



**Asbury**  
UNITED METHODIST CHURCH  
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135  
Duluth, MN 55807  
218-624-0061

The Reverend Katherine Cornell

In-Church & Online  
Sunday Worship 10:00 am  
asburyduluth.org/about-us/worship/

Office Hours  
Monday-Thursday: 10:00 am to 3:30 pm  
Closed Friday



# Messenger

## National Night Out Picnic August 1 — 5:00 to 6:30 pm

**N**ational Night Out is just a few days away and we hope you will join us for a great night of visiting, eating, games and our Special Outreach Project of filling shower kits for CHUM!

We will deliver Door Hanger Invitations after church on Sunday, July 30 and are looking for volunteers to help distribute.

Thanks to all of the people who have already signed up to contribute food products. We are still in need of some more cookies.

We could also use help with set up, take down and serving food. Please call Judy Pearson if you would like to help, 218-722-5818.

Hope to see you there!

— The Outreach Committee



Blessing of the Animals, July 19. From L to R: Shirley Brandt with Rico, Donna Mickelson had a photo of her dog Harley; Pastor Katherine is holding photos of Shirley's cat Buddy plus cats Flik, Monte, Gio, Kitty and Cosmo and Echo the gecko all whom Shirley pet sits; Phyllis Kruell had photos of dogs Bruce and Chloe and Kim Herrig had a portrait of her dog Linus.

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## Summer Worship Series

Join us for our Summer Worship Series in June, July and August. Our theme this year is "For the Birds."

Our June 21 worship was entitled Prepping the Feeders. Our July 19 worship was entitled "The Feast" and we had a Blessing of the Animals.

August 16 — Enjoying the Flock. There will be a short liturgy service with communion followed by ice cream treats. Please join us at 6:30 pm. We will worship outdoors/indoors weather dependent.

## September 10

Mark the date!  
More information  
to come in the  
September Messenger.





# A Penny For Your Thoughts

## Heavenly & Earthly Delights

**A**ugust is our eighth month, but did you know it was originally named Sextilis as the 6<sup>th</sup> month in the 10-month Roman calendar? Julius Caesar added two days when he created the Julian calendar in 46 BC giving it its modern length of 31 days. And, in 8 BC, it was renamed in honor of Emperor Augustus. So what does this have to do with Asbury UMC and our ministry within Duluth? These 31 days are the reason this month of ministry is framed by not one but TWO full moons we can enjoy together.

August 1<sup>st</sup> will be our first full moon. I only recently learned it is known as the Sturgeon Moon because the great giant sturgeon of the Great Lakes were caught most readily during this part of the summer. While long dead emperors might have months dedicated to them, we have a MOON dedicated to our fish!

The other significant thing happening August 1<sup>st</sup> is Asbury's sponsorship of a neighborhood National Night Out picnic. This is a wonderful time to gather, eat amazing food, meet our neighbors, play some games, and contribute to our community through service. We are putting shower kits together for CHUM, another critical community partner. I am excited to fellowship together and enjoy great food, as well as to be part of a congregation actively seeking to make a difference in the lives of people around us.

Next is our 80+ luncheon on August 10. It has been a few years since we have celebrated with these wonderful individuals. It is a special time to gather and swap stories, renew friendships, sing songs and celebrate communion.

Later, we have the conclusion of our Summer Worship Series "For the Birds" Wednesday, August 16 at 6:30 pm. This is a short outdoor worship with communion and ice cream treats following. Invite a friend and enjoy God's natural beauty while we worship and sing.

Of course, we have our weekly Sunday worship



opportunities (see Worship in August on page 4.) With the amazing music brought to you by our talented musicians, the warm atmosphere with friendly smiles, a message of Good News (both the hope, love and the challenge), and the treats in the Fellowship Hall, worshipping God together is a great way to begin and end each week.

Finally, on August 30<sup>th</sup>, God blesses us with a second full moon, and this one is a Blue Moon. A great month bracketed by God's celestial marvels and filled with ministry to our community and beyond. What isn't to like? Join us and be blessed in the month of heavenly (and earthly) delights!

Blessings and Peace,  
Katherine

### **Pastoral Care:**

Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries. In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at [kcornell@wnccumc.net](mailto:kcornell@wnccumc.net).

Pastor's day off is on Friday and she works from home on Mondays.

# Asbury News



## Thank You!

Dear Pastor Katherine and my Asbury Family:

I want to take this opportunity to thank everyone that came down to the Fellowship Hall for a slice of birthday cake with me. Thank you for making my 96<sup>th</sup> birthday special!  
— Lois Stromgren

Dear Asbury United Methodist Church:

Thank you for your recent donation to the Union Gospel Mission. Because of the generosity of partners like Asbury UMC, the Mission has entered its second century of service in the Northland. Your gift ensures we can continue our important work and make it possible for us to offer a safe, clean shelter for those without a home.  
— Katie Haglund, UGM Executive Director

Our August Outreach/  
Communion Offering is for the  
Valley Youth Center



## Christian Education Team News

The Christian Education Team invites everyone to join us for Rally Sunday on September 10. We look forward to reuniting with all our children and grandchildren from preschool through sixth grade. This year we will focus on using the bible, learning bible verses and doing bible-related crafts. We will continue celebrating birthdays and watching videos the second Sunday of each month, as well as playing Bible Bingo on a regular monthly schedule.

Our lessons will focus on the Three Simple Rules: Do No Harm; Do Good; Stay in Love With God. We will identify what these rules mean to our children and how they can follow the rules at school, with friends and in the family. This will be done through bible verses, parables, crafts and games. Classes will be in the downstairs classroom except for Birthday Sunday.

Looking toward Christmas, Alice Brenny and Ruby Slennes are working on the **Christmas Program** theme of “Christmas Around the World” that will embrace the ways different countries observe the Nativity. We anticipate this being a church family program again this year so please consider joining the cast and crew on this “worldwide” adventure!”

Christian Education needs team members! You do not have to be a teacher or know the bible well. You just need to have a heart for working with children, having fun, and even learning more about our Christian faith and the Methodist church. Anyone interesting in joining our team let us know!

Finally, because we plan to use the classroom off the Fellowship Hall on a regular basis, please do not use the room for storage. If you need to use the room (as needed for the rummage sale), please let us know ahead of time so arrangements can be made. All we ask is that you bring the classroom back to the way it was prior to your usage. We were given plenty of time to organize/clean out the classroom for the rummage sale and it was appreciated.

— Christian Education Team

## Companies To Classrooms Teachers' Free Supply Store

This Fall we will be taking a new approach to supporting our area schools with our back-to-school donations. Since backpacks have become widely available for school children through other means, we will now be uniting with **Duluth's Companies to Classrooms**, a free supply store for teachers.

Throughout the month of August, we are accepting monetary donations which we will then pass on to Companies to Classrooms. In the church Narthex we will have a collection basket for you to make your monetary donation, or you may mail your donation to the church and designate it for our back-to-school collection. If writing a check, please make it out to Asbury United Women of Faith.

Thank you in advance for your support. If you have questions, please contact Patty Bennett at 218-349-5547.

## Attendance . . .

July 2	47 In-church/23 views
July 9	37 In-church/29 views
July 16	52 In-church/34 views
July 23	61 In-church/17 views

## Scripture Readers . . .

August 6	Terry Olson
August 13	Candy Kokotovich
August 20	Sue Soder
August 27	Sandy Winklesky



**AUGUST BIRTHDAYS**

- 1 Ruth Bloomquist
- 2 Phyllis Faue
- 4 Cory Plys  
Eric Stromgren
- 11 Sarah Herrick-Smisk  
Chris Rager
- 16 Barb Kokotovich
- 17 Ian Lewandowski  
Mallorie Schwartz
- 18 Dan Herrick
- 20 Kathy Behn
- 22 Leanne Stauduhar
- 25 Amy Kokotovich  
Joe Kokotovich
- 27 Steve Bennett  
Dennie Parendo
- 30 Georgia Rager  
Lily Ann Vanneste  
Emma Jo Vanneste

*Not included?  
Please contact the  
church office at 624-0061.*

# Asbury News

## Worship In August

There are three ways to participate in worship:

- 10:00 am at Asbury UMC on Sundays. Join us live at 10:00 am and join us for fellowship, coffee and treats in the Fellowship Hall after worship.
- 10:00 am livestream service on Sundays via YouTube as the live service is taking place. An email with the YouTube link and an online worship bulletin is sent out prior to each Sunday.
- Or, you can watch the YouTube service at anytime by logging in using the link provided for each Sunday.

Our theme for August is "Family Dynamics". We will explore some aspects of family that we experience including loss, forgiveness, adoption, and reconciliation.

### **August 6**

Scripture Passages:

*Genesis 32:22-31*

*Matthew 14:13-21*

Message Title: "When the Heart Is Empty."

### **August 13**

Scripture Passages:

*Romans 10:5-15*

*Genesis 37:1-4, 12-28*

Message Title: "Which Family Will We Choose?:"

### **August 20**

Scripture Passages:

*Psalms 133*

*Genesis 45:1-15*

Message Title: "Redemption Ain't For Wimps!"

### **August 27**

Scripture Passages:

*Matthew 16:13-20*

*Exodus 1:8-2:10*

Message Title: "Who Will Choose Us?"

### TREASURER'S REPORT:

6/30/23

#### GENERAL FUND:

Balance on Hand 5/31/23	\$7,471.22
Deposits	<u>12,184.82</u>
Total to Account for	\$19,656.04
Checks Written	<\$21,832.50>
Balance on Hand, 6/30/23	<-\$2,176.46>
Unpaid Bills through 6/30/23 (includes apportionments)	<\$7,286.05>
Net Ending Balance at 6/30/23	<-\$9,462.51>

### **80+ Luncheon — August 10**

The 80+ Luncheon will be held on August 10 in Asbury's Fellowship Hall. Gathering time will start at 11:00 am. The delicious chicken salad lunch followed by strawberry shortcake (yummy!) is at 11:30 am. There will be communion in the Sanctuary after the lunch.

If you have not attended the luncheon in the past and would like to, please let us know if you are, or will be, 80 by August 10. Please call Karen Gokey at 218-464-2005 or the church office at 218-624-0061. We look forward to hearing from you.

### **Church/School Partnership Team News**

Our Mission Statement: To supplement areas of need as requested, assist teachers in the classroom and develop strong relationships with teachers, staff and students.

Our team has been active even through the summer! The Team met on July 13 to review our first-year connection with Laura MacArthur Elementary School, as well as to plan for the 2023-24 school year. Team members donated two rolling clothes racks and four dozen hangers, as well as many hours in organizing the school's clothes closet, lost and found and the supply room. Teachers and staff appreciated this effort tremendously.

The Team also assisted with booths and serving food for the school's Cultural Diversity event. Additionally, the Team served hot chocolate at the school carnival giving them another opportunity to connect with teachers, staff, and students.

Teachers and staff welcomed and enjoyed the meal the Team served during conferences, as well as the Teams' assistance with the "Fiesta Friday" taco lunch during Teacher Appreciation Week. Items provided by the Team for the teacher's snack cart during this week were also enjoyed by teachers and staff. Several of the Teams' members already have a connection through a weekly volunteer schedule.

The Team anticipates the same opportunities next year and plan to maintain the supply and clothes closets monthly. Members will be spending time at the clothes closet arranging items by size to make it easier for teachers to find things for their students.

Continued on page 6. . .

# Calendar

## August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1</p> <p>9:30 am Bone Builders, FH</p> <p>5:00 pm National Night Out Picnic</p>	<p>2</p> <p>8:30 am <b>Men's Coffee, FH</b></p> <p>9:30 am UWF Board Meeting, WR</p> <p>5:30 pm, YOGA, FH</p>	<p>3</p> <p>9:30 am Bone Builders, FH No meetings on Thursdays in August</p> <p>10:00 to 10:45 am, 2nd Harvest Dist</p>	4	5
<p>6</p> <p>10:00 am, Worship/Communion</p> <p>11:00 am, Fellowship, FH</p> <p>6:00 pm, YOGA, Narthex</p>	<p>7</p> <p>8:30 am Garden Team, FH</p>	<p>8</p> <p>7:00 am to 8:00 pm VOTING, FH</p> <p>6:30 pm Christian Ed., WR</p>	<p>9</p> <p>8:30 am <b>Men's Coffee, FH</b></p> <p>9:30 am Trustees, WR</p> <p>1:00 pm Membership, WR</p> <p>5:30 pm, YOGA, FH</p>	<p>10</p> <p>11:00 to NOON, 80+ Luncheon, FH</p>	<p>11</p> <p>Dumpster Pick Up</p>	12
<p>13</p> <p>10:00 am, Worship/Birthday</p> <p>11:00 am, Fellowship, FH</p>	<p>14</p> <p>8:30 am Garden Team, FH</p> <p>2:00 pm Knitting Klub, WR</p>	<p>15</p> <p>9:30 am Bone Builders, FH</p> <p>6:30 pm Ad Council, WR &amp; Zoom</p>	<p>16</p> <p>8:30 am <b>Men's Coffee, FH</b></p> <p>5:30 pm, YOGA, Narthex</p> <p>6:30 pm SUMMER WORSHIP</p>	<p>17</p> <p>9:00 am to 4:00 pm DS Kantonen meetings, WR</p> <p>12:00-pm Faith Circle to meet at <b>Sandy W.'s home</b></p>	18	19
<p>20</p> <p>10:00 am, Worship/Praise</p> <p>11:00 am, Fellowship, FH</p> <p>6:00 pm, YOGA, Narthex</p>	<p>21</p> <p>8:30 am Garden Team, FH</p> <p>9:30 am Green Door Book Group, West Duluth Perkins</p> <p>MESSANGER DEADLINE</p>	<p>22</p> <p>9:30 am Bone Builders, FH</p>	<p>23</p> <p>8:30 am <b>Men's Coffee, FH</b></p> <p>11:00 am Church/School Partnership, WR</p> <p>1:00 pm Finance, WR</p> <p>5:30 pm, YOGA, FH</p>	24	25	26
<p>27</p> <p>10:00 am, Worship</p> <p>11:00 am, Fellowship, FH</p> <p>6:00 pm, YOGA, Narthex</p>	<p>28</p> <p>8:30 am Garden Team, FH</p>	<p>29</p> <p>9:30 am Bone Builders, FH</p>	<p>30</p> <p>8:30 am <b>Men's Coffee, FH</b></p> <p>5:30 pm, YOGA, FH</p> <p>6:30 pm, Praise Team Practice</p>	<p>31</p> <p>Gentle Yoga meets on Wednesdays, 5:30 pm to 6:30 pm and Sundays, 6:00 to 7:00 pm in the Fellowship Hall (unless otherwise specified). Call Cheryl Zupec at 218-343-4478 for more information.</p> <p>The Praise Team practices each Wednesday at 6:30 pm and on Praise Sunday at 9:15 am</p> <p>MESSANGER EMAILS</p>		



## Fall Pantry Planning Ahead

Please mark your calendars for UWF's Fall Pantry from 9:00 to 11:00 am on October 14. We are planning ahead and are asking for help with pie making, donut making or share your special talent in baking, knitting or crafting.

As you are growing your gardens this summer, please think about making a batch of jam or perhaps some pickles or other canned delicacy, or a batch of zucchini muffins or bread. We especially need jams and jellies and items for the bake sale table plus cookies for the cookie table. Cash donations are also most welcome! Please make checks out to Asbury UWF and give checks or cash donations to our UWF treasurer, Karen Gokey.

If you have jam, jelly or pickle canning jars, please leave them in the kitchen. There also is always a need for gallon ice cream buckets with lids.

UWF's budget is established for the next year as a result of the Fall Pantry sales of all the delicious home-made items including baked goods and craft items! Thank you all for participating in this event as it helps us do many good ministries throughout the year. We appreciate everyone's talent.

## Asbury News

Church/School Partnership Team from page 4. . .

Looking at the 2023-24 school year, the Team anticipates more classroom time especially during special classroom activities such as crafts and other times when requested by the teachers. The Team has received a request from the school already for a new opportunity starting in the fall. This is exciting and continues to solidify our Church/School partnership.

## UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. The UWF Board will meet on August 2 at 9:30 am in the Wesley Room. Dawn Jones will share devotions and be our hostess. Fall event planning will begin.
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. The Green Door Book Group will meet at the West Duluth Perkins at 9:30 am on August 21. Reservations made with Toni at 218-722-7822.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. NEW MEMBERS ARE WELCOME! The Love/Hope Circle will not meet in August.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month. NEW MEMBERS ARE WELCOME! Faith Circle will meet on Thursday, August 17 at the home of Sandy Winklesky at noon for a summer salad luncheon picnic. Contact Sandy 218-390-2116 to say you will be there and bring a salad of your choice to share. Sandy will share devotions.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. NEW MEMBERS ARE WELCOME! The Knitting Klub will meet on August 14.
- Bone Builders Plus meet on Tuesdays and Thursdays in the Fellowship Hall from 9:30 to 10:30 am. NEW MEMBERS ARE WELCOME! They do not meet on holidays or if there is a special event at Asbury. During the months of July and August the group will only meet on Tuesdays at 9:30 am. Bone Builders Plus is a program to improve balance, muscle strength, bone density and increase energy. It helps to prevent falls and improve dexterity. Participants enjoy increased socialization. Call Mary Kay at 651-206-9874 or Jan at 218-626-1539 for more information.

## Rummage Sale Thank You

A big thank you to everyone who contributed in some way to a successful, annual rummage sale. This could not happen without the generous donations, help of every kind from table set up, to hours of sorting and organizing sale items, sale-day workers, shoppers and clean-up. The sales netted \$1,835.75. Thank you!

— Dawn Jones and Cathy Sampson, Sale Co-Chairs

Pastor Katherine reminded us of the mustard seed and that from small beginnings great things can happen! Our Team continues to grow and with growth comes our ability to serve in different areas. Each Team member brings special skills and talents to the table that makes it fun, exciting and strengthens our ability to meet the needs at Laura Mac Arthur Elementary School.

Anyone interested in being a part of this team should contact the church office or Alice Brenny.

— Church/School Partnership Team

# Kid's Corner



## Creator of the stars

The stars and sky testify to God's amazing power and creativity.

*Directions: Use the clues and Bible passages to fill in the blanks. Then transfer the circled letters (in order) to the spaces below to complete a verse of praise.*

God determines this and calls each star by name. (Psalm 147:4)

○ \_ \_ \_ \_ \_

The heavens are the work of God's what? (Psalm 8:3)

\_ \_ \_ \_ ○ \_ \_ \_ \_

What does God bring out one by one? (Isaiah 40:26)

\_ \_ ○ \_ \_

God made two great lights to do this. (Genesis 1:16)

○ \_ \_ \_ ○ \_ \_ \_

God promised Abraham this would be like the stars. (Genesis 15:5)

\_ \_ \_ \_ \_ ○ \_ \_ \_ \_

The sun, moon and stars have this. (1 Corinthians 15:41)

\_ \_ \_ \_ ○ \_ \_ \_ \_ \_ ○ \_

The lights in the sky serve as what? (Genesis 1:14)

\_ \_ \_ \_ \_ ○ \_ \_

The heave\_\_s declare the \_\_lory \_\_f \_\_od;  
the ski\_\_s \_\_roc\_\_aim the wo\_\_k of his ha\_\_ds.

PSALM 19:1, NIV

Answer: number, fingers, host, govern, offspring, splendor, signs; The heavens declare the glory of God; the skies proclaim the work of his hands. Psalm 19:1, NIV



Use simple ingredients and your imagination to bake these fluffy, cloud-like treats.

### What you need:

- 3 egg whites
- ½ tsp. vanilla extract
- Mixer
- 2 Tbsp. powdered sugar
- 1 Tbsp. cornstarch
- Parchment paper

### What you do:

1. Preheat oven to 300°. In a mixing bowl, combine egg whites and vanilla. Whisk eggs with mixer at medium speed until frothy.
2. While whisking, gradually add sugar and cornstarch. Keep whisking at high speed until stiff peaks form.
3. Spoon mixture onto a baking sheet lined with parchment paper. Create fun shapes.
4. Bake 20 minutes. Cool and enjoy!



Asbury United Methodist  
PO Box 7135  
Duluth MN 55807

Return service requested

## Meet Our Staff



Pastor:..... Katherine Cornell  
Administrative Asst.: .....Shirley Brandt  
Music Coordinator/Organist: .....Phyllis Kruell  
Praise Team Leaders.....varies  
Custodian: .....Dan Mokros  
Ad Council Chair: .....Sandy Winklesky  
Treasurer: .....Pat Anscomb  
Finance .....Judi VanDell  
Lay Leader/Outreach: ..... Steve Kokotovich  
Trustees: .....Nancy Wagner, Terry Olson  
UWF President.....Jan Akervik  
SPRC Chair .....Barb Kokotovich  
Worship Chair .....Donna Mickelson  
Christian Ed.: Alice Brenny/Sandy Winklesky  
Scholarship ..... Shelly Vanneste  
Membership ..... Candy Kokotovich  
Visitation ..... Karen Gokey

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: August 21 for September 2023 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above.  
Items may be dropped off, e-mailed or mailed. Thank you.

### Worship With Us

Every Sunday at 10:00 am.

NOTE:

1st Sunday of each month we share Holy Communion,  
2nd Sunday we recognize those celebrating birthdays.  
3rd Sunday our music is led by our Praise Team.  
*Every Sunday we give thanks and celebrate  
God's great gifts and presence in our lives.*



#### Asbury's Vision & Mission Statement

*Vision: At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.*

*Mission: Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.*