



**Asbury**

UNITED METHODIST CHURCH  
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135  
Duluth, MN 55807  
218-624-0061  
asburyumcduluth@hotmail.com

The Reverend Katherine Cornell

In-Church & Online  
Sunday Worship 10:00 am  
[asburyduluth.org/about-us/worship/](http://asburyduluth.org/about-us/worship/)

Office Hours  
Monday-Thursday:  
10:00 am to 3:30 pm  
Closed Friday

# Messenger

## The Season of LENT

**L**ent is a season of 40 days (and six Sundays) beginning on Ash Wednesday and ending on Holy Saturday. It is a time of self examination, reflection and preparation for the coming of Easter. A time to focus on our relationship with God. The use of ashes at our **February 14, Ash Wednesday service at 6:30 pm** is a sign of our mortality and repentance. Knowing and experiencing God's forgiveness allows us to honestly reflect on our lives in preparation for the renewal and the resurrection of Easter.



- February 14** Ash Wednesday, 6:30 pm.
- February 18** First Sunday in Lent/  
Asbury Singers
- February 25** Second Sunday in Lent/Praise
- March 3** Third Sunday in Lent/  
Communion
- March 10** Fourth Sunday in Lent/Birthday
- March 17** Fifth Sunday in Lent/Praise
- March 24** Palm/Passion Sunday
- March 28** Maundy Thursday, 6:30 pm
- March 29** Good Friday/  
Time and Location TBD
- March 31** **EASTER SUNDAY/**  
Asbury Singers



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# A Penny For Your Thoughts

## Recommit To Your Intentions

**A**s we ready ourselves for Lent, a time of introspection and preparation for Easter, it's a wonderful time to remember the new goals and opportunities that we made for the new year. Some of you might have a word for the year or some new habits and intentions that you have been trying. In preparation for Easter, Lent asks us to give up or take on something to remind us of our inward journey toward God that then results in an outward expression of faith.

Here at Asbury, there are several ways you can take that inward journey towards outward expression. First is to join us for our Ash Wednesday service on Wednesday, February 14 at 6:30 pm. Some might think that Valentine's day and Ash Wednesday don't seem to mesh, but I believe there is no better way to celebrate LOVE than to make a commitment to enter into a journey towards the source of all love, God. We are reminded in 1 John that "God is love." So join us as we begin our Lenten journey.

You can continue your journey by following the daily devotional guide "The Sanctuary for Lent 2024." These booklets are available in baskets at the back of the Sanctuary and in the Fellowship Hall and offer short daily devotions with scripture and a focus for each day. Daily devotions are an excellent practice for Lent — making time each day to be encouraged in your journey.

You can join us in our Lenten study beginning Thursday, February 22. This year we are joining with the Minnesota Conference in their studies. Sign up in the Narthex to receive the book "Multiplying Love" and then join us on Thursday



mornings at 11:00 am for discussions and videos. Even if you can't come each week, we would love to have you participate as you are able. The videos are also online at the Minnesota Conference website if you would like to participate in that manner. The books are being provided at no cost through a generous donation.

No matter how you enter into this journey, or recommit to your intentions for the year, remember that there is always grace for new beginnings and fresh starts on continued habits. A friend of mine who is a productivity specialist reminded me that we are never aiming for 100%, but rather 80%. If we can persist at 80% we're doing great! So join us on the journey! We are a community of faith that welcomes you no matter your starting point or pace.

Blessings and Peace,  
Katherine

**Pastoral Care:** Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries.

In case of emergency and there is no answer at the church, please contact Pastor Katherine at 828-263-2035 or email at [kcornell@wnccumc.net](mailto:kcornell@wnccumc.net). Pastor's day off is on Friday and she works from home on Mondays.



## Thank You

Dear Asbury United Methodist Church:

On behalf of the staff and students at Laura MacArthur Elementary School, thank you so much for the winter clothing you provided to us this fall. Many of our families have significant needs. Hats and mittens are items we use and go through alot to keep our children warm during our recess time.

— Jim Erickson, Principal

Dear Asbury UMC Friends:

Thank you for your recent gift of \$313 to the West Duluth Churches Fund at The Salvation Army. As we begin the new year, your generosity will enable us to assist our neighbors who are struggling to build new lives. Knowing someone cares enough to help ease their suffering gives hope to those we serve.

— Captain Anthony Nordan

Dear Asbury UWF:

Thank you so much for your monthly cards and prayers. Love and God Bless you all.

— Lisa Green

Dear Asbury UWF:

Thank you for your recent gift of \$1,112.92 to The Salvation Army. One of the things we are most grateful for is friends like you who help us provide vital necessities like food, clothing and emergency assistance to those in need. These are the basics which hurting men, women and children need to survive.

— Captain Anthony Nordan

Dear Asbury United Women of Faith:

We are grateful for your generous contribution of \$650 and solidarity with young people experiencing unstable housing and navigating life transitions in our community. You are an influential part of shaping our community and nation's future.

— Sophie Hillmeyer, Community Impact Director, Life House

Dear Asbury UWF:

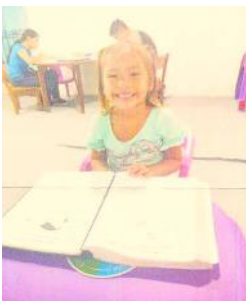
Thank you for you generous gift. We truly appreciate the donation. Your help goes a long way in serving those in need.

— Lily Higginbotham, Program Assistant, Harbor House Crisis Shelter

### Letter From Our Sponsored Child Genesis

*Written verbatim as translated by Norman F.*

Dear sponsor friends, the girl greets you with affection, hoping that you are enjoying good health. Genesis wants to know what is the current climate in your country? The girl wants you to pray for the health of the whole family. She says that, thank God, she has already finished her second school year and learned numbers. In the Child Development Center, she practices vowels and memorizes biblical texts. She is very grateful for your sponsorship and for your help. She hopes to hear from you soon. Genesis says goodbye with hugs and kisses.

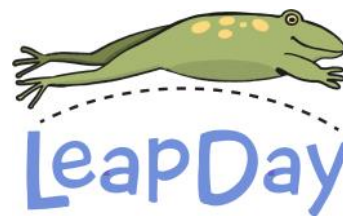


Left: Genesis learning bible verses in class.  
Right: A drawing by Genesis.

Our February Outreach/  
Communion Offering  
collection is for  
Second Harvest Food Bank

### Attendance . . .

Jan. 7	57 In-church/55 views
Jan. 14	50 In-church/60 views
Jan. 21	66 In-church/34 views
Jan. 28	87 In-church/16 views



### Scripture Readers . . .

Feb. 4	Ruth Thorpe
Feb. 11	Candy Kokotovich
Feb. 18	Sue Soder
Feb. 25	Dale Thorpe



- 2 Scott Tollefson
- 4 Jeanne Rychlak
- 5 Dick Holm
- 6 Peter Downs  
Joyce Park
- 7 Melissa Finnelly  
Harmony Garafalo
- 11 Craig Vanneste
- 17 Jean Dunkin
- 19 Carol Cherne  
Kim Herrig  
Kendall Lepisto  
Kathy Levinski
- 22 Clark Bennett
- 24 Andrea Mattila
- 25 Jennifer Nylund
- 28 Christopher DeSantell  
Kayla Skorich

*Not included?  
Please contact the  
church office at 624-0061.*



# Asbury News

## Why Ashes On Ash Wednesday?

Ash Wednesday, the first day of Lent, falls on February 14 this year. During worship services ashes (often made by burning branches from the previous Palm Sunday) will be used to make a cross on the forehead. Why ashes?



Traditionally, they're a sign of mourning, humiliation and penitence. Ashes also represent the frailty and temporary nature of human life ("You are dust, and to dust you shall return," Genesis 3:19). Christians are pained because their sins led to Jesus' death.

With repentant hearts, they begin the season of Lent, knowing that it leads to Jesus' resurrection on Easter Sunday.

For Ash Wednesday, throughout the 40 days of Lent, on Easter Sunday and each day, take time to pause for prayer. Please pray that God's Spirit will guide and direct us and pray for those who come to Asbury's worship service (either in person or online) that they be encouraged and blessed in their journey with God.

## Join the Prayer Chain!

Asbury's Prayer Chain is a way to communicate urgent prayer requests to our members and friends. We know that prayer is powerful, so we want to be able to lift up people in prayer as needs arise. We are currently seeking additional team leaders and team members. Here is how you can help:

- Join as a team leader who contacts other Prayer Chain team members with any urgent prayer requests to activate the Prayer Chain.
- Join as a team member who prays when contacted by a team leader. Team leaders also pray.

If you are interested, please call Gary Winklesky, our Prayer Chain facilitator, to let him know you would like to be added as a team leader, team member or both. God chooses to work through us, and prayer is one way in which we can participate in God's work of love in this world. Please join us!

## How the Prayer Chain Works

If you or a family member would like to request prayers, contact Gary, 218-390-6384 or email/call the church office at [asburyumcduluth@hotmail.com](mailto:asburyumcduluth@hotmail.com), 218-624-0061.

If you are requesting prayers for someone other than yourself or a family member, **please ask permission to share the information** especially if you are using a person's name in the prayer request. **It is important that "Prayer Requests" remain confidential within our church congregation.**



## AUMC Upcoming Events

April 30, 2024, 4:30 to 6:00 pm

**DRIVE THROUGH MEATBALL DINNER**

**Preorder tickets to reserve dinner — limited tickets at door**

**NEW! Preorder container of 5 meatballs.**

Preorders call 218-624-0061.

Deadline to preorder and pay: **April 21**

Checks made out to Asbury UWF or exact cash please!

June 7, 2024 **DONUT SALE**

**Preorders recommended. Call 218-624-0061.**

Deadline to order: **June 2**

June 20, 2024 **RUMMAGE SALE**

9:00 am to 2:00 pm, Fellowship Hall

September 13-14, 2024 **PASTY SALE**

Call 218-624-0061 to order.

Deadline to order: **September 8**

October 12, 2024 **FALL PANTRY**

9:00 to 11:00 am, Fellowship Hall

homemade apple pies (frozen to take-and-bake); freshly fried donuts; 350 pasties (come early!); pickles, jams, jellies and more; Cookie Table; breads, baked goods; craft/knit items

October 22, 2024, 4:30 to 6:00 pm

**DRIVE THROUGH MEATBALL DINNER**

**Preorder tickets to reserve dinner — limited tickets at door**

**NEW! Preorder container of 5 meatballs.**

Preorders call 218-624-0061.

Deadline to preorder and pay: **October 13**

Checks made out to Asbury UWF or exact cash please!



# Calendar

## February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Gentle Yoga meets on Wednesdays, 5:30 pm to 6:30 pm in the Fellowship Hall and Sundays, 6:00 to 7:00 pm in the Narthex (unless otherwise specified). Call Cheryl Zupec at 218-343-4478 for more info.</p> <p><b>Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am in the Fellowship Hall. They practice at 9:30 am on Sundays they sing.</b></p> <p><b>The Praise Team practices each Wednesday at 6:30 pm and on Praise Sunday at 9:15 am.</b></p>				<p><b>1</b></p> <p>8:00 am Pasty prep</p> <p>10:00 to 10:45 am, 2nd Harvest Food Distribution</p>	<p><b>2</b></p> <p><b>PASTY SALE</b></p> <p>6:30 am-2:00 pm Pasty prep</p> <p>NOON-2:00 pm Pasty pickup</p>	<p><b>3</b></p> <p><b>PASTY SALE</b></p> <p>7:00 am-NOON Pasty prep</p> <p>10:00 am to NOON Pasty pickup</p>
<p><b>4</b></p> <p>9:00 am, Asbury Singers 10:00 am, Worship/ Communion 10:15 am, Sunday school 11:00 am, Fellowship, FH 11:00 am, SPRC meet with DS Laurie Kantonen 6:00 pm, Yoga, Narthex</p>	<p><b>5</b></p>	<p><b>6</b></p> <p>9:30 am Bone Builders, FH</p> <p>11:30 am, MS Group, FH</p> <p>6:00 pm, Worship, WR</p>	<p><b>7</b></p> <p>8:30 am Men's Coffee, FH</p> <p>9:30 am UWF Board Meeting, WR</p> <p>5:30 pm, YOGA, FH</p> <p>6:30 pm, Praise Team</p>	<p><b>8</b></p> <p>9:30 am Bone Builders, FH</p>	<p><b>9</b></p> <p>Dumpster Pick Up</p>	<p><b>10</b></p> <p><b>Winter Out West</b></p> <p>See article on page 6 of this Messenger</p>
<p><b>11</b></p> <p><b>TRANSFIGURATION SUNDAY</b></p> <p>9:00 am, Asbury Singers 10:00 am, Worship/Birthday 10:15 am, Sunday school 11:00 am, Fellowship, FH</p> <p>6:00 pm, Yoga, Narthex</p>	<p><b>12</b></p> <p>2:00 pm Knitting Klub, WR</p>	<p><b>13</b></p> <p>9:30 am Bone Builders, FH</p>	<p><b>14</b></p> <p>8:30 am Men's Coffee, FH</p> <p>5:30 pm, YOGA, FH</p> <p>6:30 pm ASH WEDNESDAY</p>	<p><b>15</b></p> <p>9:30 am Bone Builders, FH</p> <p>1:00 pm Faith Circle, WR</p>	<p><b>16</b></p>	<p><b>17</b></p>
<p><b>18</b></p> <p><b>1ST SUNDAY IN LENT/ Asbury Singers</b></p> <p>9:30 am, Asbury Singers 10:00 am, Worship 10:15 am, Sunday school 11:00 am, Fellowship, FH</p> <p>6:00 pm, Yoga, Narthex</p>	<p><b>19</b></p> <p>9:30 am Green Door Book Group, WR</p>	<p><b>20</b></p> <p>9:30 am Bone Builders, FH</p> <p>1:00 pm Love/Hope Circle, WR</p> <p>6:30 pm Ad Council, FH &amp; Zoom</p>	<p><b>21</b></p> <p>8:30 am Men's Coffee, FH</p> <p>5:30 pm, YOGA, FH</p> <p>6:30 pm, Praise Team</p> <p><b>MESSENGER DEADLINE</b></p>	<p><b>22</b></p> <p>9:30 am Bone Builders, FH</p> <p>11:00 am Lenten Study, WR</p> <p>1:00 pm Communications, WR</p>	<p><b>23</b></p> <p>Dumpster Pick Up</p>	<p><b>24</b></p> <p>9:00-10:30 am Free Community Breakfast, Our Savior's Lutheran</p>
<p><b>25</b></p> <p><b>2ND SUNDAY IN LENT</b></p> <p>9:15 am, Praise Team 10:00 am, Worship/Praise 10:15 am, Bible Bingo 11:00 am, Fellowship, FH</p> <p>6:00 pm, Yoga, Narthex</p>	<p><b>26</b></p>	<p><b>27</b></p> <p>9:30 am Bone Builders, FH</p>	<p><b>28</b></p> <p>8:30 am Men's Coffee, FH</p> <p>5:30 pm, YOGA, FH</p> <p>6:30 pm, Praise Team</p>	<p><b>29</b></p> <p>9:30 am Bone Builders, FH</p> <p>11:00 am Lenten Study, WR</p> <p><b>MESSENGER EMAILS/MAILS</b></p>		

## 2024 Winter Out West

### 2024 Winter Out West

Two West Duluth churches will be participating in the 3rd Annual 2024 Winter Out West event hosted by the Riverfront Community Development Group and many other sponsors.

Asbury UMC and Our Savior's Lutheran will participate. Church volunteers will be helping with a variety of activities from noon to 4:00 pm on Saturday, February 10 in Memorial Park. A sign-up sheet is in the Narthex.

Winter Out West for 2024 is scheduled for Friday, February 9, Saturday, February 10 and Sunday, February 11 at several different locations. Please see the schedule below.

### FRIDAY, FEBRUARY 9

*Wussow's*

**Opening Ceremony** - (mid to late afternoon - evening)

- Kids program - Dan the monkey man 4-5:30pm | Show Us What You Got Showcase, youth and young adult - 6-9pm | Live Music to follow

**10am- 6pm**

*Bailey Builds & Friends*

Winter Themed Kids Crafts Ages 2-13 (Saturday pop-up Makers "Mini-Market" in-store)

### SATURDAY, FEBRUARY 10

*Memorial Park + Spirit Valley*

\*Free transportation available between Memorial Park & Spirit Mountain\*

**10:00am** **FREE Movie at The West Theater**

**12-4pm** **Try an Outdoor Activity + Bonfire & S'mores**

- Cross country skiing, snowshoeing, fat tire biking, snow sculpting, broomball, curling, volleyball, bean bag tournament

*Spirit Mountain, Grand Ave. Entrance*

**12-4pm** **Ice skating, snowshoeing, and cross-country skiing**  
various skate sizes available for use

### SUNDAY, FEBRUARY 11

*Zenith Bookstore*

**11:30-12pm** **FREE Children's Book Reading**

*Winter Walk*

**12:30-2pm** **Winter Walk (Place TBD)**

- FREE shuttle transportation available between Zenith Bookstore to the Walk site. Meet at the Health Equity Northland Office 312 North Central Ave, steps away from the bookstore free hot chocolate and coffee.



# Asbury News

## Worship In February

There are three ways to participate in worship:

- 10:00 am at Asbury UMC on Sundays. Join us live at 10:00 am and join us for fellowship, coffee and treats in the Fellowship Hall after worship.
- 10:00 am livestream service on Sundays via YouTube as the live service is taking place. An email with the YouTube link and an online worship bulletin is sent out prior to each Sunday.
- Or, you can watch the YouTube service at anytime by logging in using the link provided for each Sunday.

**February Worship Theme:** We begin our season of Lent which is, in itself, preparation for Easter. On February 4 we celebrate Communion and DS Laurie Kantonen joins us to deliver the message. February 11 is Transfiguration Sunday and Birthday Sunday. February 14 will be our Ash Wednesday Worship at 6:30 pm. February 18 is the 1st Sunday in Lent and our Asbury Singers will sing during worship. February 25 is the 2nd Sunday in Lent and Praise Sunday. Please join us!

### **February 4**

Scripture Passages:

*Matthew 9:16-17; Ephesians 4:4-7, 11-13*

Message: "For Such a Time As This"

DS Laurie Kantonen"

### **February 11**

Scripture Passages:

*Mark 9:2-9; Psalm 50:1-6*

Message: "Hearing God"

### **February 14**

Ash Wednesday Worship at 6:30 pm

We begin our Lenten series on "Multiplying Love"

### **February 18**

Scripture Passages:

*Psalm 25:1-10; Mark 1:9-15*

Message: "Sent To the Wilderness"

### **February 25**

Scripture Passages:

*Psalm 22:23-31; Mark 8:31-38*

Message: "Picking Your Battles"

### **Resource for Lent**

A resource for Lent, *The Sanctuary for Lent 2024* contains brief readings for each day in Lent, from Ash Wednesday (February 14) through Easter Sunday (March 31), including a suggested scripture, a short devotion, and a short prayer or practice—all based on the Revised Common Lectionary.

This annual favorite helps readers faithfully journey through Lent as they prepare to experience the joy of the Resurrection.

This resource is available in the Narthex and the Fellowship Hall. It was made possible by a generous donation.



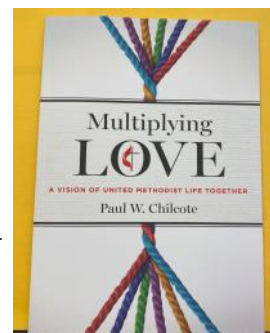
### **Lenten Study Starts February 22**

Join Bishop Lanette Plambeck and the Dakotas and Minnesota Conference Appointive Cabinets in a Lenten study around the book *Multiplying Love: A Vision of United Methodist Life Together*, by Paul Chilcote. The Conference is creating nine videos that will be available online through Lent. To access the videos, go to <https://www.minnesotaumc.org/2024-lenten-study>. At Asbury, we will view the videos during book study.

The book invites us to explore the power of the Wesleyan approach to the gospel and a compelling case for the future of The United Methodist Church. Our world needs love during these desperate days of radical polarization and division. Our United Methodist churches yearn to embrace love more completely because God first loved us.

Our "faith" (including doctrine) is important; Christian "hope" (including renewal) is important; "love" of God and neighbor is more important. *Multiplying Love* underscores what matters most and stands in contrast to divisive misreadings of essential Methodist teachings. Chilcote helps us embrace anew the Wesleyan vision of love of Jesus as central to what we believe and how we live.

At Asbury, we will meet on Thursdays during Lent at 11:00 am. We will begin on Thursday, February 22 and continue February 29, March 7, 14, 21 and 28. A sign-up sheet is on the table in the Narthex. Those who sign up will find books with their names on them on the credenza outside the church office. You may also sign up by calling the church office, 218-624-0061. The books are generously being donated at no cost to participants. Everyone is welcome to attend or follow along at your own pace.



# Kid's Corner



## CONNECTED BY LOVE

God's Word is filled with messages about love, which connects us to God and to one another.

*Directions: Draw a line from the beginning of each Bible verse (on the left side) through the heart to the rest of the verse (on the right side). Use the Scripture references for help.*

- a. We
- b. Above all,
- c. My command is this:
- d. And over all these virtues put on
- e. Greater
- f. See what great
- g. There is no fear in



- 1. each other as I have loved you. John 15:12
- 2. has no one than this: to lay down one's life for one's friends. John 15:13
- 3. But perfect love drives out fear. 1 John 4:18
- 4. each other deeply, because love covers over a multitude of sins. 1 Peter 4:8
- 5. the Father has lavished on us, that we should be called children of God! 1 John 3:1
- 6. because he first loved us. 1 John 4:19
- 7. which binds them all together in perfect unity. Colossians 3:14

Answers: a, 6, b, 4, c, 1, d, 7, e, 2, f, 5, g, 3

## HEART strings

Make this heartfelt craft as a decoration or gift.

### What you need:

- Yarn
- Scissors
- Parchment paper
- Baking sheet
- Heart-shaped cookie cutters
- ¼ cup cornstarch
- ½ cup water
- Adult help



### What you do:

1. Cut yarn into 12-inch pieces.
2. Place cookie cutters atop a baking sheet lined with parchment paper.
3. Combine cornstarch and water in a saucepan. Heat mixture over medium heat, stirring until thick and smooth. Remove from heat and cool to form a "glue."
4. Dip each piece of yarn into the mixture to coat completely. Squeeze off any excess.
5. Place yarn in the cookie cutters, allowing pieces to cross and loop within the heart. Add more until the cookie cutter is filled and the yarn looks like a heart.
6. Remove cookie cutters and bake the sheet for two hours at 150°F, or until hearts are dry and hard.

Precious  
in His  
Sight





## UWF Sunday — January 21

United Women in Faith Sunday was held on January 21. The UWF recognizes Asbury members for the gifts they give to the church and community. This year UWF honored Dawn Jones with the Special Mission Recognition Award and Terry Olson and Steve Kokotovich with the Missions Award.

**Dawn Jones** was baptized at Central Avenue and attended Sunday school there through 3<sup>rd</sup> grade. Her family moved to Smithville and she attended Riverview Methodist Church where she was confirmed, taught Sunday school, sang in the choir and worked at their booth at the fair every year. Later Dawn attended Forbes UMC until she started attending Asbury UMC with her dad, Donald Youngdahl, about 15 years ago. She immediately felt at home at Asbury and has been attending ever since.

Dawn has served multiple terms on the Staff Parish Relations Committee and is currently on the Communications Team, Fine Arts Team, and the UWF Board serving as Co-President with Bev LeClair. She also belongs to the Faith Circle and enjoys working at the meatball dinner, making pasties, pies and donuts. Two years ago, Dawn volunteered to oversee the Fall Pantry. She is co-chair of the Rummage Sale and also is on the Technology Team. She is married to Dave and has a daughter, Stephanie and two awesome grandsons, Logan and Brendyn.

UWF also recognizes the men of the congregation. UWF projects would not be possible without their participation. While we thank all the men, we would like to call special attention to two of our members who are ready to help and organize with any situation: **Terry Olson** and **Steve Kokotovich**.

**Terry** is the co-chair of the Trustees, is on the Finance/Stewardship Team, is chair of the pasty sale and co-chair of the meatball dinners.

**Steve** is the Chair of the Outreach Team, the Lay Leader and delegate to the Annual Conference, and as Lay Leader he is on all committees and on the Technology Team.

Our Gifts in Memory for UWF members lost in 2023 were for:

**Louise Anderson, Barb Downs, Phyllis Faue, Sharon Packingham and Sue Stebner.**

Monetary gifts to Mission have been made in all the above names.

## No Soup on February 11

Faith Circle will not be hosting the “Soup”er Bowl Luncheon this year. We encourage everybody who would have attended to make a free-will offering for the Food Shelf which will go towards matching funds for the Minnesota FoodShare March Campaign.

More information on the campaign will be provided by the Outreach Team for the March Messenger. Asbury UMC has given a substantial donation towards the matching funds campaign each year. Please mark your check “Soup”er Bowl Fund and place it in the box in the Narthex or in the church office. Thank you for your support!

Photo by Karen Gokey



From left to right: Award recipients Terry Olson, Dawn Jones, Steve Kokotovich (not pictured) and speaker Bev LeClair, UWF Co-President.

## UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UWF Board will meet February 7.** Bev LeClair will be hostess and present devotions.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. **Love/Hope Circle will meet on February 20.** Devotions will be shared by Sue Baker and treats by Audrey Johnson.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month in the Wesley Room. **Faith Circle will meet on February 15.** Jan Akervik will share devotions and be our hostess.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. **The Knitting Klub will meet on February 12.**
- Green Door Book Club meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Green Door Book Club will meet on February 19.**
- **Bone Builders Plus meet on Tuesdays and Thursdays in the Fellowship Hall from 9:30 to 10:30 am.** They do not meet on holidays or if there is a special event at Asbury. **They will not meet on February 1 due to pasty prep work in the Fellowship Hall.** Bone Builders Plus is a program to improve balance, muscle strength, bone density and increase energy. It helps to prevent falls and improve dexterity. Participants enjoy increased socialization. Call Mary Kay at 651-206-9874 or Jan at 218-626-1539 for more information.



Asbury United Methodist  
PO Box 7135  
Duluth MN 55807

Return service requested

## Meet Our Staff



Pastor..... Katherine Cornell  
Administrative Asst. ....Shirley Brandt  
Music Coordinator/Organist .....Phyllis Kruell  
Praise Team Leaders.....varies  
Custodian ..... Martin Larson  
Ad Council Chair .....Sandy Winklesky  
Treasurer .....Pat Anscomb  
Finance ..... Judi VanDell  
Lay Leader/Outreach ..... Steve Kokotovich  
Trustees.....Nancy Wagner/Terry Olson  
UWF President.....Bev LeClair/Dawn Jones  
SPRC Chair .....Barb Kokotovich  
Worship Chair .....Renee Randa  
Christian Ed. .Alice Brenny/Sandy Winklesky  
Scholarship ..... Shelly Vanneste  
Membership ..... Candy Kokotovich  
Visitation .....Karen Gokey

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**EDITORS:** The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

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**NEXT MESSENGER DEADLINE: February 21 for March 2024 Messenger.**

Please submit all articles of interest to Shirley in the church office by the deadline listed above.  
Items may be dropped off, e-mailed or mailed. Thank you.

### Worship With Us

Every Sunday at 10:00 am.

**NOTE:**

1st Sunday of each month we share Holy Communion,  
2nd Sunday we recognize those celebrating birthdays.

3rd Sunday our music is led by our Praise Team.

***Every Sunday we give thanks and celebrate  
God's great gifts and presence in our lives.***



#### Asbury's Vision & Mission Statement

**Vision:** At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.

**Mission:** Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.