

UNITED METHODIST CHURCH A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135 Duluth, MN 55807 218-624-0061

The Reverend Katherine Cornell

Online Sunday Worship 10:00 am www.facebook.com/asburyduluth

Worship By Phone: 218-207-2156

Office Hours Closed until further notice.



Table of Contents

A Penny For Your Thoughts 2 Pastoral Care

Asbury News	3-9
Worship Notes	
July Birthdays	
Thank You!	
Assistance Fund	
Garden Help	
Tech Help Needed	
Daily Church Cleaning	
Small Group Guideline	es
Calendar	
CHUM News	
Please Pray For	
Laity Workshop	
Ad Council Minutes	
Treasurer's Report	
Kid's Corner	
Events Update	
Staying Connected	
UM Women	9
UMW Meetings	
Meet the Staff	10

Messenger

Asbury's Re-Opening Plans

reetings friends! I know that we are all excited to be returning to the places and activities that add meaning in our lives. Church is one of those spaces! As we return to gathering in our Sanctuary and building, there are precautions that need to be taken and best practices that need to be followed. We as a church will continue to explore



ways to connect and encourage one another – as we come together and for those who cannot join us in person. Our intention is to return to **in-person worship on July 26** with the following guidelines in place. We also hope to live-stream the worship online at the same time. I hope that you will be able to join us in some way.

Blessings and Peace, Pastor Katherine

Asbury UMC Sanctuary Worship Guidelines for COVID-19 Re-opening Plan

- 1. Please enter through the main front doors ONLY for Sunday Worship Services. The downstairs door will be locked. Plan to come a few minutes earlier than usual.
- 2. There will be NO coffee time BEFORE or AFTER the service until further notice.
- 3. We are requiring masks to be worn while in the building. **Please bring your own** and put it on before entering.
- 4. Social distancing markers will be in place at the entrance. Each household group is asked to wait at the respective marker until the next position is free.
- 5. Entering the Narthex, you will come to a table. Please use hand sanitizer first.
- 6. Attendees entering the building will be asked to sign in on the tracing sheet. You may use a pencil from those available and then drop the used pencil into the basket provided to be cleansed. This



Reflections on Freedom

very July we celebrate the independence of our country from foreign and oppressive rule. We celebrate that we as American citizens are free to worship as we please, and to govern ourselves. This year, as we celebrate, I think it's important to recognize a few things.

There are many ways a person can be bound, chained, oppressed while the celebration of independence is important — not everyone is as free as their neighbor. Some bonds of oppression involve choices that people have made, and many others are bonds that were inherited or a choice another person made for them. Some

are a mixture of the two. These bonds include poverty, addiction, mental illness, citizenship status, and racism. So the question of freedom becomes who is truly free and how do we work towards freedom for those that are oppressed?

One might ask why does it matter? Well, I hope the answer is obvious for all followers of Jesus. Jesus said he came to "proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free" (*Luke 4:18*).

So the question remains as followers of Jesus, how are we are to be the instruments of God's love in this world? Jesus said to love as he loved and to be active in healing and setting people free from oppression.

Are we learning how to be anti-racists? Are we advocates for mental health? Are we investing in places of generational poverty to help break that cycle? Are we examining our own habits to



see where we inadvertently created a system needing illegal immigrants to work so our groceries are affordable? Where is Jesus calling you to be involved in his great movement towards freedom?

Finally, we know that in all things, our independence is not true independence, but the chance to declare ourselves fully dependent on God. Jesus came so we all might have life and have it abundantly (*John 10:10*). As we grow in our dependence on God, we can grow in our work towards abundant life for us and for our neighbor.

This year, as we celebrate independence on the Fourth of July, may we also take some time to reflect and then take action towards loosening the bonds of oppression we see around us.

Blessings and Peace, Katherine

Pastoral Care:

Because of the privacy act, hospitals no longer telephone churches to let us know that one of our members have been admitted. Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at kcornell@wnccumc.net.

Thank You!

Dear Asbury Church Family:

Thank you to my Asbury family for your prayers, cards and well wishes after my recent hospitalizations. Donna Mickelson

Dear Asbury Church Family:

Thank you for providing a scholarship to me. I appreciate it a lot and it will help out a lot in college. Thank you for everything you have provided and I can't wait to see you all again. Ben Nvlund

Asbury "Assistance Fund"

s the economic impact of the COVID-19 pandemic hits our **L** community, we as a church family would like to respond. Due to the sensitive nature of needing assistance, we plan on utilizing the Pastor's Discretionary Fund to help with needs. If you would like to donate to this fund, please send a check to Asbury with "assistance fund" in the memo.

Or, if you would like to donate gas or grocery store gift cards, please mail to the church office. If you or someone you know needs assistance during this time, please email or call Pastor Katherine at kcornell@wnccumc.net or 218-624-0061,

Are You Interested in Gardening?

he Garden Committee is busy at work outdoors and has been accomplishing a **⊥** great deal toward keeping the gardens at Asbury UMC looking beautiful.



We meet at 8:30 am (except on holidays or rainy days) every Monday morning. We have a coffee break out in the garage mid-morning to adhere to Asbury's current guidelines for small groups.

Are you interested in gardening? We would really appreciate having a few more people join the Garden Committee. There is still much to do as the gardens are extensive. If you enjoy spending time outdoors and find pleasure in the results of maintaining

Asbury's grounds and gardens, please join us! No gardening experience is necessary! We will gladly show you how to pull weeds!

Technology Help Wanted!

X e at Asbury are committed to continuing our online presence on Sunday mornings, but we need some help! If you are willing to be a part of our volunteer team* that makes virtual worship possible, please contact Pastor Katherine at kcornell@wnccumc.net or 828-263-2035.

*Individuals with technical skills and knowledge are needed but we also need individuals with a willingness to learn and grow together.



Our July Outreach/Communion Offering collection is for the Damiano Center.

Attendance . . .

June 7
June 14
June 21
0 000 -1

58	views
73	views
62	views



- 1 **Rodger** Parendo
- 4 Karen Gokev
- 5 Axel Tomaino
- 7 Bonnie Schroeder-Palmi Gary Winklesky
- 11 Don DeMars
- 15 Leo Lambert
- 16 Piper Smisek
- 17 Fred Little Dawn Parendo Sue Stebner
- 20 Julie Hanson Danyel Winklesky
- 22 Roger Reinert Tara Robinson
- 23 Kevin Miller Ron Stevens
- 24 Steve Hanson
- 25 Lisa Greene
- 26 Bryan Green Eric Robinson
- 30 Stephanie Kujawa

Not included? Please contact the church office at 624-0061.

Church Cleaning

Please note that our custodian, Dan, has been cleaning the church daily Monday through Thursday, especially after small group meetings.



Continued from page 1 . . .

information is only to be used if COVID-19 illness occurs and notification and contact tracing is needed.

- 7. Bulletins will be available. Please only handle your own bulletin. Feel free to take it home or to drop it in the recycle bin as you exit.
- 8. Offerings may be placed in the collection plates on your way to your seat or as you exit. Please don't linger in order to maintain the flow while entering and exiting.
- 9. Please maintain a 6-foot distance from everyone not in your household at all times throughout the service.
- 10. It is recommended you avoid shaking hands, hugging, fist bumps, or personal contact in order to protect all.
- 11. You will be directed to fill the front pews first keeping 6 feet between individuals not from your household. Six-foot markings are on the pew cushions. Please use these to maintain proper distances as you fill the pews. Every other pew will remain empty and is taped off.
- 12. There will be NO SINGING during worship until further notice. Please keep masks on throughout the service including during group prayers.
- 13. When the service ends, please remain seated until Pastor Katherine dismisses your row. As you exit, please maintain a 6-foot distance between you and others and make space outside the door for others to come through. You may have outdoor conversation away from the entrance with safe social distancing practices.
- 14. As a reminder, it is recommended to avoid touching your face and to wash your hands often.
- 15. If you use the bathroom during the service, please wipe down each surface you touch including handles and light switches with a cleaning wipe before leaving the bathroom.

Thank you for your attention and compliance with these measures to keep us all protected and healthy.



Guidelines For Small Group Gatherings At Asbury United Methodist Church

A s Asbury UMC moves through phases to reopening our church and welcoming individuals and groups back into the church building, here are the guidelines we would ask all groups to follow.

- All group participants need to sign in to facilitate possible contact tracing if needed.
- Practice physical distancing in all situations remaining 6 feet apart.
- Limit group size, ideally to 10 or less with an absolute maximum of 12.
- Wear face masks as participants arrive and leave, at a minimum. Ideally, face masks will be worn for the entire time. (We do understand that you cannot drink or eat with a face mask and during yoga practice or bone builders, a face mask may prohibit necessary breath activity. However, expelling breath with exaggerated force at this time may not be wise.)
- Participants are encouraged to bring their own beverages and/or food.
- Use hand sanitizer upon arriving (provided).

If anyone in the group is experiencing the following symptoms or has had these experiences, they should not participate in group or leave immediately.

- Have a fever, cough, shortness of breath, muscle aches, chills, sore throat, loss of taste or smell, headache, or generally aren't feeling well for any reason.
- Have traveled by plane in the past 14 days.
- Are currently awaiting the results from a COVID-19 test.
- Have been exposed to or live with someone who has symptoms or has tested positive for COVID-19.
- If someone develops symptoms of COVID-19 within two weeks of participating in a group at Asbury UMC regardless of the suspected source, please contact the church – 218-624-0061 – immediately so that risk exposure can be assessed and the MN Department of Health can be contacted.

Thank you for respecting and following these guidelines so that we can all stay safe and well.

- The Asbury UMC Administrative Council

Calendar

July 2020

	1			1		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Worship will continue online at 10:00 am.* In-church worship begins July 26. Please join us Sunday at www.facebook/asburyduluth or https://www.youtube.com/channel/UC2V1xSPTLmP2kxHhsR807Qg? view_as=subscriber All online worship services may also be viewed on Asbury's website at www.asburyduluth.org *Please see page one of this Messenger for reopening guidelines.		1 8:30 am Men's Coffee, FH Wear your mask! 5:30 pm, YOGA Narthex Pastor Kathering	2 9:30 am Bone Builders Narthex Wear your mask! 10:00 to 11:00 am, 2nd Harvest Food Dist e on vacation June 29 to J	3 Dumpster Pick Up uly 8	4	
5 10:00 am	6	7	8 8:30 am	9 9:30 am	10	11
We will be joining together with all nine of the Twin Ports UMC for a joint online service led by church laity. It will be livestreamed from First UMC.		9:00 am, SVFC, FH Wear your mask! 9:30 am Bone Builders Narthex	5:30 am Men's Coffee, FH 5:30 pm, YOGA Narthex	9:30 am Bone Builders Narthex		
Please use Asbury's Face- book and YouTube links.						
12 10:00 am Worship Please use Asbury's Face- book and YouTube links.	13	14 9:00 am, SVFC, FH 9:30 am Bone Builders Narthex	15 8:30 am Men's Coffee, FH 5:30 pm, YOGA Narthex	16 9:30 am Bone Builders Narthex	17 Dumpster	18
					Pick Up	
19 10:00 am Worship Please use Asbury's Face- book and YouTube links.	20 MESSENGER DEADLINE	21 9:00 am, SVFC, FH 9:30 am Bone Builders Narthex	22 8:30 am Men's Coffee, FH 5:30 pm, YOGA Narthex 5:30 pm Finance Meeting, FH	23 9:30 am Bone Builders Narthex	24	9:00-10-30 am Free Community Drive-Through Breakfast, Our Savior's Lutheran
26 10:00 am In-church Worship and livestreaming. Please use Asbury's Face- book and YouTube links.	27	28 9:00 am, SVFC, FH 9:30 am Bone Builders Narthex 6:30 pm	29 8:30 am Men's Coffee, FH 5:30 pm, YOGA Narthex	30 9:30 am Bone Builders Narthex MESSENGER EMAILS/MAILS	31	
		Ad Council Zoom Meeting—link will be sent.			Dumpster Pick Up	



Food • Shelter • Dignity • Hope

Duluth At It's Best!

The last few weeks have been a time of uncertainty and anxiety for everyone. But here at CHUM we have been overwhelmed — in the best way possible by the incredible support from this community.

Donations have been steady, constant, and extremely generous. So many of you have sent in checks, or made an online donation, without being asked — because you know that the people we serve need us now more than ever.

Others answered the call for camping gear after the Warming Centers closed so that those living in the woods or other unsheltered spaces have tents, sleeping bags, and warm clothing.

Community partners have joined us in finding solutions to needs that change on a daily basis. Because of these partnerships we can now provide internet service for families at the Steve O'Neil Apartments. This helps to close the equality gap as it makes it possible for children to participate in distance learning, and gives parents access to job searches, social media, as well as the library and other vital resources.

St. Louis County personnel and area hotels are working with CHUM to provide hotel rooms for isolation and quarantine for shelter residents who exhibit COVID-19 symptoms, or who are waiting for test results.

And, so many others have contributed in countless ways to provide support to what we do. THANK YOU! Even though we're not able to see you in person, we are so grateful to know that you are thinking of us and supporting what we do. Together we can continue to make a dent in homelessness and food insecurity in Duluth and come out on the other side of the COVID-19 crisis with strength and unity.





PLEASE PRAY FOR:

Lisa Greene Jim & Bobbi Gimpel Ray & Carol Peters Roy & Sherry Peters Nathan Peters Anna & Bill Guldner Pat Anscomb Pat Ballantine Ron Brosdal Floss Johnson Amy Applebee Marilyn Lutz Louise Anderson Ed Lone Shirley Brandt Dick & Karen Holm Fred Little Barb & M. George Downs Vivian Simmons Karter Lauderville Mary Jo Plys Barbara Larson **Bill Swanstrom** Bob Cherne Ardelle Peterson Jill Spencer

Colleen Carlson Our Nation General Conference 2021 Our sponsored child, Katerin Tom & Kendra Sharkey Bill Schultz Marshall & Florence Froland Tim Froland Mike Soder's Aunt Martha Darlene Rowan Donna Mickelson Michael Cornell Brian Herrick Patty Bennett Family of Elmer Olson

In honor and gratitude for those serving in the military; we pray God's sustaining presence upon each one.

Steve Bennett Rory Blazevic Michaela Bock Alex Bourdage Ian Evans Daylon Moore Anika Pavlich Dominic Pavlich Rick Peterson Alex Plys Roger Reinert Renee Ruppel Scott Stumbo



"Nuts and Bolts for Laity" Workshop

The Minnesota Annual Conference Lay Ministries Team is offering a "Nuts and Bolts for Laity" workshop via Zoom for Friday evening, August 7 and Saturday, August 8.

The workshop will cover topics on how to develop your personal ministry tips on speaking, care ministry, how to deal with COVID-19, end-of-life issues, technology and more!

The workshop has been expanded this year to cover several different areas of lay ministry.

The Team has updated their "Nuts and Bolts" binder, which is available in three options: downloadable for printing, printed materials only, or printed materials in a binder. This resource will supplement the presentations made during the workshop sessions.

For more information or to register <u>https://</u> www.minnesotaumc.org/eventdetail/14024617

Ad Council Meeting Minutes — 6-16-20

Opening

Steve Kokotovich called the meeting to order at 6:34 p.m. Due to the Coronavirus Pandemic, the Administrative Council used Zoom to virtually meet. Pastor Katherine offered a prayer of thanks for encouragement and inspiration as we do God's work in this world.

Secretary's Report:

Minutes of the May 19, 2020, Administrative Council were reviewed. Debbie Merrick made a motion to accept the minutes as read. The motion was seconded and unanimously approved.

M – Debbie Merrick, S – Dale Thorpe

Lay Leader's Report - Steve Kokotovich

Steve thanked everyone for the work they are doing during these unusual times.

Leaders of the church need to understand the steps we are taking to navigate the church through the coronavirus epidemic so they can explain to others the reasons behind our planning.

Treasurer's Report - Pat Anscomb

The April monthly summary was given. Balance on Hand, 5 /31/2020 is \$13,043.18.

We have not paid any of our 2020 Conference Apportionments so far this year. Balance due for the 2020 Apportionments is \$22,801.00.

Our Paycheck Protection Program (PPP) loan of \$18,000 will probably be used up by the end of this coming pay period.

It is very important that we watch our spending.

Staff Parish Relations Committee – Cathy Sampson

Cathy recently met with Pastor Katherine.

The committee will meet on Monday, June 22nd. They will get back to the work of the committee calendar.

Trustee's Report - Dale Thorpe

Two stands have been made to hold the hand sanitizer dispensers.

The lawn mower has been repaired and is working well.

Please do not bring items to the church for a rummage sale. We will not be having a rummage sale at this time.

The automatic time set on the garage outside light needs to be adjusted.

United Methodist Women – Jan Akervik

The UMW held a Zoom meeting for June. The board discussed creative ways to do online orders for some items of the Fall Pantry.

Outreach and Missions Team - Steve Kokotovich

The Damiano Center and Second Harvest do not need help at this time. The National Night Out website is encouraging everyone to move their events to October 6th. Steve will contact the Duluth Police Department to inquire about their plans.

Education Team – Sandy Winklesky and Cheryl Parendo The Sunday School mailed Dairy Queen gift certificates to the Sunday School children.

The committee will meet in August.

Worship Team – Debbie Merrick

The team will meet tomorrow. The Worship Team gave a financial gift to Pastor Katherine's son, Michael, for his technical work with our online Sunday services.

TREASURER'S REPORT: 5/31/20

<\$ 1,965.61>
\$ 24,302.44
\$ 26,268.05
<\$ <u>13,224.87></u>
\$ 13,043.18
<\$ 10,928.40>
<u>\$ 2,114.78</u>

Cathy Sampson mentioned that the church needs to create a technical paid position and asked that the Worship Committee help to write a job description for this position.

Nurture/Congregational Care Team - Sandy Winklesky

No report from the Visitation Committee and Scholarship Committees. The Membership Committee would like to send out welcome letters to new people joining our online services.

Pastor's Report - Katherine Cornell

Pastor Katherine mentioned that the people in the church are in her prayers.

The church now owns a computer and a camera to use for our online services.

Spectrum has given us a tentative date of July 13th, when they will be ready to provide their service.

Tomorrow, Pastor Katherine will record from the church for their June 21st worship service. She encourages people to send pictures of fathers for this service.

Pastor Katherine will be on vacation from June 28th to July 8th. We will combine with First UMC and Hillside UMC for the July 5th worship service. Pastor Katherine will arrange for pastoral coverage while she is on vacation.

July 26th is planned for the first day back to in-church worship service. Pastor Katherine plans to meet individually with church committee leaders to discuss the dreams and goals that were generated at the leadership retreat last winter.

Old Business - Steve Kokotovich

Guidelines for small group gatherings were discussed and a few modifications were made. Jan Akervik made a motion to approve the modified guidelines. The motion was seconded and unanimously approved. **M** – Jan Akervik, **S** – Pat Anscomb.

Guidelines for reopening the church were discussed and a few modifications were made. Cathy Sampson made a motion to approve the modified guidelines. The motion was seconded and unanimously approved. **M** – **Cathy Sampson, S – Sandy Winklesky**

New Business - none

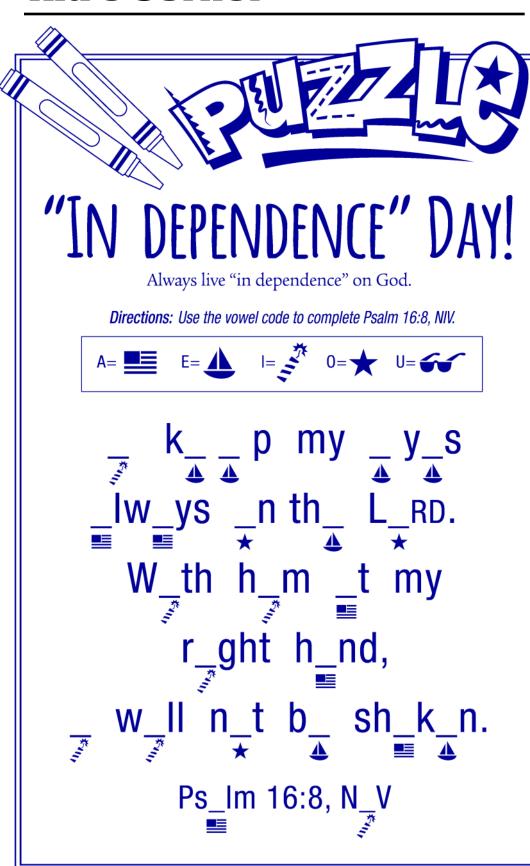
Closing

The next Ad. Council virtual meeting will be on Tuesday, July 28th, at 6:30 pm.

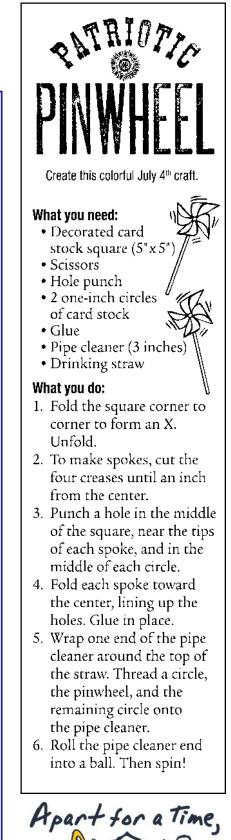
Debbie Merrick made a motion to adjourn the meeting. The motion was seconded and unanimously approved. **M – Debbie Merrick**, **S – Gary Winklesky.** The meeting was adjourned at 8:17 p.m.

Respectfully Submitted, Patricia Bennett, Recording Secretary

Kid's Corner



Answer: I keep my eyes always on the Lord. With him at my right hand, I will not be shaken. Psalm 16:8, NIV





POSTPONED:-(

Virtual Leadership Team meetings are scheduled as needed via Zoom or in-person.

Cancelled until further notice:

Asbury Singers Rehearsals Children's Choir Rehearsals Praise Team Rehearsals BS Troop 16 & CS Troop 16 meetings All UMW meetings (some exceptions, please see below)

Postponed until further notice:

Spirit Valley Fellowship Club Pancake Supper; Meatball Supper; Spring Fest; UMW Diaper Drive, Damino Center volunteers, Summer Donuts.

The National Night Out picnic has been rescheduled for October 6, 2020. A decision will be made soon on whether Asbury will host the picnic in October.

Cancelled for this year:

Wildfire Picnic & National Night Out Picnic at Winklesky home.

The decision also was made to cancel the Rummage Sale for this year. Please hold on to all the treasures you wanted to donate until next year! **No drop offs will be accepted this year.** Thanks!

- STAYING-

Additional Connection Opportunities!

Pastor Katherine has set up two new opportunities for us to connect while we are slowly phasing into in-church worship and our Fellowship connection.

The first is a Worship-by Phone option. If you would like to call in and hear the announcements, scripture and sermon, please call: **218-207-2156**. The message will be changed weekly on Sunday mornings

The second opportunity is to join us for Fellowship time through Zoom. Pastor Katherine will start Fellowship time after the on-line service ends each Sunday

Zoom Sunday Fellowship Time

Time: After Sunday worship (around 10:40 am) Join Zoom Meeting <u>https://zoom.us/j/93113000585</u> Meeting ID: 931 1300 0585

One tap mobile +13126266799,,93113000585# US (Chicago) Meeting ID: 931 1300 0585

Dial by your location +1 312 626 6799 US (Chicago) Meeting ID: 931 1300 0585





All UMW Meetings have been postponed until further notice.

- UMW board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. The UMW Board will not meet in July.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. No meetings in June, July and August.
- Faith Circle meets at 1:00 pm in the Wesley Room on the 3rd Thursday of each month. No meetings in June, July and August.
- Knitting Klub members meet at 2:00 pm in the Wesley Room on the 2nd and 4th Tuesdays of the month. Meetings are postponed until further notice.
- Green Door Book Club members meet at 9:30 am in the Wesley Room on the 3rd Monday of each month. The Club will not meet in July.

Asbury United Methodist PO Box 7135 Duluth MN 55807

Return service requested



This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: July 20 for August 2020 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above. Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.
Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.

Asbury's Mission Statement



Asbury United Methodist is a caring, Christian community which welcomes all persons as God's children. We will strive to grow in spirit and seek God's vision of hope, love and peace in the community and world.