



Asbury

UNITED METHODIST CHURCH
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135
Duluth, MN 55807
218-624-0061

The Reverend Katherine Cornell

In-Church & Online
Sunday Worship 10:00 am
asburyduluth.org/about-us/worship/

Office Hours
Monday-Thursday: 10:00 am to 3:30 pm
Closed Friday



INDEPENDENCE DAY

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Messenger

Summertime Wednesday Worship Service — 6:30 pm

Join us for our Summer Worship Series in June, July and August. Our theme this year is "For the Birds."

Our June 21 worship was entitled Prepping the Feeders. For our July 19 worship entitled "The Feast" we will also be holding a Blessing of the Animals service. Bring your well-behaved pet or a picture of your pet(s) and we will offer blessings for them. Well-behaved pets of all kinds are welcome! There will be a short liturgy service followed by laying on of hands for blessings and prayers, and then some yummy ice cream treats. Please join us Wednesday July 19 at 6:30 pm on the lawn in the lower lot of the church. If it is raining, we will find shelter in the garage.



ASBURY UMC HOSTING NATIONAL NIGHT OUT PICNIC

Tuesday, August 1
5:00 to 6:30 pm

Enjoy:
Sloppy Joes, Baked Beans,
Beverages, and more . . .

Games for the kids.
Special Project:
Shower Kits for CHUM

Meet your neighbors and get
a renewed sense of community.



A Penny For Your Thoughts

Beginning Again!

It's time to check in and then begin again!

At the beginning of the Summer I set a goal for myself to be a little more active.

I decided to join my sons in their quest to run 300 miles during the Summer. I chose to join them on bike. So it's time to check in. I'm not as far as I'd like to be, but I have been more active each day so I call that a win.

How is your Summer or year going? Have you set some goals? Did you set resolutions at the beginning of the year?

One thing I love about our journey of faith is the invitation and ability to check in for accountability, recognize where we are, give ourselves grace for the road, and then begin again. If you aren't exactly where you want to be, take a deep breath, know that no matter what you are loved, and God invites you to keep on, joining God in God's work — beginning again.

So I invite you, here in the middle of the year, to take a glance back and see if you are on track for what you wanted to do this Summer or this year. Then, take a deep breath and name your next best step.

If you haven't set any goals, perhaps you could try something new? We will be having a Blessing of the Animals service on Wednesday, July 19 at 6:30 pm. Why don't you join us!

Or perhaps your goals are more service minded — join us on August 1 at our National Night Out picnic where we will pack shower kits for

Pastoral Care:

Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at kcornell@wnccumc.net.

Pastor's day off is on Friday and she works from home on Mondays.



CHUM. Whatever your goals, remember that you have a community of faith that wants to walk with you to achieve them.

Have a happy Summer and I look forward to our next update where we can celebrate, and then begin again.

Blessings and Peace,
Katherine

The Gift of Animals

When God made the animals and gave them to the first human being in the Garden of Eden, though they weren't *precisely* the companion Adam needed, not all was lost. According to Genesis 2, God gave Adam the privilege of naming them all, and when you name something or someone, you bond with that being in a special way. Ever since creation, humans and animals have been connected.

Trisha McCagh, a renowned animal communicator, writes: "Animals are the bridge between us and the beauty of all that is natural. They show us what's missing in our lives, and how to love ourselves more completely and unconditionally. They connect us back to who we are and to the purpose of why we're here."

I would say animals also show us how to love other people, nonhuman beings and the earth more completely and unconditionally. And they call our attention to God's creativity. Praise God for the gift of animals with whom we share this planet!

—Heidi Hyland Mann



Asbury News



Our July Outreach/
Communion Offering is for the
National Night Out Picnic

Thank You!

Dear Asbury UMC:

Thank you to everyone who wished me to get well while at Ecumen Rehab and at home! Thanks again for your thoughts and prayers! — Don DeMars

Dear Pastor Katherine and United Women of Faith:

Thank you for your contributions of diapers. Your gift has been designated for the **Steve O'Neil Apartments**. — Gracia Swensen, CHUM Development Director

Attendance . . .

May 28	46 In-church/41 views
June 4	58 In-church/34 views
June 11	46 In-church/71 views
June 18	60 In-church/26 views
June 25	58 In-church/28 views



Scripture Readers . . .

July 2	Jan Akervik
July 9	David Stromgren
July 16	Ruth Thorpe
July 23	Dale Thorpe
July 30	Sandy Winklesky



Upcoming Events at Asbury UMC

- July 19
Summer Worship
"The Feast"
Blessing of the Animals
- August 1
National Night Out Picnic
- August 10
80+ Luncheon
- August 16
Summer Worship
"Enjoying the Flock"
- September 15-16
Pasty Sale
- October 14
Fall Pantry
Donuts, Apple Pies,
Pasties, Cookies,
Bake Sale, Crafts
- October 24 Drive
Through Meatball Dinner

More information on these upcoming events is in this Messenger or will be in upcoming Messengers and Sunday Announcements.

Summer Events at First UMC

First United Methodist Church (the Coppertop Church), 230 E Skyline Parkway, Duluth, will be hosting two concerts this summer. Members and friends of Asbury UMC are most welcome to attend.

Big Wave Dave and the Ripples will be performing in FUMC's parking lot on Monday, July 17 at 6:30 pm. This block party summer celebration featuring Duluth's finest R&B/Soul/Funk band will be sure to get you dancing. Starting at 5:30 pm. "Room At the Table" food trucks will offer a select dinner menu and there will be fun activities for children to enjoy. The concert is free, but a free-will offering will be taken with proceeds supporting CHUM's 50th Anniversary Fund and the FUMC Summer Parking Lot Concert Series.

Strikepoint, Duluth's internationally acclaimed hand bell ensemble, will be performing in FUMC's Sanctuary on Monday, August 7 at 7:00 pm. This performance is the homecoming concert of the group's 2023 summer tour. Admission is free, but an \$18 donation is suggested.

Garden Tour and Continental Breakfast

Norton Park United Methodist Church, 436 North 79th Ave West, Duluth, will be hosting a self-guided garden tour from 9:00 am to 2:00 pm on Saturday, August 5.

A continental breakfast is available from 9:00 to 11:00 am with muffins, fruit, juice and coffee. Garden and craft items will be for sale and a Master Gardener will be on hand for any garden-related questions. Cost is \$10 at the door. No presale tickets. This is a rain or shine event!

Cal Kathy, 218-590-1964 for more information.



JULY BIRTHDAYS

- 4 Karen Gokey
- 5 Axel Tomaino
- 7 Bonnie Schroeder-Palmi
Gary Winklesky
- 11 Don DeMars
- 15 Leo Lambert
- 16 Piper Smisek
- 17 Dawn Parendo
- 20 Julie Hanson
Danyel Winklesky
- 22 Tara Robinson
- 24 Steve Hanson
- 25 Lisa Greene
- 26 Bryan Green
Eric Robinson
- 30 Stephanie Kujawa

*Not included?
Please contact the
church office at 624-0061.*

Asbury News



Grandma's Marathon Volunteers

Enjoy these pictures from Grandma's Marathon where Asbury UMC was represented both at the Michelina's All-You-Can-Eat Spaghetti Dinner on Friday, June 15 and at the water station by Fitgers on Saturday, June 16, the day of the marathon. Thank you to our hard-working volunteers in both places! It is wonderful for Asbury UMC to have such a strong presence in our community!

TOP PHOTO: Michelina's All-You-Can-Eat Spaghetti Dinner Volunteers. 1st shift volunteers front row from L to R: Sandy Peterson, Sue Soder, Judy Pearson, Cathy Sampson, Jan Akervik, Judy Hill, Pat Anscorb. Back row from L to R: Pastor Katherine Cornell, Steve & Barb Kokotovich, Bonnie Schroeder-Palmi & Duane Palmi, Steve Hill.

MIDDLE PHOTO: 2nd shift volunteers from L to R: Donna and Steve Mickelson, Charles Crumb, David Cornell, Pastor Katherine. Not pictured, Brian Cornell.

BOTTOM PHOTO: Grandma's Marathon Water Station Volunteers. 1st shift volunteers from L to R: Sandy & Gary Winklesky, Jim Anderson, Pat Anscorb, Terry Olson's neighbor Jill, Terry Olson. We were unable to get a photo of the 2nd shift volunteers by press time. They were Terry Olson and his neighbor Jill, Jim Anderson and friend Vicki, Sharon Osborn and Debbie Merrick.



Farewell to Dan Mokros!

Dan Mokros, Asbury UMC's custodian for over 29 years, is retiring on August 31 of this year. We would like to collect money for his retirement gift in appreciation for his many years of service.

If you would like to contribute, please place money or a check (written to Asbury UMC with "Dan Mokros" in the memo line) into an envelope and mail to the church office at 6822 Grand Ave, Duluth, MN 55807 or place in the offering plate. Thank you. — SPRC


80+ Luncheon — August 10

The 80+ Luncheon will be held on August 10 in Asbury's Fellowship Hall. Gathering time will start at 11:00 am. The delicious chicken salad lunch followed by strawberry shortcake (yummy!) is at 11:30 am. There will be communion in the Sanctuary after the lunch.

Invitations were mailed! Deadline to RSVP is Friday, July 19. Please call Karen Gokey, 218-464-2995 or the church office, 218-624-0061 to RSVP. If you have not attended the luncheon in the past and would like to, please let us know if you are, or will be, 80 by August 10 so we can send you an invitation. We look forward to hearing from you.

Calendar

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Boy Scout Troop 16 meets on Sundays, 6:00 to 7:30 pm in the Fellowship Hall. Scouts do not meet in June, July, August.</p> <p>Gentle Yoga meets on Wednesdays, 5:30 pm and Sundays, 6:00 to 7:00 pm in the Fellowship Hall (unless otherwise specified). Call Cheryl Zupec at 218-343-4478 for more information.</p> <p>Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am. They practice at 9:30 am on Sundays they sing. The Singers will be on break June, July & August.</p> <p>The Praise Team practices each Wednesday at 6:30 pm and on Praise Sunday at 9:15 am. The Praise Team will be on break in June and July.</p>				Pastor Katherine on vacation June 28—July 10		1
2 10:00 am, Worship/ Communion Rev. Cynthia Coffin-Langdon preaching 11:00 am, Fellowship, FH	3 8:30 am Garden Team, FH OFFICE CLOSED FOR JULY 4TH HOLIDAY	4  OFFICE CLOSED	5 8:30 am Men's Coffee, FH 9:30 am UWF Board Meeting, WR No meeting in July 5:30 pm, YOGA, FH	6 9:30 am Bone Builders, FH No meeting in July 10:00 to 10:45 am, 2nd Harvest Dist	7 Dumpster Pick Up	8
9 10:00 am, Worship/Birthday Debbie Merrick preaching 11:00 am, Fellowship, FH 6:00 pm, YOGA, FH	10 8:30 am Garden Team, FH 2:00 pm Knitting Klub, WR	11 9:30 am Bone Builders, FH 11:30 am MS Support Group, FH	12 8:30 am Men's Coffee, FH 9:30 am Trustees, WR 5:30 pm, YOGA, FH	13 9:30 am Bone Builders, FH No meeting in July	14	15
16 9:15 am, Praise Team 10:00 am, Worship/Praise 11:00 am, Fellowship, FH 6:00 pm, YOGA, FH	17 8:30 am Garden Team, FH 9:30 am Green Door Book Group, WR No meeting in July	18 9:30 am Bone Builders, FH	19 8:30 am Men's Coffee, FH 5:30 pm, YOGA, Narthex 6:30 pm SUMMER WORSHIP Blessing of the Animals	20 9:30 am Bone Builders, FH No meeting in July MESSENGER DEADLINE	21 Dumpster Pick Up	22 9:00-10:30 am Free Community Breakfast, Our Savior's Lutheran
TPUMMs VBS at First UMC July 17-21, 9:00 am to NOON						
23/30 10:00 am, Worship 11:00 am, Fellowship, FH 6:00 pm, YOGA, FH	24/31 8:30 am Garden Team, FH	25 9:30 am Bone Builders, FH	26 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH	27 9:30 am Bone Builders, FH No meeting in July MESSENGER EMAILS	28	29

Asbury News

Ad Council Meeting Minutes — 6-20-23

Opening

Sandy Winklesky, Ad. Council Chairperson, called the meeting to order at 6:30 p.m. The council met in the Wesley Room and also on Zoom. Pastor Katherine provided a reflection on solitude and then led us in prayer.

Secretary's Report:

Minutes of the May 16, 2023, Administrative Council were reviewed. Steve Kokotovich made a motion to accept the minutes as read. The motion was seconded and unanimously approved.

M – Steve Kokotovich, S – Jan Akervik

Lay Leader's Report – Steve Kokotovich

Steve and Pastor Katherine attended Annual Conference. Inclusivity was one of the main topics of discussion.

Treasurer's Report – Pat Anscomb

The May monthly summary was given. Balance on Hand, 5/31/2023 is \$7,471.22.

As of 5/31/2023 we have paid 0% of our 2023 Conference Apportionments with a balance due of \$19,813.00.

Staff Parish Relations Committee – Steve K. for Barb Kokotovich Dan Mokros will be retiring on August 31st. The committee is inviting the congregation to contribute money towards a retirement gift for him. The committee is now in the process of hiring a new custodian. Prior to the search they will be reviewing the job description for the custodial position.

Trustee's Report – Terry Olson and Nancy Wagner

The church is in the process of a lighting upgrade in the church Sanctuary. A new light will be added in the church Narthex and new flood lights added in the front of the Sanctuary. Benson Electric is doing the work at a cost of \$22,400. By mistake, Benson Electric ordered more lights than we ordered. They are offering to replace all of the lights in the sanctuary at a reduced rate, (\$15,000 instead of \$27,000). Terry Olson made a motion to spend an additional \$15,000 to replace all of the sanctuary lights, pending the decision made by the finance committee. The motion was seconded and unanimously approved. M – Terry Olson, S – Jan Akervik

United Women of Faith – Jan Akervik

Rummage Sale is this Thursday.

Donuts were made on June 2 with a profit of \$1,111.

The Board has created a new funeral policy.

The Board will next meet in August.

Outreach and Missions Team – Steve Kokotovich

CHUM will host the Rhubarb Festival on June 24. Sandy Winklesky will be putting together a picnic basket to be auctioned off at the Fest. On August 1, Asbury will host the National Night Out. Once again, shower kits will be assembled.

Pastor Patricia Benson from CHUM has suggested three projects for the Western churches to consider. The churches will now discuss these projects and make a decision.

Asbury helped again with highway cleanup.

TREASURER'S REPORT:

5/31/23

GENERAL FUND:

Balance on Hand 4/30/23	\$2,817.92
Deposits	<u>16,861.38</u>
Total to Account for	\$19,679.30
Checks Written	<u><\$12,208.08></u>
Balance on Hand, 5/31/23	\$ 7,471.22
Unpaid Bills through 5/31/23 (includes apportionments)	<\$9,381.40>
Net Ending Balance at 5/31/23	<u><\$1,910.18></u>

Education Team – Sandy Winklesky

The team will meet in August to make plans for the next school year.

Worship Team – Pastor Katherine for Donna Mickelson

Summer worship services will be on the third Wednesday in June, July and August at 6:30 p.m.

The theme for the June service is Prepping the Feeders. The Feast and Blessing of the Animals is the theme for the July service. The theme for the August service is Enjoying the Flock.

Please remember to greet new people attending the church and sit with them when they come down for coffee in the Fellowship Hall.

Nurture/Congregational Care Team – Sandy Winklesky

Visitation Committee – The 80 Plus luncheon is on August 10.

33 guests will be invited.

Scholarship Committee – no report

Membership Committee – The committee plans to meet in August.

Pastor's Report – Katherine Cornell

After a brief discussion, Jan Akervik made a motion that the Easter Offering will go to the church budget. The motion was seconded and unanimously approved.

M – Jan Akervik, S – Terry Olson

Pastor Katherine thanked the people who volunteered for Grandma's Marathon at the spaghetti dinner or on the race course.

A "Little Library" is being donated to the church. We plan to put it in the church parking lot so it's easily visible from Grand Avenue.

Pastor Katherine will be on vacation June 28 to July 10.

Rev. Cynthia Coffin-Langdon will be preaching and offering communion on July 2.

Debbie Merrick will be preaching on July 9.

Old Business - none

New Business - none

Closing

The next Ad. Council meeting will be on Tuesday, August 15, at 6:30. Steve Kokotovich made a motion to adjourn the meeting. The motion was seconded and unanimously approved.

M – Steve Kokotovich, S – Pat Anscomb

The meeting was adjourned at 7:30 p.m.

Respectfully Submitted,

Patricia Bennett, Recording Secretary



Fall Pantry Planning Ahead

Please mark your calendars for UWF's Fall Pantry from 9:00 to 11:00 am on October 14. We are planning ahead and are asking for help with pie making, donut making or share your special talent in baking, knitting or crafting.

As you are growing your gardens this summer, please think about making a batch of jam or perhaps some pickles or other canned delicacy, or a batch of zucchini muffins or bread. We especially need jams and jellies and items for the bake sale table plus cookies for the cookie table. Cash donations are also most welcome! Please make checks out to Asbury UWF and give checks or cash donations to our UWF treasurer, Karen Gokey.

If you have jam, jelly or pickle canning jars, please leave them in the kitchen. There also is always a need for gallon ice cream buckets with lids.

UWF's budget is established for the next year as a result of the Fall Pantry sales of all the delicious homemade items including baked goods and craft items! Thank you all for participating in this event as it helps us do many good ministries throughout the year. We appreciate everyone's talent.

Asbury News

Garden Team Thanks

The Garden Team would like to thank everyone who purchased plants at our yearly perennial sale. A huge thank you also to those who contributed plants for the sale. This annual sale is an important way the Garden Team raises money to help maintain the grounds at Asbury UMC. We greatly appreciate your donations and your purchases!

UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. The UWF Board will not meet in July.
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. The Green Door Book Group will not meet in July. A breakfast meeting is schedule for August 21 at 9:30 am. Place TBD.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. NEW MEMBERS ARE WELCOME! The Love/Hope Circle will not meet in June, July or August.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month. NEW MEMBERS ARE WELCOME! Faith Circle will not meet in July.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. NEW MEMBERS ARE WELCOME! The Knitting Klub will meet on July 10.
- Bone Builders Plus meet on Tuesdays and Thursdays in the Fellowship Hall from 9:30 to 10:30 am. NEW MEMBERS ARE WELCOME! They do not meet on holidays or if there is a special event at Asbury. During the months of July and August the group will only meet on Tuesdays at 9:30 am. Bone Builders Plus is a program to improve balance, muscle strength, bone density and increase energy. It helps to prevent falls and improve dexterity. Participants enjoy increased socialization. Call Mary Kay at 651-206-9874 or Jan at 218-626-1539 for more information.

Christmas in July

The 2023 Advent Tea will be Saturday December 9 at 2:00 pm. The theme will be "Precious Gifts." A free-will offering will go to the Ronald McDonald House.

Please consider being a hostess for this event. Each hostess invites up to 7 guests, sets her table and serves a treat of her choice. Some ladies prefer to co-hostess.

We are in need of some special music for the Advent Tea. If you have the gift of music you would like to share with us, please let us know. Contact: Donna Mickelson, 218-606-0772, Pat Anscomb 218-624-4554, Leila Lundberg 218-348-3074.

More information on the Advent Tea will be in upcoming Messengers and Sunday announcements. A sign-up sheet will be put out in the Narthex as we get closer to the event.

CUSTODIAL POSITION AVAILABLE



Asbury UMC is seeking a custodian. This position requires approximately 8 hours per week. If you are interested in the position or have questions about it, please call Steve Kokotovich at 218-213-0205. Thank you.

— Staff Parish Relations Committee

Kid's Corner



SEPARATION FROM SIN

David praises God for his love and compassion.
What does God do for people who fear him?

Directions: Using each grid pattern marked below, find the word that appears in all three of those squares. Write the words in the spaces below to complete Psalm 103:12, NIV.

FROM as is can	NORTH from far	at the EAST FROM
is South AS	do far EAST	the THIS up AS
WEST THAT is East	far down WEST	THE be AS West



... so far has he removed our transgressions from us.

PSALM 103:12, NIV

Sprinkle and split

A sprinkle of pepper and a dab of soap illustrate a big concept from God's Word.



What you need:

- Shallow dish
- Water
- Black ground pepper
- Toothpick
- Dish soap
- Bible

What you do:

1. With the dish on a table, fill it halfway with water. Don't jiggle the dish.
2. Sprinkle pepper on the water.
3. Dab the toothpick into a drop of soap. Then touch its tip to the center of the water and observe.
4. Read Psalm 103:8-12. How does this experiment illustrate God's forgiveness?
5. Explain the science behind this experiment: The soap disturbs the water's surface tension. The soap molecules don't want to interact with the water. This repels the water molecules from the soap, causing the floating pepper to also move to the sides.



Answer: As far as the east is from the west

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Pastor:..... Katherine Cornell
Administrative Asst.:Shirley Brandt
Music Coordinator/Organist:Phyllis Kruell
Praise Team Leaders.....varies
Custodian:Dan Mokros
Ad Council Chair:Sandy Winklesky
Treasurer:Pat Anscomb
FinanceJudi VanDell
Lay Leader/Outreach: Steve Kokotovich
Trustees:Nancy Wagner, Terry Olson
UWF President.....Jan Akervik
SPRC ChairBarb Kokotovich
Worship ChairDonna Mickelson
Christian Ed.: Alice Brenny/Sandy Winklesky
Scholarship Shelly Vanneste
Membership Candy Kokotovich
Visitation Karen Gokey

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: July 20 for August 2023 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above.
Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.

*Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.*



Asbury's Vision & Mission Statement

Vision: At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.

Mission: Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.