

Asbury
UNITED METHODIST CHURCH
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135
Duluth, MN 55807
218-624-0061

**The Reverend
Katherine Cornell**

Online Sunday Worship 10:00 am
asburyduluth.org/about-us/worship/

Worship By Phone: 218-207-2156

PHONE IN Office Hours
Monday: 10:00 am to 3:30 pm
Tue-Thurs: 9:00 am to 2:30 pm
Closed Friday



Messenger



Asbury's beautiful Christmas Eve display!

Table of Contents

A Penny For Your Thoughts	2
Power of Prayer	
Pastoral Care	
Asbury News	3-7
Worship Notes	
January Birthdays	
Thank You!	
Calendar	
Kid's Corner	
All About Me	
Confirmation Update	
Technology Report	
Treasurer's Report	
Go Light Your World	
Christmas Poinsettias	
UM Women	6
UMW Meetings	
UMW Awards	
Pantry Items Available	
Meet the Staff	8

These Stressful Times

Due to the coronavirus pandemic, the year 2020 was one like no other. Our way of life and day-to-day living have been altered in so many ways. The months from March through December affected our lifestyle, daily activities and our point of view in general. As we enter 2021, each person is coping in different ways. Some individuals are having more difficulty dealing with the change in "normalcy" depending on their circumstances and have higher levels of stress than others. If you find yourself having a difficult time, or you know of someone that may need some assistance, please see the list of resources below for some helpful information:

- The National Alliance on Mental Health Helpline – (800) 950-6264
- National Suicide Prevention Lifeline – (800) 273-8255
- Substance Abuse and Mental Health Services Administration
National Helpline – (800) 662-4357
- National Domestic Violence Hotline – (800) 799-7233

The CDC also has a great site with lots of resources at
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing->



A Penny For Your Thoughts

Looking Towards the New Year

Happy New Year and welcome 2021! The end of December and first of January is usually a time when we take stock of the year before and set goals for the coming year. I know that I have spent much time over the years on New Year's resolutions — most get dropped by mid-month, but I'm always glad for the restart!



I am also, like many of you looking forward to the new year for possibilities of renewed engagement. Though it will probably be a while yet, I do

hope that we might be able to return to some of our "normal" church behaviors — Sunday worship WITH Fellowship time before and after, Sunday School, hugs and handshakes after church, more abundant service opportunities, and, of course, meatballs, pasties, pantries, pies and doughnuts!

But there are also several things that I want to continue from our time apart. First of all, I'm thankful for the live streaming of our services. That's here to stay, so if you're sick or travelling you can still tune in.

Secondly, I want to remember the lessons we're learning in the aftermath of the death of George Floyd and so many others. There has been an awakening in our country — a renewed look at racism and the depths at which it harms all of us. Let's continue on this exploration and enter the hard work that goes along with it.

Finally, the value of being together, part of the community has been emphasized when we can't so easily enjoy fellowship together. And so as we look towards gathering again, we can cherish each person and keep our eyes open for who is missing from our

table. Who else could we reach? Who else could we invite?

As we look towards the new year and return to our new normal, what are your hopes and dreams? Where are you being led to pick back up or start something new or different?

May we each find in this new year that our journey with God and one another continues and grows. For that is truly my hope and prayer for each of us!

Blessings and Peace,
Katherine

PLEASE PRAY FOR:

Lisa Greene
Jim & Bobbi Gimpel
Ray & Carol Peters
Roy & Sherry Peters
Nathan Peters
Anna & Bill Guldner
Pat Ancomb
Pat Ballantine
Ron Brosdal
Floss Johnson
Amy Applebee
Louise Anderson
Ed Lone
Shirley Brandt
Dick Holm
Fred Little
Barb & M. George Downs
Vivian Simmons
Karter Lauderville
Mary Jo & Ted Plys
Barbara Larson
Bill Swanstrom
General Conference 2021
Our Nation
Our sponsored child, Katerin
Bob Cherne
Ardelle Peterson
Jill Spencer
Colleen Carlson
Bill Schultz
Marshall & Florence Froland
Mike Soder's Aunt Martha
Rodger Parendo
Clark & Patty Bennett



Pat Nelson
Carl Larson
Phyllis Kruell's son & grandson, Ben & Angelo
Veteran John
Dale & Ruth Thorpe
Bill Simmons
Ken Seehus
Alice Brenny

In honor and gratitude for those serving in the military; we pray God's sustaining presence upon each one.

Steve Bennett
Rory Blazevic
Michaela Bock
Alex Bourdage
Ian Evans
Daylon Moore
Anika Pavlich
Dominic Pavlich
Rick Peterson
Alex Plys
Roger Reinert
Renee Ruppel
Scott Stumbo

Pastoral Care: Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at

Asbury News

Thank You!

Dear Asbury UMC Family:

A huge thank you for your continued prayers on this journey to healing. Peace to you all. — Leo & Cheryl Lambert, CJ DeSantell and the entire Lutz Family

Dear Asbury United Methodist Church:

Thank you so much for your donation. We use monetary donations to buy items requested by families in need that the nursery does not have on hand.

— Hannah Anderson, LSS Crisis Nursery

Dear Asbury Members and Friends:

Thank you to everyone who donated toys and money to the Salvation Army Toy Drive. Your generosity will make Christmas a bit happier for many children.

— Dennie and Sharon Parendo

Dear Asbury United Methodist Church:

On behalf of the Duluth Public Schools, we wish to thank you for the donation of backpacks for Stowe School. Your generosity will help us in our efforts to provide a high quality of education to our students.

— John Magas, Superintendent

Dear Asbury United Methodist Women:

Thank you so very much Asbury UMW for your donation of \$300 to the Union Gospel Mission. It is so appreciated by those in great need. God Bless you!

— Union Gospel Mission staff

Dear Asbury United Methodist Women:

Thank you so much for supporting Life House during this holiday season with your donation of \$400. It is because of your support that we are able to continually provide access to housing, free mental health and wellness care, and an opportunity to thrive in our education and employment programs. Together, we are ensuring that no young person is left homeless, alone, uncared for, or fending for themselves on the streets. Life House never gives up on youth, and we will be here as long as it takes for them to stabilize, heal and thrive.

— Amber Sadowski, Life House Community Development Director

Dear Asbury United Methodist Women:

Thank you so much for your donation of \$550 which will help us provide shelter, transitional living and emergency services to homeless women and families. During the annual Hunger and Homelessness Awareness Week in November, Harbor House worked diligently to educate our community on our services and collect donations on behalf of all the homeless resources in Douglas County. Our work together changes lives!

— Chelsea Branley, Harbor House Crisis Shelters Executive Director

Dear Asbury UMW Friends,

Thank you so much for your generous donation of \$375. We are so grateful for the your support of our programs! Our first ever **Week of Giving** was a great success, both in terms of fundraising and also community engagement. We featured short daily videos about how Safe Haven helps survivors of domestic violence find HOPE, HEAL, TRANSFORM and then THRIVE. The videos can be found at www.safehavenshelter.org/fallevent. With immense gratitude,

— Carin Skoog, Safe Haven Shelter for Battered Women Director of Philanthropy



Our January Outreach/
Communion Offering
collection is for
AEOA Heating/Energy Assistance



Attendance . . .

December 6	76 views
December 13	107 views
December 20	78 views
December 21	41 views

JANUARY



- 9 Debbie Merrick
Dave Stromgren
- 17 Jim Gimpel
- 18 Ron Brosdal
Sue Soder
- 20 Mike Akervik
Phyllis Mullen
- 23 Audrey Johnson
Angie Thibault
- 26 Kaylee Randa
- 27 Michael Cornell
Aidan Thibault
- 28 Kathy Downs
- 31 Alice Brenny

*Not included?
Please contact the
church office at 624-0061.*

Calendar

January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>In-church worship has been postponed. Live stream worship will continue online at 10:00 am. The YouTube link will be emailed out prior to each Sunday's service. All online worship services may also be viewed on Asbury's website at https://asburyduluth.org/about-us/worship/</p> <p>Boy Scout Troop 16 meets via Zoom at 6:00 pm Sundays Cub Scout Troop 16 meets via Zoom at 6:00 pm Mondays</p> <p>TBD: "Soup"er Bowl Sunday, Pasty Sale, Meatball Supper, Rummage Sale, SVFC Pancake Supper</p>					1	2
<p>3 EPIPHANY SUNDAY 10:00 am On-line Worship/Communion</p>	<p>4 9:30 am Bone Builders POSTPONED</p>	<p>5 9:00 am, SVFC, FH POSTPONED</p>	<p>6 8:30 am Men's Coffee, FH POSTPONED</p> <p>9:30 am UMW Board Meeting, Zoom 5:30 pm, YOGA, FH POSTPONED</p>	<p>7 9:30 am Bone Builders POSTPONED</p> <p>10:00 to 11:00 am, 2nd Harvest Food Dist</p>	<p>8</p> <p>Dumpster Pick Up</p>	<p>9</p>
<p>10 BAPTISM OF THE LORD 10:00 am On-line Worship/Birthday</p> <p>3:00 -5:00 pm Confirmation Class, Zoom</p>	<p>11 9:30 am Bone Builders POSTPONED</p>	<p>12 9:00 am, SVFC, FH POSTPONED</p> <p>2:00 pm Knitting Klub POSTPONED</p>	<p>13 8:30 am Men's Coffee, FH POSTPONED</p> <p>5:30 pm, YOGA, FH POSTPONED</p>	<p>14 9:30 am Bone Builders POSTPONED</p>	<p>15</p>	<p>16</p>
<p>17 10:00 am On-line Worship/Praise</p> <p>3:00 -5:00 pm Confirmation Class, Zoom</p>	<p>18 9:30 am Bone Builders POSTPONED</p> <p>9:30 am Green Door Book Club POSTPONED</p>	<p>19 9:00 am, SVFC, FH POSTPONED</p> <p>1:00 pm Love/Hope Circle POSTPONED</p> <p>6:30 pm Ad Council, Zoom</p>	<p>20 8:30 am Men's Coffee, FH POSTPONED</p> <p>5:30 pm, YOGA, FH POSTPONED</p>	<p>21 9:30 am Bone Builders POSTPONED</p> <p>1:00 pm Faith Circle POSTPONED</p> <p>MESSENGER DEADLINE</p>	<p>22</p> <p>Dumpster Pick Up</p>	<p>23</p> <p>9:00-10:30 am Free Community Drive-Through Breakfast, Our Savior's Lutheran</p>
<p>24 10:00 am On-line Worship</p> <hr/> <p>31 UMW SUNDAY 10:00 am On-line Worship</p> <p>3:00 -5:00 pm Confirmation Class, Zoom</p>	<p>25 9:30 am Bone Builders POSTPONED</p>	<p>26 9:00 am, SVFC, FH POSTPONED</p> <p>2:00 pm Knitting Klub POSTPONED</p>	<p>27 8:30 am Men's Coffee, FH POSTPONED</p> <p>5:30 pm, YOGA, FH POSTPONED</p>	<p>28 9:30 am Bone Builders POSTPONED</p> <p>MESSENGER EMAILS/MAILS</p>	<p>29</p>	<p>30</p>

Kid's Corner

ALL ABOUT ME!

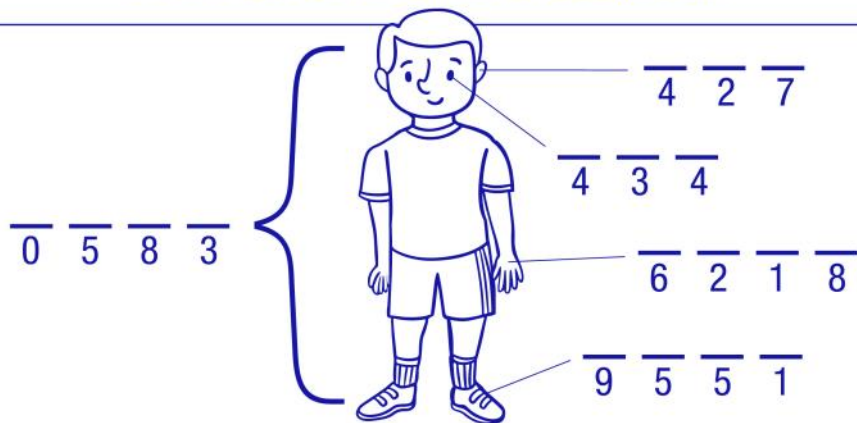
My name is Logan Peterson. I came into this world in a place called Duluth, on the 12th day of the month, October, in the year 2008. They thought about naming me Logan. If I could choose my own



WORKING IN UNISON

Just as body parts work in unison, the church – the body of Christ – is to work together for God's purposes.

Directions: Fill in the letters for each body part. Add up each part's number total, and use those totals to complete the Bible passage.



Now if the 20 should say, "Because I am not a 17, I do not belong to the 16," ... And if the 13 should say, "Because I am not an 11, I do not belong to the 16," it would not for that reason stop being part of the 16. If the whole 16 were an 11, where would the sense of hearing be? If the whole 16 were an 13, where would the sense of smell be? ... As it is, there are many parts, but one 16.

1 CORINTHIANS 12:15-17, 20, NIV



name, it would be Billy Bob Joe.

In my family, I have one brother and two furry sisters. My favorite thing to do is play knee hockey or real hockey. My favorite thing to eat is burgers. I don't like it when we fight.

My home is a building made of wood. It's located in the city of Proctor. At my home, when I look out the window, I can see a house and a road. My favorite thing to do all by myself at home is play Xbox.

Apart for a Time,



Together in Spirit

Answer: body = 16, eye = 11, ear = 13, hand = 13, foot = 20

UMW Meetings

- UMW board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UMW Board will meet via Zoom on January 6 at 9:30 am.** A link will be sent prior to the meeting.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. **Love/Hope Circle meetings have been postponed until further notice.**
- Faith Circle meets at 1:00 pm in the Wesley Room on the 3rd Thursday of each month. **Faith Circle meetings have been postponed until further notice.**
- Knitting Klub members meet at 2:00 pm in the Wesley Room on the 2nd and 4th Tuesdays of the month. **Meetings are postponed until further notice.**
- Green Door Book Club members meet at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Book Club has postponed meetings until further notice.**

“Mini” Pantry Items Available

Several items from our “Mini” Pantry are still available and set up boutique-style in the Green Room at Asbury (please see pictures on page 8 of the December 2020 Messenger. If you wish to purchase pickles, jams, relish, bread in a jar or a handmade craft item, please call Pat Anscorb at 624-4554, Bev LeClair at 628-2680 or Cathy Sampson at 349-5307.

Asbury News

Confirmation Corner

Please continue to keep our confirmands Ryder, Nolan, Nathan, Ale, and Allison in your prayers. We continue to learn ways to build relationship with God, and we will be studying our history and heritage this month. If you would like to write a note of encouragement, please send it to the church. Thank you for your prayers and support!



UMW Awards for 2020

The following persons will receive the following awards on UMW Sunday, January 31, 2020, to honor all they have done in 2020. All awards have a monetary gift made to Missions in their names.



The **Special Recognition Award** is being presented to Shirley Brandt. Not only UMW, but our congregation and committees could not do what all has to be done without her support.

Gift to Mission for all they have contributed this year go to the support team that has made our virtual church services available to our congregation and community: Michael Cornell, Ben Nylund, Phyllis Kruell, Debbie

Merrick, and Kim Herrig.

Gift in Memory for those we have lost: Florence Brosdahl, Mable Ridgewell, Louise Taraldson, Darlene Rowan, and Karen Holm.

We are looking forward to celebrating these persons on UMW Sunday. Pastor Katherine will preach on “What Is In God’s Pantry?”

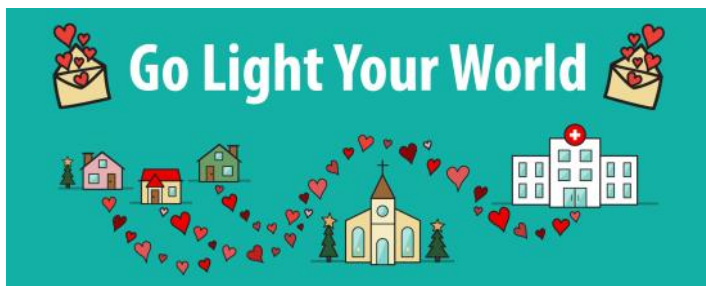
A Note From the Tech Team

Providing services on line has been and continues to be an adventure! Each week it seems a new obstacle or challenge emerges. We appreciate your feedback and your patience and grace for us as we do our best to bring you a meaningful service. Thank you for your support and encouragement!

TREASURER'S REPORT: 11/30/20

GENERAL FUND:	
Beginning Cash Balance, 10/31/20	<\$ 16,421.94>
Deposits	\$ 13,723.66
Total to Account for	\$ 30,145.60
Checks Written	<\$ 19,546.37>
Balance on Hand, 11/30/20	\$ 10,599.23
Unpaid Bills through 11/30/20 (includes apportionments)	<\$ 6,749.00>
Net Ending Balance at 11/30/20	\$ 3,850.23

Asbury News



Go Light Your World Campaign

The Minnesota United Methodist Conference is inviting all United Methodist Churches across our state to show their appreciation for health care workers by sending cards to local hospitals thanking their workers.

They have provided a link to a simple card that can be printed off your computer. (The link and instructions are at the end of this article.) We will collect the cards at Asbury and then send them as a group to St Luke's and St Mary's hospitals.

The following is an abridged version of the message from the UMC Conference office. For a full version of the message at the Conference site go to: <https://www.minnesotaumc.org/golightyourworld>

It has been an exhausting nine months. Many expect that these next few weeks may be the worst of the pandemic. Our ICUs are full. Hospital staff have been working double shifts; many have been exposed to the virus, become sick, and returned to work. We need them. Our lives depend on it.

The seasons of Advent and Christmas have always been connected to light. We put lights on our houses and trees to shine in the darkness. We sing about stars that light our way.

We proclaim: "In him was life, and that life was the light of all humankind. The light shines in the darkness and the darkness has not overcome it" (*John 1:4-5*).

We invite you to be a part of a campaign to **Go Light Your World**. Not only do we want to light candles in our own homes, but we want to bring the light of hope, peace, joy, and love to our communities and the world by offering encouragement to health care workers in these challenging weeks and months.

Send Cards to Health Care Workers

We would love for every United Methodist Church in our state to adopt a hospital or clinic. Send them cards thanking them for their service. We created a 8.5 x 11-inch template for thank you cards that you can use. The cards are 3.5 x 5 inches when printed, cut, and folded.



2020 Christmas Poinsettias

In Memory of
My husband "Mike"
In Celebration of
My Family
Jan Akervik

In Memory of
Ron & Alpie Carlson
Frank & Clara Faue
In Honor of
Our Parents
In Celebration of
R & A's anniversary
(Christmas Eve)
James & Phyllis Faue

In Memory of
My husband, Charles &
My Dad, Roy Stromgren
Karen Gokey

In Celebration of
Louise Anderson
who turned 91 this year.
Steve & Barb Kokotovich

In Memory of
Our Loved Ones
*Bonnie Schroeder-Palmi
& Duane Palmi*

In Memory of
Loved Ones
In Honor of
Health Care Workers
In Celebration of
Family
Joyce Park

In Memory of
My husband,
Kermit Peterson
My son, Geoffrey Peterson
Ardelle Peterson

In Celebration of
Jesus' Birth
Cathy & Larry Sampson

In Memory of
Fedo, Simmons &
Soder Families
In Honor of
Service Men:
Rick Peterson
Jon Laney
Nick Soder
Susan Soder

In Celebration of
Theodore Tollefson
Maren Stromgren
Lois Stromgren

In Memory of
Our Parents
In Celebration of
Lisa Greene's Life
Gary & Sandy Winklesky



Instructions and Link

Download and print the cards, write personal notes on them, and either drop them off at, or mail them to, Asbury UMC at 6822 Grand Ave, POB 7135, Duluth, MN 55807. The card template is at: <https://mnumc-email.brtapp.com/files/health+care+cards-generic.pdf>

You can write as many cards as you wish. **We would like to collect all of Asbury's cards by January 6.** They will then be sent to the two hospitals. We hope you will consider participating.

Thank you, Asbury UMC Outreach Team

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Pastor:..... Katherine Cornell
Administrative Asst.: Shirley Brandt
Music Coordinator/Organist: Phyllis Kruell
Children's Music:..... Ruby Slennes
Praise Team Leaders..... varies
Custodian: Dan Mokros
Ad Council Chair: .. Bonnie Schroeder-Palmi
Treasurer: Pat Anscorb
Lay Leader: Steve Kokotovich
Trustees: Nancy Wagner
..... Tom Houle, Dale Thorpe
UMW President..... Jan Akervik
SPRC Chair Cathy Sampson
Worship Chair Donna Mickelson
Christian Education: Cheryl Parendo
Christian Education: Sandy Winklesky

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: January 21 for February 2021 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above.
Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.
***Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.***



Asbury's Mission Statement

*Asbury United Methodist is a caring, Christian community which welcomes all persons as God's children.
We will strive to grow in spirit and seek God's vision of hope, love and peace in the community and world.*