



**Asbury**

UNITED METHODIST CHURCH  
A Place For All. No Exceptions.

6822 Grand Avenue, PO Box 7135  
Duluth, MN 55807  
218-624-0061

**The Reverend Katherine Cornell**

**In-Church & Online**  
**Sunday Worship 10:00 am**  
[asburyduluth.org/about-us/worship/](http://asburyduluth.org/about-us/worship/)

**Office Hours**

Monday-Thursday:  
10:00 am to 3:30 pm

Closed Fridays & 1st Monday of each month.

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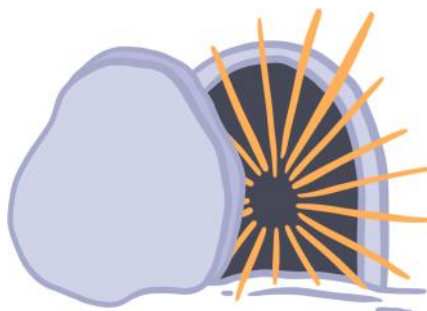
# Messenger

## The Season of LENT

**L**ent is a season of 40 days (and six Sundays) beginning on Ash Wednesday and ending on Holy Saturday. It is a time of self examination, reflection and preparation for the coming of Easter . . . a time to focus on our relationship with God. The use of ashes at our **March 5, Ash Wednesday service at 6:30 pm** is a sign of our mortality and repentance. Knowing and experiencing God's forgiveness allows us to honestly reflect on our lives in preparation for the renewal and the resurrection of Easter.



- March 5** Ash Wednesday, 6:30 pm.
- March 9** First Sunday in Lent/Birthday
- March 16** Second Sunday in Lent/Praise Service of Healing
- March 23** Third Sunday in Lent/Asbury Singers
- March 30** Fourth Sunday in Lent/Hymn Sing UMCOR Sunday
- April 6** Fifth Sunday in Lent/Communion
- April 13** Palm/Passion Sunday/Asbury Singers
- April 17** Maundy Thursday, 6:30 pm
- April 18** Good Friday Ecumenial Service, 6:00 pm  
ELIM Lutheran, 6101 Cody Street, Duluth
- April 20** **EASTER SUNDAY**



**Hope is Alive**

**FIRST**  
Sunday in Lent



**SECOND**  
Sunday in Lent



**THIRD**  
Sunday in Lent



**FOURTH**  
Sunday in Lent



**FIFTH**  
Sunday in Lent



**PALM**  
Sunday





# A Penny For Your Thoughts

## Giving Up, Adding On, What's a Body To Do?

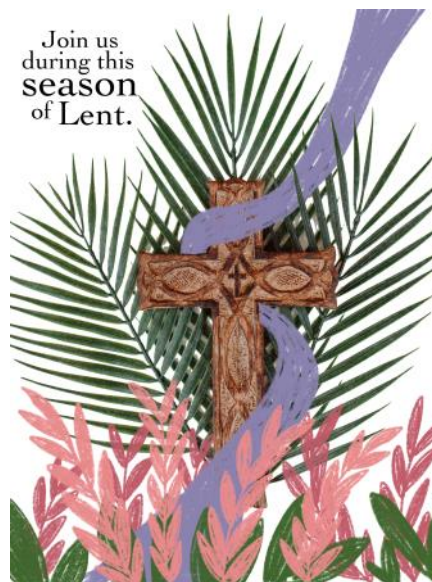
Recently, I saw a series of pictures on social media helping me gain perspective on my life and place in the vast universe. The first was a picture of the Sun, about the size of a jar lid, with the earth beside it the size of a pea. The second was a picture of the Stephenson 2-18, a red supergiant the size of a jar lid with the Sun the size of a speck. Finally, there was a picture of a black hole the size of the jar lid, and the Stephenson 2-18 red supergiant was barely visible. It reminds me of what we will be about during Lent's time. Let me explain.

Traditionally, Lent is a time in the church year when we look at our own lives and remember our mortality and, in contrast, the vast nature of God. We begin with Ash Wednesday and then have 40 days (not counting Sundays) to sit with ourselves and reconnect with God, putting our lives in perspective and asking God, what's next?

I have seen two strategies for concentrating on our connection to God during Lent. The first is to give something up. When one gives something up for Lent, the desire for that something becomes an opportunity to pause and remember God's involvement in our lives. Say a prayer or remember those whom God cares for who are less fortunate than us. Whenever I want that piece of chocolate or candy, I can instead take a breath and connect with God.

Another option is to take something on for Lent. Instead of concentrating on giving up, one adds a time of meditation, a devotional reading,

Join us  
during this  
season  
of Lent.



a journaling option, or perhaps a time of learning or service to our lives to reorient ourselves to who we are and who God is in our lives.

At Asbury this month, you can join together with us and the MN Conference in the Lenten Book Study, pick up a Lenten Devotional to read, decide to sit at a different table during fellowship time and get to know some new people, join with the Praise Team or the Asbury Singers, serve at the Damiano Center, bring food for CHUM, or . . .the list goes on.

No matter what you decide is right for you, I encourage you to enter into this time with intention and purpose. Take a moment to determine how you want to remember your amazing and unique place in the universe again. Also, recognize the vastness of God's creation and how wonderful it is that the God who created black holes cares for you with deep and abiding love.

Blessings and Peace,  
Katherine

**Pastoral Care:** Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries.

In case of emergency and there is no answer at the church,  
please contact Pastor Katherine at 828-263-2035 or email at [kcornell@wnccumc.net](mailto:kcornell@wnccumc.net).  
Pastor's day off is on Friday and she works from home on Mondays.

# Asbury News

## Thank You!

Dear Asbury United Women in Faith:

Thank you so much for your generous \$500 donation to Safe Haven. We really appreciate your continued support. You are part of a giving community that provides hope and healing to survivors of domestic violence and their families all across the Northland. — Carin Skoog, Director of Philanthropy

Dear Asbury United Women in Faith:

Thank you for your recent gift of pasties to Ronald McDonald House Charities, Upper Midwest. Your support will enable us to provide families a comfortable and caring home-away-from-home while they face their child's health crisis. — Jill Evenocheck, President and CEO

Dear Asbury United Women in Faith:

Thank you for your donation of \$1000 for The Salvation Army. Your gift will allow us to continue to provide food, shelter, advocacy and a caring community for some of Duluth's most vulnerable residents. — Gracia Swensen, Devel. Dir.

Dear Members of the United Methodist Women:

Thank you so much for your very generous donation to Companies to Classrooms! Your group and church are listed on the marquee in our front lobby as this month's sponsor. — Carolyn Schroeder, Volunteer C2C Manager

Thank you for supporting C2C. The supplies we get from them are always needed in our yearbook class. — Students at Denfeld High School

Thank you so much for supporting C2C. It is a huge help to my students.

— Jen Fuchs, teacher at Lincoln Park Middle School

Dear Pastor Cornell and Ladies of the Church:

Thank you so much for your visits to Ruth Bloomquist. She mentioned to me how much she enjoyed the visits. My Mom and Ruth were best friends. Ruth and my Dad were friends because they had grown up in the same West Duluth neighborhood. My Mom and Dad went on their first date with Harry and Ruth. She always said she didn't know why she was living so long. For me, she taught me gratitude and was a connection to my parents. — Carol Jean Hanson

## Lenten Study Starts March 6

Join Bishop Lanette Plambeck and the Minnesota Conference Appointive Cabinets in a Lenten study around the book *The Third Day*, by Bishop Tom Berlin. The Conference is creating seven videos that will be available online through Lent. To access the videos, go to <https://www.minnesotaucmc.org/2025-lenten-study>

From the publisher: On the third day, he rose again. In *The Third Day: Living the Resurrection*, Bishop Tom Berlin uses his gifts of storytelling and understanding the Scriptures to connect the reader to the experiences of several individuals around Jesus in his final days, focusing on new life and redemption rather than loss. Join Peter, Mary Magdalene, and Thomas as they feel the despair of losing Jesus and the surprise and joy that awaits them in the resurrection. This study traces events around these characters, along with Paul and the disciples at Emmaus, and how the resurrection transforms their lives.

At Asbury, we will meet in the Wesley Room on Thursdays during Lent from 11:00 am to 12:30 pm. We will begin on Thursday, March 6 and continue March 13, 20, 27 and April 3, 10 and 17. A sign-up sheet is on the table in the Narthex. Those who sign up will find books with their names on them on the credenza outside the church office. You may also sign up by calling the church office, 218-624-0061. Everyone is welcome to attend.



Our March Outreach  
Free-Will Offering  
collection is for  
CHUM Food Shelf/  
March FoodShare Campaign

## Attendance . . .

Feb. 2	29 In-church/64 views
Feb. 9	59 In-church/39 views
Feb. 16	57 In-church/52 views
Feb. 23	62 In-church/34 views



## Scripture Readers . . .

March 2	Candy Kokotovitch
March 9	Dave Stromgren
March 16	Terry Olson
March 23	Carol Johnson
March 30	Jan Akervik



- 1 Zak Tollefson
- 7 Jan Akervik  
Katherine Cornell  
Lynn McGraw
- 9 Julie Arnt  
Karina Kokotovitch
- 13 Donna Seger-Olsen
- 15 Janessa Brackett  
Allison Finnelly  
Robin Williams
- 19 Teri Akervik  
Ruby Nelson
- 22 Joe Mickelson  
Steve Mickelson  
Taylor Robinson
- 23 Mick Levinski
- 25 Lynn Tollefson
- 28 Stephanie Peterson  
Nolan Randa  
Renee Randa
- 30 Marc A. Kujawa, Jr.

Not included?  
Please contact the  
church office at 624-0061.

# Asbury News

## Damiano Center Volunteers

We will continue volunteering at the Damiano Center on Second Saturdays, every other month, throughout 2025. Dates to volunteer in 2025 are March 8 and 29, May 10 and 31, July 12, August 30, September 13 and November 8 and 29. Two to three volunteers are required for each shift. The first shift is from 8:30 to 10:30 am and the second shift is from 11:00 am to 1:00 pm.



A sign-up sheet will be out on the table in the Narthex prior to each date to volunteer.

## Resource for Lent

Experience a transformative Lenten Journey with *The Sanctuary for Lent 2025*. The booklet contains brief readings for each day in Lent, from Ash Wednesday (March 5) through Easter Sunday (April 20), including a suggested scripture, a short devotion, and a short prayer or practice—all based on the Revised Common Lectionary.

This annual favorite helps readers faithfully journey through Lent as they prepare to experience the joy of the Resurrection.

This resource is available in the Narthex and the Fellowship Hall. It was made possible by a generous donation.

## Scholarship Information

Scholarship Sunday has been set for Sunday, April 27 this year. **Applications will be due by Saturday, TBD.** More information on the VanKleek and Maida scholarships will be in the April Messenger.

**The application will be available soon.** It may be obtained in the church office or please submit a request at [asburyumcduluth@hotmail.com](mailto:asburyumcduluth@hotmail.com) or download from the website at [www.asburyduluth.org](http://www.asburyduluth.org)



## Church School Partnership News

Asbury UMC has a very dedicated group of people who continue to work with Laura MacArthur Elementary School in a variety of ways. Food distribution continues weekly (formerly Backpack Program). Before Christmas there is a Giving Tree gift distribution. Most recently we served a meal to the teachers and staff during conferences. Team member Sue Baker continues to be our liaison with Laura MacArthur and keeps us informed on all aspects of our relationship with the staff. Thank you, Sue!

— Alice Brenny

# Worship In March

There are three ways to participate in worship:

- 10:00 am at Asbury UMC on Sundays. Join us live at 10:00 am and join us for fellowship, coffee and treats in the Fellowship Hall after worship.
- 10:00 am livestream service on Sundays via YouTube as the live service is taking place. An email with the YouTube link and an online worship bulletin is sent out prior to each Sunday.
- Or, you can watch the YouTube service at anytime by logging in using the link provided for each Sunday.

**March Worship Theme:** This month our worship is centered around preparing our hearts for the celebration of Easter. This time of preparation is called Lent. The first Sunday of March we celebrate communion and remember when Jesus went up on a mountaintop and had a holy moment that led to questions of faith for the disciples. Then on Ash Wednesday, March 5 at 6:30 pm we gather to begin our Lenten journey with ashes that help us gain perspective on our lives together. March 9 brings us to the first Sunday in Lent when we look to God's protection and provision. We continue our journey with a Service of Healing on March 16 as we are led by the Praise Team. We are reminded of God's plans on March 23 and the Asbury Singers will sing during worship. On March 30 we celebrate our Fifth Sunday Hymn Sing with special music by Dale and Margaret Rogers. Please join us!

### March 2

Scripture Passages:  
*Psalm 99; Luke 9:28-43a*  
Message: "Faithless?"

### March 9

Scripture Passages:  
*Luke 4:1-13; Psalm 91:1-2, 9-16*  
Message: "God's Protection"

### March 16

Scripture Passages:  
*Psalm 27; Luke 13:31-35*  
Message: "Finishing the Work"

### March 23

Scripture Passages:  
*Psalm 63:1-8; Isaiah 55:1-9*  
Message: "This Wasn't the Plan"

### March 30

Scripture Passages:  
*Psalm 32; Luke 15:1-3, 11b-32*  
Message: "Not This Again"

# Calendar

## March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2</b> <b>TRANSFIGURATION</b> 9:00 am, Asbury Singers 10:00 am, Worship/ Communion 10:15 am, Sunday School 11:00 am, Fellowship, FH 5:00 pm, Yoga, FH 5:00-7:00 pm Confirmation/Youth at Norton Park UMC	<b>3</b>           OFFICE CLOSED	<b>4</b> 9:30 am Bone Builders, FH	<b>5</b> 8:30 am Men's Coffee, FH 9:30 am UWF Board Meeting, WR  5:30 pm, YOGA, FH  6:30 pm ASH WEDNESDAY	<b>6</b> 9:30 am Bone Builders, FH  <b>10:00 to 10:45 am,            2nd Harvest Food            Distribution</b>  <b>11:00 am-12:30 pm            Lent Study, WR</b>	<b>7</b>           Dumpster Pick Up	<b>1</b>           <b>8</b> Damiano Volunteers 8:30-10:30 am 11:00 am to 1:00 pm
<b>9</b> <b>FIRST SUNDAY IN LENT            DAYLIGHT SAVINGS</b> 9:00 am, Asbury Singers 10:00 am, Worship/Birthday 10:15 am, Sunday School 11:00 am, Congregational Meeting, Lilly Grant 11:00 am, Fellowship, FH	<b>10</b> 2:00 pm Knitting Klub, WR	<b>11</b> 9:30 am Bone Builders, FH	<b>12</b> 8:30 am Men's Coffee, FH  9:30 am Trustees, WR  5:30 pm, YOGA, FH  6:30 pm, Praise Team	<b>13</b> 9:30 am Bone Builders, FH  <b>11:00 am-12:30 pm            Lent Study, WR</b>	<b>14</b>	<b>15</b>
<b>16</b> <b>SECOND SUNDAY IN LENT            SERVICE OF HEALING</b> 9:00 am, Praise Team 10:00 am, Worship/Praise 10:15 am, Bible Bingo 11:00 am, Fellowship, FH 5:00-7:00 pm Confirmation/Youth at Norton Park UMC	<b>17</b> 9:30 am Green Door Book Group, WR	<b>18</b> 9:30 am Bone Builders, FH  1:00 pm Love/Hope Circle, WR  6:30 pm Ad Council, WR & Zoom	<b>19</b> 8:30 am Men's Coffee, FH  5:30 pm, YOGA, FH  6:30 pm, Praise Team	<b>20</b> 9:30 am Bone Builders, FH <b>11:00 am-12:30 pm            Lent Study, WR</b> 1:00 pm Faith Circle, WR <b>MESSENGER            DEADLINE</b>	<b>21</b>           Dumpster Pick Up	<b>22</b>           9:00-10:30 am Free Community Breakfast, Our Savior's
<b>23</b> <b>THIRD SUNDAY IN LENT/            ASBURY SINGERS</b> 9:30 am, Asbury Singers 10:00 am, Worship 10:15 am, Sunday School 11:00 am, Fellowship, FH	<b>24</b>	<b>25</b> 9:30 am Bone Builders, FH	<b>26</b> 8:30 am Men's Coffee, FH  5:30 pm, YOGA, FH  6:30 pm, Praise Team	<b>27</b> 9:30 am Bone Builders, FH  <b>11:00 am-12:30 pm            Lent Study, WR</b>   <b>MESSENGER            EMAILS/MAILS</b>	<b>28</b>	<b>29</b>           Damiano Volunteers 8:30-10:30 am 11:00 am to 1:00 pm
<b>30</b> <b>FOURTH SUNDAY IN LENT/            UMCOR SUNDAY</b> 9:00 am, Asbury Singers 10:00 am, Worship 10:15 am, Sunday School 11:00 am, Fellowship, FH	<b>31</b>	Gentle Yoga meets on Wednesdays, 5:30 pm to 6:30 pm in the Fellowship Hall (unless otherwise specified). There will also be a Sunday class starting February 2 through March 2 in the Fellowship Hall. Call Cheryl Zupec at 218-343-4478 for more info.  <b>Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am in the Fellowship Hall. They practice at 9:30 am on Sundays they sing.</b>  <b>The Praise Team practices each Wednesday at 6:30 pm and on Praise Sunday at 9:00 am.</b>				

# Asbury News



## CHUM March Food Drive

Every March, donations to CHUM's Food Shelf are proportionally matched by the Greater Minnesota Council of Churches. CHUM will be accepting donations from March 1 – April 6 this year. To help, Asbury will be collecting food and monetary donations. Cash donations are preferred as the Food Shelf is able to stretch cash further by working with their partners to purchase more food. For every \$1 that gets donated, CHUM can buy \$3 worth of food! Please mark your monetary donations for "CHUM Foodshare" on the memo line of your check or offering envelope and drop into the basket on the table in the Narthex or mail to the office at 6822 Grand Ave., POB 7135, Duluth, MN 55807.

CHUM's goal this year is \$80,000 and 40,000 pounds of food. They report having a good year collecting during the 2024 March FoodShare Drive.

Foods most needed at this time include: peanut butter, canned soups, chili, stew, beans, canned fruits and vegetables, pasta, rice, and cereal. Thank you for your continued support. — Asbury's Outreach Team

## Christian Education News

Sunday School continues to explore the Miracles of Jesus. Before Christmas, we studied three miracles centered around water: Wedding at Caanan, Walking on Water and Calming the Storm. Now we are looking at miracles centered on caring for people. During Lent we will look at Easter miracles.

We continue to have an average of six kids in Sunday school each week which allows us to have some interesting conversations. We have missed Ruby Slennes the last

few weeks as she was getting moved and settled in her new home. She is back and so is music every Sunday.

Please join us on March 16 when we will be sharing the miracles we have been looking at since Christmas with the congregation. All the miracles Jesus performed



## AUMC 2025 Events

April 29, 2025, 4:30 to 6:00 pm

**DRIVE THROUGH MEATBALL DINNER**

**Preorder tickets to reserve dinner — limited tickets at door**

**Preorder container of 5 meatballs.**

**Preorders call 218-624-0061.**

**Deadline to preorder and pay: April 20**

**Checks made out to Asbury UWF or exact cash please!**

June 6, 2025 **DONUT SALE**

**Preorders recommended. Call 218-624-0061.**

**Deadline to order: June 1**

June 26, 2025 **RUMMAGE SALE**

**Time TBD, Fellowship Hall**

September 12-13, 2025 **PASTY SALE**

**Pasties are \$6.00 each/Gravy is \$1.00 each**

**Call 218-624-0061 to order.**

**Deadline to order: NOON on September 7**

October 11, 2024 **FALL PANTRY**

**9:00 to 11:00 am, Fellowship Hall**

homemade apple pies (frozen to take-and-bake);  
freshly fried donuts; 350 pasties (come early!);  
pickles, jams, jellies and more;  
Cookie Table; breads, baked goods;  
craft/knit items

are reminders to us of his love and the lesson he taught to all his followers: If we have faith, we can do all things even if those things seem impossible. We are led by our faith in Him. — Alice Brenny

## Letter From Genesis

Dear Friends, Genesis is happy to greet you through this letter, hoping that Jesus keeps you well. On this occasion she thanks you for sponsoring her. It is a great blessing to have your help. Genesis wants to know, do you have abundant trees in your community? She asks you to pray so that God provides her with food. She tells you that thanks to God, she has already finished her school year with good grades and managed to graduate with her sister. She says goodbye, hoping to hear from you soon.



Genesis on right with her sister.

# Asbury News

## Ad Council Meeting Minutes — 2-25-25

### Opening

Sandy Winklesky, Ad. Council Chair, called the meeting to order at 6:27 pm. The Council met in the Wesley Room. Pastor Katherine led us in prayer.

### Secretary's Report

Minutes of the January 21, 2025, Administrative Council were reviewed.

Dawn Jones made a motion to accept the minutes as read. The motion was seconded and unanimously approved.

**M – Dawn Jones, S – Bev LeClair**

### Lay Leader's Report – Steve Kokotovich

At the January Ad. Council meeting, members were asked to go back to their committees and discuss how we could eliminate the Fall Meatball Dinner. From the responses brought back to the Council, Steve made a motion that the Fall Meatball Dinner be eliminated and that money be transferred from the UWF Project Fund to apportionments. UWF will match the average revenue of the past four years of Fall Meatball Dinners up to \$3,000. The motion was seconded and unanimously approved.

**M – Steve Kokotovich, S – Bev LeClair**

### Treasurer's Report – Pat Anscomb

The January monthly summary was presented. Balance on Hand, 1/31/2025 is \$8,093.80.

As of 1/31/2025 we have paid 0% of our 2025 Conference Apportionments with a balance due of \$18,936.00.

Pat made a motion to accept the Treasurer's Report.

The motion was seconded and unanimously approved.

**M – Pat Anscomb, S – Steve Kokotovich**

### Staff Parish Relations Committee – Barb Kokotovich

The SPRC met this February and discussed the responsibilities for the year. Staff liaisons were assigned.

Barb and Steve met with Pastor Katherine to discuss the Lilly Grant. Barb mentioned the benefits that the Grant could provide. She made a motion that the Ad. Council support Pastor Katherine in submitting an application for the Lilly Grant funded sabbatical. The motion was seconded and unanimously approved. **M – Barb Kokotovich, S – Bev LeClair**

### Trustee's Report – no report

**United Women of Faith – Bev LeClair and Dawn Jones**  
The UWF have updated their funeral policy.

### Outreach and Missions Team – Steve Kokotovich

We are working at the Damiano on March 8 and 29. Asbury helped at Memorial Park's winter festivities, "Winter Out West".

Asbury will hold their CHUM Food Drive again this March.

## TREASURER'S REPORT:

1-31-25

### GENERAL FUND:

Balance on Hand 12/31/24	\$ 10,175.21
Deposits	\$ 12,449.26
Total to Account for	\$ 22,624.47
Checks Written	<\$ 14,530.67>
Balance on Hand, 1/31/25	\$ 8,093.80

Unpaid Bills through 1/31/25 (includes apportionments)	<\$ 2315.00>
Net Ending Balance at 1/31/25	\$ 5,778.80

### Education Team

The Sunday School has 6 to 8 children attending each Sunday. The Sunday School theme this year is "Miracles." They will have a "miracles" presentation during the March 16 church service. The children will be singing at the Palm Sunday Service. The Team will meet in March.

### Worship Team – Pastor Katherine

Ash Wednesday service is on Wednesday, March 5, at 6:30 pm.

### Nurture/Congregational Care Team

The Membership Committee put up a bulletin board in the Fellowship Hall.

The Visitation Committee met in February to discuss the Visitation list. The next meeting is May 21 at 1:00 pm.

The Scholarship Committee will be meeting soon.

### Pastor's Report – Katherine Cornell

We decided not to renew the Zoom license.

Steve Kokotovich made a motion to continue our membership in the West Duluth Business Club. The motion was seconded and unanimously approved.

### M – Steve Kokotovich, S – Larry Sampson

The Lenten Study begins in March, and is held on Thursdays at 11:00 am. The Lenten Study book is *The Third Day*.

On March 9 there will be another congregational meeting about the Lilly Grant. The congregation will vote if we should go forward in support of the Grant. For those who cannot attend in church that Sunday, an absentee ballot will be provided.

Pastor Katherine and Sandy Winklesky attended the CHUM meeting at Gloria Dei Church.

### Old Business - none

### New Business – none

### Closing

The next Ad. Council meeting will be on Tuesday, March 18, 2025, at 6:30 pm.

Steve Kokotovich made a motion to adjourn the meeting. The motion was seconded and unanimously approved.

### M – Steve Kokotovich, S – Barb Kokotovich

The meeting was adjourned at 7:16 pm.

Respectfully Submitted,  
Patricia Bennett, Recording Secretary

# Kid's Corner



## FROM WORD TO WORLD

Words are important! God spoke and created all things.  
What does the psalmist declare about creation?

*Directions: Using the word clues, unscramble the letters to complete Psalm 102:25, NIV.*

A preposition	NI	--
An article	HTE	---
Genesis means this	NINBGEIGN	-----
A second-person pronoun	OUY	---
Past tense of <i>to lay</i>	IDAL	----
An article	HET	---
A plural noun meaning <i>base</i>	SODTAINFONU	-----
A preposition showing possession	FO	--
An article	TEH	---
A concrete noun meaning <i>world</i>	HRTEA	-----

Psalm 102:25, NIV

Answer: In the beginning you laid the foundations of the earth. (Psalm 102:25, NIV)



This snack's layers mimic properties of our planet's crust.

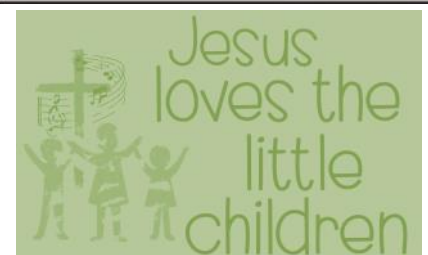


### What you need:

- 1 cup rolled oats
- ½ cup nut butter (divided)
- ½ cup chocolate chips
- Microwave-safe bowl
- Silicone mini baking cups

### What you do:

1. Combine the oats and ½ cup of the nut butter. Mix until oats stick together.
2. Place 2 teaspoons of oat mixture in each baking cup. Press with a spoon. Freeze for 10 minutes.
3. Spread remaining nut butter atop the cups. Freeze for 10 more minutes.
4. Microwave the chocolate chips 30 seconds. Stir and keep heating for 30-second intervals until melted.
5. Spread melted chocolate atop the cups. Freeze until chocolate is firm.
6. Remove from the molds and enjoy! Refrigerate leftovers in an airtight container.





## Cookbook In the Works

As our Faith Circle gathered together for a holiday potluck, we started talking about all the good food that was brought to share. And so it began . . . a cookbook is in the works — the *Asbury Cookbook*.

Now we are asking you to please submit your favorite easy recipes. If you could print or type them we would appreciate it. Please add your name and phone number in case we need to contact you. Please submit them to our committee members: Cherie Blazevic, 218-390-1193, Dawn Jones, 218-340-0124 or Avon Power, 218-221-4701. Contact us for more information or any questions. We are excited to begin. Thank you!

## Asbury Rummage Sale Changing To Exclusive Items

The Annual Asbury Rummage Sale will be changing for 2025 to a “**Book, Puzzles, DVD, CD and Games**” only sale. Prior rummage sales have entailed a tremendous amount of work in setting up and packing up after the sale. As our church body tries to scale back on the number of work projects, this is one of the projects that is being revamped to help lessen the load.

Please start sorting and saving your books, puzzles, DVD movies, music CDs and games for the sale on June 26. Time of sale TBD. In the meantime, read all those books you have been meaning to read and save them for the sale. Take the time to watch your DVDS and listen to your CDs and save ones you no longer want for the sale. Challenge yourself by putting together a puzzle or two or more and then take them apart to bring to the sale. Tired of playing the same game over and over? Treat yourself to a new one and bring your old games in for the sale.

Contact Cathy Sampson, Rummage Sale Co-Coordinator, 218-349-5307, if you have any questions.

## NEEDED!

The UWF is looking for family-size plastic ice cream pails and lids. We use them when extra food is brought to agencies we support following Asbury dinners. Additionally, we are looking for canning jars. Have you finished the jam/jelly or delicious pickles you bought at the Fall Pantry? How about returning any jars to be reused for the upcoming Fall Pantry on October 11. It won't be long before we will be picking berries and canning. Please bring pails/lids and canning jars to the kitchen. We thank you!



## Successful Pasty Sale

Our spring pasty sale was extremely successful. We made and sold 2220 pasties! Profits from the sale will be divided as such: \$500 will go to church utilities, 10% to Missions, \$1332.00 for the March FoodShare Campaign benefitting the CHUM Food Shelf and \$11,488.00 for the UWF church project fund. A huge thank you to all who worked on this immense project and to everyone who purchased pasties!

## UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UWF Board will meet March 5.** Cathy Sampson will be our hostess and provide devotions.
- **Love/Hope Circle will meet at 1:00 pm on March 18.** Sharon Parendo will share devotions and Sue Baker will be our hostess. Pledges will be taken.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month in the Wesley Room. **Faith Circle will meet on March 20.** Jan Akervik will present devotions and be the hostess. Discussion will be on the cookbook and plans to work and help with the Meatball Dinner on April 29.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. **The Knitting Klub will meet on March 10.**
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Green Door Book Group will meet on March 17.**
- **Bone Builders Plus meet on Tuesdays and Thursdays in the Fellowship Hall from 9:30 to 10:30 am.** They do not meet on holidays or if there is a special event at Asbury. Bone Builders Plus is a program to improve balance, muscle strength, bone density and increase energy. It helps to prevent falls and improve dexterity. Participants enjoy increased socialization. Call Mary Kay at 651-206-9874 or Jan at 218-626-1539 for more information.

Asbury United Methodist  
PO Box 7135  
Duluth MN 55807

Return service requested

## Meet Our Staff



Pastor:..... Katherine Cornell  
Administrative Asst.: .....Shirley Brandt  
Music Coordinator/Organist: .....Phyllis Kruehl  
Praise Team Leaders.....varies  
Custodian: ..... Martin Larson  
Ad Council Chair: .....Sandy Winklesky  
Treasurer: .....Pat Anscomb  
Finance .....Larry Sampson  
Lay Leader/Outreach: ..... Steve Kokotovich  
Trustees: .....Nancy Wagner, Terry Olson  
UWF President.....Bev LeClair, Dawn Jones  
SPRC Chair .....Barb Kokotovich  
Worship Chair .....Renee Randa  
Christian Ed.: Alice Brenny/Sandy Winklesky  
Scholarship .....Shelly Vanneste  
Membership .....Candy Kokotovich  
Visitation .....Karen Gokey

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

**EDITORS:** The Rev. Katherine Cornell; Shirley Brandt, Admin. Asst.

### CHURCH OFFICE:

218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

**NEXT MESSENGER DEADLINE: March 20 for April 2025 Messenger.**

Please submit all articles of interest to Shirley in the church office by the deadline listed above.  
Items may be dropped off, e-mailed or mailed. Thank you.

## Worship With Us

Every Sunday at 10:00 am.

### NOTE:

1st Sunday of each month we share Holy Communion,  
2nd Sunday we recognize those celebrating birthdays.  
3rd Sunday our music is led by our Praise Team.  
***Every Sunday we give thanks and celebrate  
God's great gifts and presence in our lives.***



### Asbury's Vision & Mission Statement

**Vision:** At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.

**Mission:** Asbury UMC is a welcoming, active church that exists to  
serve, grow, build, and bless our congregation, community, and the world.