



Asbury

UNITED METHODIST CHURCH
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135
Duluth, MN 55807
218-624-0061

The Reverend Katherine Cornell

**In-Church & Online
Sunday Worship 10:00 am**
asburyduluth.org/about-us/worship/

Office Hours
Monday-Thursday: 10:00 am to 3:30 pm
Closed Friday

Messenger

The Season of LENT

Lent is a season of 40 days (and six Sundays) beginning on Ash Wednesday and ending on Holy Saturday. It is a time of self examination, reflection and preparation for the coming of Easter. A time to focus on our relationship with God. The use of ashes at our **February 22, Ash Wednesday service at 6:30 pm** is a sign of our mortality and repentance. Pastor Katherine's Lenten sermon series will focus on conversations that Jesus had with several people. The series is based on the book "The Six Conversations: Pathways to Connecting in an Age of Isolation and Incivility."

Feb. 22 "Lent: A Holy Conversation"
Ash Wednesday, 6:30 pm.

Feb 26 "Evil Talk"
(What is a loving conversation?)
1st Sunday in Lent

March 5 "Our Current Climate"
(We need another way.)
2nd Sunday in Lent/Communion

March 12 "Fresh Conversation, Part 1"
3rd Sunday in Lent/Birthday

March 19 "Fresh Conversation, Part 2"
4th Sunday in Lent/Praise

March 26 "A Daily Practice, Part 1"
5th Sunday in Lent

April 2 "A Daily Practice, Part 2"
Palm/Passion Sunday/Communion

April 6 Maundy Thursday, 6:30 pm

April 7 Good Friday Ecumenial Service,
United Protestant Church, 6:00 pm
(5:30 pm for choir)

**April 9
"The Greatest
Conversation"**

EASTER SUNDAY



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A Penny For Your Thoughts

Building Connections

In these long winter months before the weather warms and the snow melts, I am tempted to retreat into my room and curl up with a good book or perhaps drown myself in leftover Christmas Hallmark movies. However, in the true spirit of the rugged Northland, I am reminded getting out and about and building relationships and community is a healthier practice.

This month we have several opportunities for getting out, meeting new people and delving into the mission and ministry of Asbury UMC. We exist to serve, grow, build and bless our congregation, the community and the world. We begin with pasty sales and Scouting Sunday at the beginning of the month.

We then are invited to join with other West Duluth churches and the Riverfront Community in the Winter Out West event on February 11. Join us to experience the wonders of West Duluth in the wintertime (and make sure you sign up to help pass out s'mores!). A sign-up sheet is on the table in the Narthex.

Finally, we conclude our month with the beginning of the Lenten Study on "The Six Conversations" by Dr. Heather Holleman. During Lent we will be looking at conversations that Jesus had with those around him and studying how conversations help us have better connections with one another.

Dr. Holleman invites us to "imagine better



conversations and introduces the Four Mindsets of a loving Conversation, along with all the best practices for enjoying great conversations."

No matter if you feel like you are an expert with connecting with others, or would like to gain some experience, we are called to build connection. So join us as we explore and learn, stretch our comfort places, meet new people and grow in our ways of interacting in the world!

Even in the cold and snowy days of winter, Asbury UMC is a wonderful place of warmth and light! I look forward to seeing you along the way!

Blessings and Peace,
Katherine

Pastoral Care: Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at kcornell@wnccumc.net.

Asbury News



Thank You!

Dear Asbury Advent Tea Ladies:

Thank you for the gift card. I turned it over to the Salvation Army for the Toys for Tots Christmas Drive. — Terry Olson

Dear Asbury UMC:

Thank you for the generous gift to the Damiano Center. Your support is crucial to serving the most vulnerable in our community. Each day, hundreds of people visit the Damiano Center seeking to have their most basic needs met. Thanks to your generosity the Center can offer nutritious meals to the hungry; a safe space for children; free apparel, hygiene items, a hot shower; connections to community resources for our neighbors in need and a safe, accepting and dignified space for those who struggle. — Jennifer Eaton, The Damiano Center

Dear Pastor Katherine and Asbury UMC:

Thank you so much for having our Duluth MS Support Group meet at your church. We are very thankful and grateful for your open arms. — Pam Baker

Dear Pastor Katherine and Asbury UMC:

As one of our most valued supporters we want to thank you for your volunteer support of our food distribution program and your financial help. Your contributions ensure children in our Backpack Program receive nutritious weekend meals, families at our Food Shelf and Mobile Food Pantry Programs have enough food for every meal and seniors receiving our monthly food boxes don't have to choose between medicine or food.

— Shaye Moris, Executive Director, Second Harvest Northern Lakes Food Bank

Our February Outreach/ Communion Offering collection is for the Community Breakfast at Our Saviors Lutheran Church

Attendance . . .

Jan. 1	42 In-church/35 views
Jan. 8	48 In-church/35 views
Jan. 15	55 In-church/32 views
Jan. 22	52 In-church/24 views
Jan. 29	59 In-church/37 views

Scripture Readers . . .

February 5	Paul Cornell
February 12	Candy Kokotovich
February 19	Sue Soder
February 26	Dave Stromgren



Lenten Study Starts February 23

Have you ever wanted to strengthen the relationships in your life? Have you wondered how to connect with your friend, colleague, or child? Have you wished you knew the right question to ask or thing to say?

This Lent we will read and discuss the book "The Six Conversations: Pathways To Connecting In An Age of Isolation and Incivility" by Heather Holleman. As Christians, we are people of connection and relationship. Our study will help us to connect people in loving community.

Pastor Katherine will also use the theme of this study for her sermon series for Lent. Each Sunday will focus on conversations Jesus had with several people and provide information on how we can build community and connection through our own conversations.

Participants will meet Thursdays at 11:00 am in the Wesley Room beginning February 23 and ending on April 6. Books will cost \$16 (scholarships available).

A sign-up sheet will be in the Narthex on February 5. **Please sign up by February 12.**



- 2 Scott Tollefson
- 4 Jeanne Rychlak
- 5 Dick Holm
- 6 Peter Downs
Joyce Park
- 7 Melissa Finnelly
Harmony Garafalo
- 11 Craig Vanneste
- 18 Dan Mokros
- 19 Carol Cherne
Kim Herring
Kendall Lepisto
Kathy Levinski
- 22 Clark Bennett
- 24 Andrea Mattila
- 25 Jennifer Nylund
- 28 Christopher DeSantell
Kayla Skorich

*Not included?
Please contact the church office at 624-0061.*

LEGACY

INVESTING IN THE FUTURE

Share your love for your church with future generations. Leave a legacy gift to Asbury UMC.

SAVE THE DATE
Saturday, April 29th
to learn more!

Asbury News

Pasty Making Time — Feb. 2-4

February 2, 3 and 4 will be pasty making time. Your help is needed for this huge project.

We peel veggies and make dough on Thursday, February 2. Many hands are needed so please come join the fun.

On February 3-4 the crew will roll out crusts, fill crusts, crimp, bake, cook and package.

We also need a clean-up team—not hard but necessary! Please see schedule below for times to help!

Pasty Sale Work Schedule

Thursday, February 2

8:00 am Mix crust.

9:30 am Men and women peel veggies.

Friday, February 3

7:00 am — 2:00 pm

Prep and baking of pasties.

NOON At least 4 people for clean up.

Saturday, February 4

7:00 am — NOON Pasty baking.

NOON Six people needed for clean up.
8 or more would be terrific!

**Come when you can and stay
for as long as you can!**

Pasty Pick Up Times:

Friday, Feb. 3 from 11:00 am to 1:00 pm

Saturday, Feb. 4 from 10:00 to NOON

*(Workers, please pick up your
pasties on Saturday.)*

All pasty orders need to be picked up by
NOON on February 4.

LEGACY

INVESTING IN THE FUTURE

Preparing an estate plan is good
Christian stewardship — saying thanks
to God, expressing your love and
concern for family and showing
charity toward others.

SAVE THE DATE
Saturday, April 29th
to learn more!

Mitten Tree Drive Report

Thank you to everyone who contributed to our mitten tree drive. All of the items were divided and delivered to MacArthur, Piedmont and Stowe Elementary Schools, where they were greatly received. Your generosity and thoughtfulness in making and purchasing these much-needed items for our area school children is very appreciated. Also, mid-winter is the perfect time to buy winter items on sale. It's never too early to start collecting warm accessories for next year. Thank you again for your kindness.

Christian Education Team News

Thank you everyone that took part in the Christmas Program! Without the cooperation of the congregation, Asbury would not have a Christmas program. The Cross in the Tree was a different program reminding us that Jesus was born for a reason and saved us by going to the cross for us.

Our Sunday school children have identified stories they want to learn more about so we will be doing just that starting with Jonah and “the big fish”. We encourage all parents/grandparents to bring their children to Asbury UMC on Sunday to take part in these lessons.

The Christian Education Team would like more people to join as the Team is down to just four people. You do not have to be a teacher or even teach any classes. Any skills and different interests would be welcome. If you are interested, please reach out to Sandy Winklesky, Candy or Amy Kokotovich, Pastor Katherine or Alice Brenny with any questions.

Pastor Katherine and the Christian Education team encourage all children and youth to attend camp this summer. Many opportunities will be available, and it would be fun if Asbury UMC children attend the same camp (not necessary but fun). Scholarships are available to help with camp costs. More information will be in upcoming announcements and Messengers.

Why Ashes On Ash Wednesday?

Ash Wednesday, the first day of Lent, falls on February 22 this year. During worship services ashes (often made by burning branches from the previous Palm Sunday) will be used to make a cross on the forehead. Why ashes?

Traditionally, they're a sign of mourning, humiliation and penitence. Ashes also represent the frailty and temporary nature of human life (“You are dust, and to dust you shall return,” Genesis 3:19). Christians are pained because their sins led to Jesus' death. With repentant hearts, they begin the season of Lent, knowing that it leads to Jesus' resurrection on Easter Sunday.

For Ash Wednesday, throughout the 40 days of Lent, on Easter Sunday and each day, take time to pause for prayer. Please pray that God's Spirit will guide and direct us and pray for those who come to Asbury's worship service (either in person or online) that they be encouraged and blessed in their journey with God.



Asbury News



Church-School Partnership Update

Asbury's Church-School Partnership Program is taking the steps to be able to volunteer at Laura MacArthur Elementary School.

This program brings schools and churches together to strengthen relationships between church families and communities.

The Christian Education Team's first opportunity will be to provide a small meal for staff and teachers during Laura MacArthur's school conferences on February 7 and/or February 9. The Team plans to serve soup/sandwiches on February 9.

Other opportunities to volunteer are to read to students or help students with handwriting, crafts and parties.

The Team also has the opportunity to help organize supplies; lost and found and much more.

Please see Pastor Katherine or Alice Brenny for more information the Church-School Partnership Program or if you are interested in volunteering.

LEGACY

INVESTING IN THE FUTURE

A simple way to make a gift to the Church from your estate is to name Asbury UMC as a beneficiary on your traditional IRA or retirement plan. Contact your plan administrator to find out how.

SAVE THE DATE
Saturday, April 29th
to learn more!

2023 Winter Out West

Five West Duluth churches will be participating in a new event hosted by the Riverfront Community Development Group and many other sponsors.

Asbury UMC, Elim Lutheran Church, Norton Park UMC, Our Savior's Lutheran Church and United Protestant Church will participate in 2023 Winter Out West which is scheduled for Saturday, February 11 and Sunday, February 12 at Memorial Park and Spirit Mountain.

Church volunteers will be helping with a variety of activities from noon to 4:00 pm on Saturday, February 11 in Memorial Park. A sign-up sheet is in the Narthex.

Winter Out West scheduled events include:

- Saturday, February 11**
- 10 am FREE movie "Happy Feet" at the West Theater.
 - 12-4 pm Outdoor Activities at Memorial Park (*cross country skiing, snowshoeing, fat tire biking, snow sculpting, broomball, curling, volleyball, bean bag tournament*), bonfire, hot dogs and s'mores. There will also be ice skating, snowshoeing and cross-country skiing at Spirit Mountain's Grand Ave entrance.
 - 5-8 pm Community Open Mic at Wussow's Café (Songs and stories of the St. Louis River).
- Sunday, February 12**
- 11:30-noon FREE children's book reading — "Lily Leads the Way" at Zenith Bookstore.
 - 12:30-1:30 pm Winter Walk along the water with the St. Louis River Alliance. FREE shuttle transport between Zenith Bookstore and the Waabizheshikana Trail at 1002 S. 72nd Ave., W. Duluth. FREE hot chocolate and coffee.

Come out and join the fun!
"God loves you s'more!"



Asbury News



Join the Prayer Chain!

Asbury's Prayer Chain is a way to communicate urgent prayer requests to our members and friends. We know that prayer is powerful, so we want to be able to lift up people in prayer as needs arise. We are currently seeking additional team leaders/members. Here is how you can help:

- Join as a team leader who contacts other Prayer Chain team members with any urgent prayer requests to activate the Prayer Chain.
- Join as a team member who prays when contacted by a team leader. Team leaders also pray.

If you are interested, please call Gary Winklesky, our Prayer Chain facilitator, to let him know you would like to be added as a team leader, team member or both.

How the Prayer Chain Works

If you or a family member would like to request prayers, contact Gary, 218-390-6384 or call/email the church office at 218-624-0061 asburyumcduluth@hotmail.com.

If you are requesting prayers for someone other than yourself or a family member, ***please ask permission to share the information*** especially if you are using a person's name in the prayer request. **It is important that "Prayer Requests" remain confidential within our church congregation.**

LEGACY

INVESTING IN THE FUTURE

Giving to your Church through your will or trust is a great way to share life-changing ministry with future generations. Remember to include Asbury UMC in your giving plan.

SAVE THE DATE
Saturday, April 29th
to learn more!

Searching For Ushers

We are in need of more ushers for our Sunday Worship services. Please contact Susan Soder on Sunday mornings if you would be interested in volunteering.



Food • Shelter • Dignity • Hope

CHUM Food Shelf Items Most Needed

Earlier last year CHUM's food shelves were close to completely empty. In December, 50,000 pounds of food was received which served almost 1,000 individuals (600 families) during the holiday season, typically a very hard time for a lot of people.

As CHUM moves into 2023, they are seeing the need for food grow in Duluth. In 2022, the need was higher than that of previous years and this trend is expected to continue. Here is a list of CHUM's most needed items. Asbury UMC has a shopping cart at the back of the church to gather items if you would like to help.

- Canned fruits such as pears, fruit cocktail, pineapple, mandarin oranges
- Cold cereal
- Pasta Sides
- Rice-a-Roni
- Ramen
- Spam
- Spaghettios
- Canned tuna
- Canned beef stew
- Canned chili
- Canned pork and beans
- Peanut butter
- Canned Chunky soups
- Chicken noodle soup, cream of mushroom soup

HAPPY VALENTINE'S DAY



Asbury News

Ad Council Meeting Minutes — 1-17-23

Opening

Sandy Winklesky, Ad. Council Chairperson, called the meeting to order at 6:30 p.m. The council met in the Wesley Room and also on Zoom. Pastor Katherine led us in prayer.

Secretary's Report:

Minutes of the November 15, 2022, Administrative Council were reviewed. Pat Anscomb made a motion to accept the minutes as read. The motion was seconded and unanimously approved.
M – Pat Anscomb, S – Larry Scanlon

Lay Leader's Report – no report

Treasurer's Report – Pat Anscomb and Larry Scanlon

The December monthly summary was given. Balance on Hand, 12/31/2022 is \$757.59.

As of 12/31/2022 we have paid 45% of our 2022 Conference Apportionments with a balance due of \$10,511.82.

Jan Akervik made a motion to accept the Treasurer's Report. The motion was seconded and unanimously approved.

M – Jan Akervik, S – Larry Scanlon

Larry Scanlon reported that the operating budget has increased, mainly due to increased utilities. Fortunately, our giving has increased which will help offset the deficit. However, in order to have a balanced budget, we will need to sell \$4000 of our assets. Jan Akervik made a motion to sell \$4000 of our assets. The motion was carried and unanimously approved by the members who were present. M – Jan Akervik, S – Pat Anscomb. Because we did not have a quorum, we will seek approval from absent members electronically.

Staff Parish Relations Committee – no report

Trustee's Report – no report

United Women of Faith – Jan Akervik

At the last UWF board meeting, the members discussed the very successful Fall Pantry and decided where the profits from the Pantry would be designated.

The 2023 UWF budget was discussed and increased.

The 2023 UWF calendar was approved.

UWF will pay for the stove fan repair.

There will be no "Soup"er Bowl Sunday again this year. For those who wish to donate a free-will offering, their donation will be applied to the March matching funds Asbury donation for the Food Shelf. January 29th is UWF Sunday.

Outreach and Missions Team – no report

Education Team – Sandy Winklesky

There will be a meeting tomorrow at 6:00 p.m.

Worship Team –

The Committee will meet on January 31st.

Nurture/Congregational Care Team – Sandy Winklesky

Visitation Committee – There will be an 80 Plus luncheon on August 8th.

Scholarship Committee – no report

Membership Committee - The pictorial directory is complete and available.

Pastor's Report – Katherine Cornell

Pastor Katherine will not be here on Sunday, January 22nd.

There is a Winter Out West celebration on February 11th. Our church will be helping with s'mores and hotdogs at Memorial Park.

A date will be set for the Leadership Retreat.

The Ash Wednesday Service is February 22nd.

The Lenten Bible Study will be on Heather Holleman's book, *The Six Conversations*.

On April 7th, we will be participating in the 6:00 p.m. West Duluth Good Friday service at the United Protestant Church in Morgan Park. There is a 5:30 p.m. music rehearsal for those who wish to sing in the choir.

Boy Scout Sunday is on February 5th.

The Communications Team will meet at 1:00 p.m. on January 26th.

Old Business - none

New Business – none

Closing

The next Ad. Council meeting will be on Tuesday, February 21, 2023 at 6:30 p.m.

Pat Anscomb made a motion to adjourn the meeting. The motion was seconded and unanimously approved.

M – Pat Anscomb, S – Larry Scanlon

The meeting was adjourned at 7:24 p.m.

Respectfully Submitted,

Patricia Bennett, Recording Secretary

LEGACY

INVESTING IN THE FUTURE

Life insurance can offer an easy way to remember the Church in your estate plans. Consider naming Asbury UMC as a beneficiary of any insurance policy.

SAVE THE DATE
Saturday, April 29th
to learn more!

TREASURER'S REPORT:	
12/31/22	
GENERAL FUND:	
Balance on Hand, 11/30/22	<\$ 92.00>
Deposits	\$ 22,743.74
Total to Account for	\$ 22,651.74
Checks Written	<\$21,894.15>
Balance on Hand, 12/31/22	\$ 757.59
Unpaid Bills through 12/31/22 (includes apportionments)	<\$10,511.82>
Net Ending Balance at 12/31/22	<\$ 9,754.23>



Photo by Karen Gokey.

UWF award winners from L to R: Lois Stromgren, Charles Crumb and Barbara Downs.

UWF Sunday — January 29

UWF Sunday was held on January 29. This year UWF honored Charles Crumb with the Special Mission Recognition Award and for the first-time ever Lifetime Service Awards were given to Lois Stromgren and Barbara Downs. The UWF decided that when you have two women celebrating 90 plus years who have worked, raised families and

been active in their communities and Asbury UMC for all of these years, the UWF needed to recognize lives well lived.

Lois Stromgren and Barbara Downs came to Asbury UMC in 1992 when the Asbury Methodist Episcopal Church, Central Avenue Methodist Church and Bethany Methodist Church merged.

While at Central Avenue Methodist Church both ladies taught third grade Sunday school together. They have been active in the UWF for over 30 years and have served on it's board for many years. Lois is credited with being the chair of the funeral receptions for many years and was the UWF's treasurer for over 25 years. She also is responsible for bringing the donut recipe and sale to Asbury. Barb served as UWF secretary for many years and then handled the group's correspondence for many years.

Lois and Barb are still active in all of Asbury's projects and activities. At 90 plus, they still participate in rolling donuts, apple pie and pasty crusts. They are lovingly referred to as the "Holy Rollers." Both have been mentors and role models for many individuals at Asbury UMC.

Charles Salvatore (named after his grandfather) Crumb received UWF's Special Mission Recognition Award. Charles is a busy man around Asbury. He is a member of the Garden Team putting long hours into beautifying the church's gardens and grounds. He quickly learned how to shrink wrap and helps out wrapping pasties and apple pies. You will also see him frying donuts. Charles heeds the advice of his maternal Italian grandmother to "helpa you' mother" wherever he can. Thus, he was there to help when there was a major leak in the church's back storage room, helps hang decorations for the Fall Pantry and Hanging of the Green, played a shepherd in the Christmas Program and is a member of the Asbury Singers and the Men's Coffee Group pitching in with other chores around the church.

Charles joined Asbury UMC in the spring of 2021 after retiring from a 30-year bookkeeping career in Washington, DC. His particular specialty was in bookkeeping for small non-profits and public interest concerns that were predominately women operated and/or owned. He has professed that his primary concern in life is about spiritual growth which was partly initiated through maturing via the AA 12-step recovery program, two years of psychotherapy and a long-time relationship with his partner, Michael. For over 20 years they have remained together discovering the meaning of life.

Gifts in Memory for UWF members lost were for Cheryl Parendo, Anna Guldner and Pat Ballantine.

Monetary gifts to Mission have been made in all the above names.

LEGACY

INVESTING IN THE FUTURE

Giving a legacy to your church is a means of ensuring that your past can become part of the future of Asbury's life, through mission and ministry to all God's people.

SAVE THE DATE
Saturday, April 29th
to learn more!

No Soup on February 12

Faith Circle will not be hosting the "Soup"er Bowl Luncheon this year. We encourage everybody who would have attended to make a free-will offering for the Food Shelf which will go towards matching funds for the Minnesota FoodShare March Campaign. More information on the campaign will be provided by the Outreach Team for the March Messenger. Asbury UMC has given a substantial donation towards the matching funds campaign each year. Please mark your check "Soup"er Bowl Fund and place it in the offering plate or in the church office. Thank you for your support!



UWF Reading Program 2023 Books

The UWF Reading Program has recently added the following 2023 books to their library:

Education for Mission

The Book Women of Troublesome Creek

by Kim Michele Richardson

How Far Do You Love Me? By Lulu Delacre

“I Am A Man”: Chief Standing Bear’s Journey for Justice

by Joe Starita

Pachinko by Min Jin Lee

Susan Angelina Collins: With a Hallelujah Heart

by Janis Bennington Van Buren

Leadership Development

All We Can Save: Truth, Courage and Solutions

for the Climate Crisis by Ayana Elizabeth Johnson

Change Sings: A Children’s Anthem by Amanda Gorman

Ida B. the Queen: The Extraordinary Life and

Legacy of Ida B. Wells by Michelle Duster

Nurturing for Community

The Barber’s Cutting Edge by Gwendolyn Battle-Lavert

Eyes That Kiss in the Corners by Joanna Ho

Firekeeper’s Daughter by Angeline Boulley

Magic Like That by Samara Cole Doyon

Stay This Way Forever by Linsey Davis

World of Wonders: In Praise of Fireflies,

Whale Sharks, and Other Astonishments

by Aimee Nezhukumatathil

Social Action

Cousins: Connected Through Slavery,

A Black Woman and a White Woman Discover

Their Past – And Each Other

by Betty Kilby Baldwin and Phoebe Kilby

The Four Winds by Kristin Hannah

The New American by Micheline Aharonian Marcom

Nibi’s Water Song by Sunshine Tenasco

Spiritual Growth

Freedom, We Sing by Amyra Leon

Isaiah and the Worry Pack: Learning to Trust God

With All Our Fears by Ruth Goring

Please feel free to check out these UMW Reading Library books located in the Wesley Room. We also encourage you to participate in the reading program by completing the reading log form available in the library. If you have questions about the UMW Reading Program please contact Patty Bennett.

UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UWF Board will meet in the Wesley Room on February 1.** Donna Mickelson will present devotions. Those on the Board, who are able, are encouraged to come early that day and help measure and get things out for the pasty sale. We will also go down to the Fellowship Hall after the meeting to get things organized for mixing dough and rolling crust on Thursday, February 2.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. **Love/Hope Circle will meet on February 21 at 1:00 pm in the Wesley Room.** Sue Baker will present devotions and Barb Rigstad will serve as hostess.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month. **Faith Circle will not meet in February as they will be working on the pasty sale.** If members have not turned in pledges to Patty Bennett yet, please do so during pasty sale times. Pledges may also be placed in the UWF mailbox or given to Jan Akervik.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. **The Knitting Klub will meet on February 13.**
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Green Door Book Group will meet on February 20 at 9:30 am in the Wesley Room.**
- **Bone Builders Plus meet on Tuesdays and Thursdays in the Fellowship Hall from 9:30 to 10:30 am.** They do not meet on holidays or if there is a special event at Asbury. Bone Builders Plus is a program to improve balance, muscle strength, bone density and increase energy. It helps to prevent falls and improve dexterity. Participants enjoy increased socialization. Call Mary Kay at 651-206-9874 or Jan at 218-626-1539 for more information.

Calendar

February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:30 am Men's Coffee, FH 9:30 am UMW Board Meeting, WR 5:30 pm, YOGA, FH 6:30 pm Praise Team Practice, WR	2 8:00 am Pasty Prep, FH 10:00 to 10:45 am, 2nd Harvest Food Dist	3 7:00 am Pasty Prep/ Bake, FH 11:00 am to 1:00 pm Pasty pickup Dumpster Pick Up	4 7:00 am Pasty Prep/ Bake, FH 10:00 am to NOON Pasty pickup
5 SCOUTING SUNDAY 9:00 am Asbury Singers 10:00 am/Communion Asbury Singers 10:15 am, Sunday School 11:00 am, Fellowship, FH	6	7 9:30 am Bone Builders, FH 10:00 am, SVFC, WR	8 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH 6:30 pm Praise Team Practice, WR	9 9:30 am Bone Builders, FH	10	11 Winter Out West Celebration (See page 5)
12 9:00 am Asbury Singers 10:00 am/Birthday 10:15 am, Children's Church 11:00 am, Fellowship, FH Winter Out West Celebration (See page 5)	13 2:00 pm Knitting Klub, WR	14 9:30 am Bone Builders, FH 10:00 am, SVFC, WR 1:00 pm Love/Hope Circle, WR 4:00 pm Trustees, WR	15 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH 6:30 pm Praise Team Practice, WR	16 9:30 am Bone Builders, FH	17 Dumpster Pick Up	18
19 TRANSFIGURATION SUNDAY 10:00 am/Praise 10:15 am, Sunday School 11:00 am, Fellowship, FH	20 9:30 am Green Door Book Group, FH MESSENGER DEADLINE	21 9:30 am Bone Builders, FH 10:00 am, SVFC, WR 6:30 pm Ad Council, FH & Zoom	22 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH 6:30 pm Ash Wednesday	23 9:30 am Bone Builders, FH 11:00 am Lenten Study, WR	24	25 9:00-10:30 am Free Community Breakfast, Our Savior's Lutheran
26 1st SUNDAY IN LENT 10:00 am Worship 10:15 am, Bible Bingo 11:00 am, Fellowship, FH	27	28 9:30 am Bone Builders, FH 10:00 am, SVFC, WR MESSENGER EMAILS/MAILS	Boy Scout Troop 16 meets on Sundays, 6:00 to 7:30 pm in the Fellowship Hall. Gentle Yoga meets on Wednesdays, 5:00 pm in the Fellowship Hall (unless other- wise specified). Call Cheryl Zupec at 218-343-4478 for more information. Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am Praise Team practice each Wednesday at 6:30 pm			

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Pastor:..... Katherine Cornell
Administrative Asst.:Shirley Brandt
Music Coordinator/Organist:Phyllis Kruell
Praise Team Leaders.....varies
Custodian:Dan Mokros
Ad Council Chair:Sandy Winklesky
Treasurer:Pat Anscomb
Finance Judi VanDell
Lay Leader/Outreach: Steve Kokotovich
Trustees:Nancy Wagner, Terry Olson
UMW President.....Jan Akervik
SPRC Chair Barb Kokotovich
Worship ChairDonna Mickelson
Christian Ed.: Alice Brenny/Sandy Winklesky
Scholarship Shelly Vanneste
Membership Candy Kokotovich
Visitation Karen Gokey

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EDITORS: The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: February 21 for March 2023 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above.
Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.
*Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.*



Asbury's Vision & Mission Statement

Vision: At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.

Mission: Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.