Opening

Steve Kokotovich facilitated the meeting for Bonnie Schroeder-Palmi. He called the meeting to order at 7:10 p.m.

### Secretary's Report:

Minutes of the November 14, 2017, Administrative Council was reviewed. Ruth Thorpe made a motion to accept the minutes as corrected. The motion was seconded and unanimously approved.

**M – Ruth Thorpe, S – Cheryl Parendo**

### Lay Leader's Report – Steve Kokotovich

Steve reported that our church had a strong 2017, with several successful activities. We are financially healthy as we begin 2018. This spring we will work with the finance committee on ways to fund the new flat roof repair.

### Treasurer's Report – Pat Anscorb

The December monthly summary was given. Balance on Hand, 12 /31/17 is \$9,129.51.

Pat presented the Profit and Loss Budget Performance prepared by Larry Scanlon. We are in a good financial position.

Pat presented the Balance Sheet prepared by Larry Scanlon. Our total liabilities and equity are \$1,396,342.63. The balance sheet continues to be strong.

Cheryl Parendo made a motion to accept the treasurer's report. The motion was seconded and unanimously approved.

**M – Cheryl Parendo, S – Ruth Thorpe**

### Staff Parish Relations Committee –

Steve Kokotovich for Cathy Sampson

The SPR Committee has responded to concerns regarding our custodial services. We have reviewed the custodian's job description and have reduced his hours, and removed tasks that church members have volunteered to do. As a result the salary has been decreased from \$12,482 to \$6,200 per year beginning February 1, 2018. We have met with the custodian and he has accepted the changes.

### Trustee's Report – Pastor Cindy for Terry Olson

The Trustees have talked with the Finance Committee about different ways to pay for the new roof. The two committees will be meeting on February 20<sup>th</sup>, to continue this discussion.

### United Methodist Women – Patty Bennett for Jan Akervik

UMW Sunday went very well. Pastor Cindy worked on the meaningful meditation and it was presented exceptionally well.

Pasties are next week. Please remember to give Bev LeClair your orders by Sunday, January 21<sup>st</sup>.

Faith Circle is preparing for the "Soup"er Bowl lunch on February 4<sup>th</sup>, immediately following the church service.

UMW is preparing for the UMW Prayer and Self Denial meeting at Asbury on February 21<sup>st</sup>.

### Outreach and Missions Team – Steve Kokotovich

Our church hosted the CHUM Fall Assembly on November 16<sup>th</sup>. Many people attended.

The Salvation Army Toy Drive was a success.

The Mitten Tree items were delivered to the area elementary schools. Since we already receive a large donation of homemade hats, we will

## TREASURER'S REPORT

12/31/17

### GENERAL FUND:

Beginning Cash Balance, 11/30/17	\$ 12,208.70
Deposits	\$ 20,323.46
Total to account for	\$ 32,532.16
Checks Written	<\$ 23,402.65>
Balance on Hand, 12/31/17	\$ 9,129.51
Unpaid Bills through 12/31/17 (includes apportionments)	\$ 0.00
Net Ending Balance at 12/31/17	<u>\$ 9,129.51</u>

concentrate on collecting mittens for elementary age children in next year's Mitten Tree Drive.

Serving meals at the Damiano Center and the Second Harvest Food Bank are ongoing.

Outreach Sunday will be on Sunday, February 18<sup>th</sup>.

The next meeting will be on February 13<sup>th</sup>.

### Education Team – Cheryl Parendo and Sandy Winklesky

The Christmas program and potluck went well. Thank you to all who participated.

The Sunday School received a thank you card from UNICEF.

The next meeting will be on February 21<sup>st</sup>. at 6:00 pm.

### Worship Team – Ruth Thorpe

The committee met on Jan. 10<sup>th</sup>.

They are looking for song leaders for the church worship services.

The sound system project will be put on hold while we concentrate on obtaining funds for our new roof.

Ripple Effect will sing at our church service on Jan. 28<sup>th</sup>.

The Ash Wednesday service is on February 14<sup>th</sup>, at 6:30 p.m.

Easter is on April 1<sup>st</sup>. The adult and children's choirs will sing together.

Pastor Cindy will be on vacation January 30 through February 7<sup>th</sup> and Rev. John Strunk will be preaching and leading worship.

The next meeting is February 14, 2018, after the Ash Wednesday service.

### Nurture/Congregational Care Team – Sandy Winklesky

No Visitation Committee or Scholarship Committee report.

Patty Bennett reported that 6 people joined the church on December 3<sup>rd</sup>.

### Pastor's Report – Cindy Rasmussen

We are having an adult Bible study here at Asbury combined with Hillside, Norton Park and Esko Methodist churches. The topic is *Current Issues and Faith*.

Vince and Billy will be singing with the Praise Team this Sunday.

It is time to begin planning for Adventure Day Camp. Since we have so many young children in the church we may have a vacation Bible school here instead.

### Old Business and New Business - none

### Closing

The next meeting will be held on Tuesday, March 20<sup>th</sup>, at 7:00 p.m.

Pat Anscorb made a motion to adjourn the meeting. The motion was seconded and unanimously approved.

**M – Pat Anscorb, S – Cheryl Parendo.**

The meeting was adjourned at 7:59 p.m.

Respectfully Submitted,  
Patricia Bennett, Recording Secretary

# Asbury News



## UMCOR Sunday — February 4

When disaster strikes around the globe, so many watching the drama unfold feel entirely helpless. How could any one person make a difference in the wake of such widespread devastation? As responders around the globe scramble to help survivors, the United Methodist Committee on Relief, UMCOR, is prepared to act.

How can one person help? Your generous giving to UMCOR Sunday (**formerly One Great Hour of Sharing**) is what allows UMCOR to act as the arms and legs of Christ's church, moving toward the most vulnerable in their darkest days. Convinced that all people have God-given worth and dignity—without regard to race, religion or gender—together we assist those impacted by crisis or chronic need. When we meet the needs of those who suffer we actually minister to Jesus. As we respond, we recognize Jesus in those who are reeling in the wake of disaster.

**We will be collecting UMCOR envelopes on February 4 as our Outreach/Communion offering.** Please put your envelopes in the collection plate. Thank you.

## Damiano Winter Clothing Collection

We have many faithful and dedicated members of this congregation that volunteer their time and energy to work at the Damiano Center kitchen on a regular basis. However, in January we were one person short so I invited my friend Lisa to come and work with us. She was excited about going and having the opportunity to share in the work.

We have fun doing this work together and meeting many wonderful people as well.

On this particular day we met a young man who lingered a little longer after breakfast and so we had a chance to chat with him. He had been walking on the street all night and was cold and tired. (I do not know why he was not in a shelter or somewhere warm and safe but that was not the issue this day.)

We asked Flo, the person in charge of the kitchen, if we could go upstairs to the clothing shop to get some warmer clothes and socks for this young man. The store was locked but she was able to lead us to a closet that had socks and a sweat shirt. We gave this to the

young man and he went on his way.

My friend Lisa was very touched by the people we met and served that day. That particular Saturday it was **-15 degrees** outside without the wind chill factor — so an extremely cold day. On our drive home she said, "I am going to see if I can gather some warm boots and jackets to take to the Damiano Center."

Lisa put out a request to her friends, both locally and, in the Twin Cities for these items. What a response she had! We took about 35 pairs of warm boots and jackets, as well as many bags of hats, mittens and scarves to the Damiano Center on January 16. They were so very grateful to have these winter clothes to give out to those in need.

Thanks be to God for all who helped in this project as well as all those who help care for his children.

— Barbara Little



## Successful Mitten Tree Drive

Congratulations and a huge thank you to Asbury members and friends for another successful mitten tree contribution to area elementary schools. We collected 193 hats, 7 scarves, 16 pairs of mittens, 5 pairs of gloves, 11 pairs of socks and one headband. Children at MacArthur, Piedmont, Raleigh Edison and Stowe Elementary Schools greatly benefitted from your generosity. Thank you for your thoughtfulness in making and purchasing these well-needed items for our children.

Since Pat Seguin, a friend of Asbury and a **very avid** knitter generously donates over 150 hats each year, for next year's mitten tree we are especially looking for **mittens, gloves** and **socks** to fit elementary age children. Mid-winter is the perfect time to buy winter items on sale. It's never too early to start collecting warm accessories for next year and mid-winter is the perfect time to buy winter items on sale!

Thank you again for your kindness.





## “Soup”er Bowl Sunday – February 4

Please come to the Fellowship Hall following services for the “Soup”er Bowl Sunday luncheon hosted by UMW’s Faith Circle. Enjoy Mary DeMar’s delicious chicken noodle soup and her niece Sue Jordahl’s yummy ham/bean soup served with freshly baked rolls. There will be ice cream and cookies for dessert and beverages will be provided. A



free-will offering will be taken. All monies will be held for Food Shelf matching funds in March.

## UMW Sunday Awards Presented

UMW Sunday was held on January 14. Special Recognition Awards were presented to Lynn Tollefson and Pat Anscomb.



Lynn was baptized, confirmed and married at Central Avenue Methodist Church. She graduated from Denfeld High School, took classes at both St. Scholastica and UMD and then graduated with an AA Degree from Lake Superior College.

Lynn married Scott Tollefson in July of 1985 and they have two sons Zak and Max. She worked for her parents at Hermantown General Store for 16 years until they retired in 1992. After that, she had to figure out what to do with her life and went back to school to get an Associates Degree in Accounting. From there Lynn worked at an accounting firm in Superior for two years and then moved on to the DMIR/CN and has been there for 22 years.

While here at Asbury, she has served on the Pastor Parish Committee and worked as a Youth Group Advisor and Nursery Attendant. She has worked many pasty sales, donut sales, meatball dinners, making pies and at the UMW Fall Pantry. For the last three years she has been the treasurer for the Women’s Executive Board. With Scott being the Scout Master of Troop 16, Lynn was drafted to be the treasurer for the troop. Together Scott and Lynn enjoy spending time with their family, golfing, fishing and just hanging out together.

Pat worshipped at FUMC when it was on West Third Street and was confirmed there. Then she moved to the Coppertop until joining Central Avenue UMC in 1975 and then joining Asbury.

She started teaching Sunday School at Central Avenue and taught for over 30 years. She is still on the Education Committee. Other committees she has



## UMW Meetings

- UMW board members will meet in the Wesley Room on Wednesday, February 7.
- Love/Hope Circle will meet at 1:00 pm on February 20 in the Wesley Room. Sue Majewski is hostess.
- Faith Circle will host the “Soup”er Bowl luncheon on February 4 and this will be the Circle’s meeting.
- Knitting Klub members meet at 2:00 pm on the 2nd and 4th Tuesdays of the month in the Wesley Room. Come join us!
- Green Door Book Club members meet at 9:30 am on the 3rd Monday of each month in the Wesley Room.

served on are Finance, Scholarship, Nominating and the UMW Executive Board. She is a member of Asbury’s Faith Circle and is also our church treasurer. Pat has worked on pasties, donuts, meatball dinners, rummage sales and UMW’s Fall Pantry.

She is married to Jack and has two children: Julie, married to Steve Hanson, and Brett who is in Seattle. She is also the grandmother of Kale Hanson.

Thank You Awards were presented to the Children/Youth Choir, Adult Choir, and the Praise Team; Georgia Kokotovich, Mary Ann Behn, and Lena Pat Johnson were remembered In Memoriam. Gifts were made to missions in each name of those receiving awards.

A special meditation written by Pastor Cindy was read by Ruth Thorpe, Leo Lambert and Carrie Sutherland. Pastor Cindy presented the last segment of the program.

## Duluth Area UMW Meeting At Asbury

Please join us on February 21 at Asbury UMC for the Duluth Area UMW Prayer and Self-Denial Meeting. Registration: is from 10:00 to 11:00 am with a Continental Breakfast hosted by Asbury UMW from 10:00 to 11:00 am. The program starts at 11:00 am. Cost is \$8.00.

The meeting speaker is Judi VanDell, Vice President at North Shore Bank. The Special Offering will go to Big Waters District/Mission Projects and the Second Harvest Backpack Project.

**Reservations to Asbury (624-0061) by February 16.**

The UMW Spring Meeting will be held at First UMC, 230 E Skyline Pkwy, Duluth, on May 9.



## UMW Circle Pledges 2018

With a new year beginning, members of our two circles will be making their pledges to support our Asbury UMW budget which is dedicated to supporting mission work locally, districtwide, statewide and nationally. Our purpose in UMW is to know God and experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Both circles, Love/Hope and Faith, welcome new members at any time. Contact Jan Akervik, 626-1539 or Judy Pearson, 722-5818, for more information.

If you are not interested in joining a circle, but you wish to be an At-Large member to support the mission of UMW, you may make a pledge and turn it in to Lynn Tollefson, treasurer of Asbury's UMW.

## Yummy Meatballs On the Horizon!

Only \$10.00 will get you one of the most scrumptious meals ever! It's Asbury's Spring Meatball Dinner on Tuesday, April 10 from 4:30 to 6:30 pm. Homemade meatballs, mashed potatoes and gravy, green beans almondine, coleslaw, breads, dessert and a beverage. Take out is available and Asbury is handicapped-accessible.



Bring the family and your friends! We need your support and your help so please also consider volunteering some of your time. All proceeds go towards paying our 2018 MN Annual Conference apportionments.

## Spring Rummage Sale

Donations are being sought for Asbury's Spring Rummage sale on Saturday, April 28 from 8:00 am to 1:00 pm in the Fellowship Hall.

Please donate good and barely used items. **(NO CLOTHING or ELECTRONICS PLEASE!)**

A drop-off schedule will be in upcoming announcements and the April Messenger.

All proceeds go towards paying our 2018 MN Annual Conference apportionments.



# Asbury News

## Outreach Opportunity — March 10!

Asbury volunteers will be helping prepare, serve and clean up a Saturday meal at the **Damiano Soup Kitchen on Saturday, March 10 from 8:30 am until 1:30 pm.** There is a sign-up sheet on the back table in the Narthex.

The Soup Kitchen was the Damiano Center's founding program, beginning in March 1982 and is currently the largest on-site meal program in Northeastern Minnesota. Eight hot meals are served each week, plus a continental breakfast five days a week.

Volunteers need to be able to stand for long periods of time, work the entire 5-hour shift, be at least 16 years old and have a heart for serving others.

## Adult Study Wednesdays At 10:30 am

Join us on Wednesdays at 10:30 am to discuss Current Issues and Faith. We meet in Asbury's Wesley Room. Next meeting on February 7.

All materials are provided. A new topic is discussed each time so come to as many classes as you like.



Asbury United Methodist  
PO Box 7135  
Duluth MN 55807

Return service requested

## Meet Our Staff



Pastor:.....Cindy M. Rasmussen  
Administrative Asst.: .....Shirley Brandt  
Choir Director: .....Ruby Slennes  
Organist .....Phyllis Kruell  
Praise Team Leader .....varies  
Custodian: .....Dan Mokros  
Ad Council Chair: ..Bonnie Schroeder-Palmi  
Treasurer: .....Pat Anscomb  
Lay Leader:..... Steve Kokotovich  
Trustees: ..... Terry Olson  
UMW President.....Jan Akervik  
SPRC Chair .....Cathy Sampson  
Worship Chair ..... Ruth Thorpe  
Christian Education:..... Cheryl Parendo  
Christian Education:.....Sandy Winklesky

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

**EDITORS:** The Rev. Cindy M. Rasmussen; Shirley Brandt, Admin. Asst.

**CHURCH OFFICE:**

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

**NEXT MESSENGER DEADLINE: February 16 for March 2017 Messenger.**

Please submit all articles of interest to Shirley in the church office by the deadline listed above.  
Items may be dropped off, e-mailed or mailed. Thank you.

### **Worship With Us**

**Every Sunday at 10:00 am.**

**NOTE:**

1st Sunday of each month we share Holy Communion,  
2nd Sunday we recognize those celebrating birthdays.  
3rd Sunday our music is led by our Praise Team.

***Every Sunday we give thanks and celebrate  
God's great gifts and presence in our lives.***



#### **Asbury's Mission Statement**

*Asbury United Methodist is a caring, Christian community which welcomes all persons as God's children.  
We will strive to grow in spirit and seek God's vision of hope, love and peace in the community and world.*