October 1, 2026
Volume 31, Issue 10

Messenger

Asbury
UNITED METHODIST CHURCH
A Place For All. No Exceptions.

6822 Grand Avenue/PO Box 7135
Duluth, MN 55807 ~ 218-624-0061

The Reverend Katherine V. Cornell
In-Church & Online
Sunday Worship 10:00 am
asburyduluth.org/about-us/worship/

Office Hours
Monday-Thursday: 9:00 am to 2:30 pm
Closed each Friday
and the 1st Monday of the month.

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Dear Family and Friends of Asbury UMC,

In our **Vision Statement** we claim "At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community." One place where we can set our intentions to put these words into action is during our yearly stewardship campaign. God's words and ways are ones of building relationships through **"Caring and Sharing."** Our **Mission Statement** then follows: "Asbury UMC is a welcoming, active church that exists to serve, grow, build and bless our congregation, community and the world." Just as God has compassion on us, we are called to be compassionate people who care and share our resources to build the community of God.

Your giving provides so much to the outreach in our community: the work that lovingly goes into each project done throughout the year, the bills getting paid on time, the thought-provoking sermons we are blessed with each week, the smile that can brighten someone's day – and the list could go on and on. Our individual contributions may seem small, but every one of them counts! As you were able to see from reviewing the information sent recently with regard to our income and expenses for 2026, we as a church have shown much generosity in our giving to support the many programs of Asbury UMC. This year we are learning about **"Caring and Sharing"** in building relationships as we set our stewardship intentions.

On Sunday, October 25, we celebrate Commitment Sunday. As part of worship, we will offer our 2027 pledge card indicating our estimate of giving for the next year. We ask for an estimate of giving so that our Finance Team is able to set an accurate ministry budget for the coming year. **Look at the back of the pledge card** where you can add your intentions of giving your time to the

Continued on page 3 . . .

A Penny For Your Thoughts

The Beauty Around Us Is Outstanding



A person who recently moved away shared that he missed our vibrant fall colors. People at church have talked about the beauty down Stebner Road. Our next-door neighbor said she almost called the fire department for us until her husband looked and saw she had mistaken the brilliant red of the maple tree peeking out above our roof for flames. I even noticed one tree in our neighborhood sported red, orange, yellow, brown, and green leaves all at the same time. The beauty around us is outstanding.

I have also noticed beauty in the people around me. Some offer kind words and a listening ear; many join together to work pasties, pies, donuts, meatballs and more; others offer prayers and support; and still others extend hospitality and places of rest, or share time and stories together. The beauty around us is outstanding.

The beauty around us is outstanding, but not **surprising**, because we believe in God whose palette is exquisite and who values relationship above all. So beauty and variety in colors complement the beauty and variety of the love shared among people who care for one another, as we find here at Asbury.

Our Stewardship theme this year speaks to the beauty of relationships. Being good stewards of our relationships touches many aspects of our lives, including our time, our talents and our resources. We have opportunities to be grounded in God's love, and God then invites us into healthy relationships around us. I hope you will take a look at the Stewardship questions that are printed in the "Worship With Us" section on page 4 of this newsletter. There will be colored note cards and colorful paper clips in the narthex each week for writing your answers and sharing them on the Stewardship web. These questions and responses can help us reflect on how we live out our purpose and vision, both as individuals and as the people of Asbury UMC. I look forward to seeing your many different responses. My guess is that they will be as varied and as beautiful as the leaves of the maples.

Come join us as we journey together and notice the outstanding beauty around us.

Blessings and Peace,
Katherine

PASTORAL CARE

Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries.
In case of emergency and there is no answer at the church,
please contact Pastor Katherine at 828-263-2035 or email at kcornell@wnccumc.net.
Pastor's day off is on Friday and she works from home on Mondays.

Asbury News

OCTOBER 2026

Thank You!

Dear Pastor Katherine and Asbury Congregation,

Thank you for the prayers, thoughts, words of encouragement and comfort, cards and hugs at the time of Paul's fall and injury and of Barb's dear sister's passing. Asbury can always be counted on to give each one the support they need when it is needed. You are all such a wonderful blessing. Thank you.

— Paul & Barb Rigstad

Dear Asbury Church Family:

Thank you to my Asbury church family for the cards and prayers for my daughter, Nikki, as she continues on her journey with breast cancer. She told me that she is sure that is why she is doing as well as she is. Thank you also for prayers for my other daughter, Jessi. — Carol Johnson

Dear Asbury UMC:

Thank you for your generous donation of $87.00 to the Union Gospel Mission. Your support is a meaningful expression of compassion and faith in action. Your partnership allows us to serve with dignity, meeting needs while offering encouragement, connection and care. — Katie Hagglund, Exec. Director

Stewardship continued from page 1 . .

church through ministry opportunities. Please bring your completed pledge card with you on Sunday, October 25. If you are not able to attend worship that Sunday, please mail your pledge card to the church office at 6822 Grand Ave., PO Box 7135, Duluth, MN 55807.

We understand it may be difficult to know what the year ahead holds. If your situation changes, you can easily make adjustments by contacting our Finance Chair or the church office. One option that has been helpful to our budget in recent years is electronic giving. It is very easy to set up and can be modified at any time if necessary. There is a box to check on the enclosed pledge card if you are interested in more information on this option.

So many things factor into preparing a church budget. We believe that with our continued commitment of **"Caring and Sharing"** we can meet the needs of our budget and continue to demonstrate the love of God and neighbor by expanding our ministries to this community. With your help we can live into our mission to be a welcoming, active church that exists to serve, grow, build and bless our congregation, the community and the world. Thanks for your continued support.

With you in Christ's service,

The 2027 Stewardship/Finance Team

Our October free-will Outreach Offering collection is for World Communion Sunday.

Attendance . . .

Aug 30	64 In-church/55 views
Sep 6	62 In-church/47 views
Sep 13	76 In-church/39 views
Sep 20	70 In-church/66 views
Sep 27	70 In-church/NA views

Scripture Readers . . .

October 4	Terry Olson
October 11	Carol Johnson
October 18	Anita Fagerstrom
October 25	Pam Perich



3	Tom Houle
4	Sue Newberry
	Michael Smisek
5	Melissa Abbett
	Gloria Schultz
7	James Cornell
	Sage Cornell
	Larry Sampson
10	Stan Johnson, Jr.
12	Logan Peterson
13	Sue Baker
15	Sheri Scanlon
21	Jordan Nickila
22	Pat Anscomb
	Carol Johnson
23	Julien Melgarejo
26	David Cornell
28	Macy Duncan

Not included?
Please contact the church office at 624-0061.

Asbury News

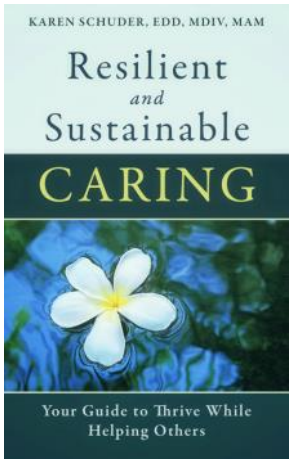
Ministry Fair — October 4

Our Ministry Fair continues on October 4. Several tables are set up in the Narthex highlighting all of Asbury UMC's different ministries. Asbury exists to serve, grow, build, and bless the congregation, community and the world. We would love for you to join with us on our different ministry teams!

There will be ministry members available to speak with about each ministry's activities. They will be able to answer any questions you may have. Please take a moment or two after the service to walk around and explore!

Stewardship Book Study

Join us as we study *Resilient and Sustainable Caring* by Rev. Dr. Karen Schuder. Our study begins with a focus on Chapter 2 of the book on October 1. We will then focus on resilient boundaries on October 8 (Chapter 3); dealing with anxiety (Chapter 5) on October 15; developing community (Chapter 9) on October 22; and intentional legacy (Chapter 10) on October 29.



Books are in the narthex for a suggested donation of $5 (thank you to several anonymous givers). Even if you cannot join in the study, please pick up a book in preparation for our Stewardship Sermon Series and our November 7 workshop.

Sustainable Caring Workshop

Save the date, **November 7 from 9:00 to 11:00 am in the Wesley Room**, for a workshop led by author Rev. Dr. Karen Schuder based on a topic from her book *Resilient and Sustainable Caring*. We will gather at 8:30 am for breakfast goodies and begin the workshop at 9:00 am. Help choose the topic focus by voting for one of the following: 1) Decrease anxiety and radiate your best self; 2) Promote balance with virtues and healthy limits; 3) Lighten your load with supportive community; 4) Foster compassionate teams with self-compassion. We will be collecting votes until October 26, so call or email the office and let Shirley know what you want to learn about on November 7!



Worship In October

There are three ways to participate in worship:

- 10:00 am at Asbury UMC on Sundays. Join us live at 10:00 am and join us for fellowship, coffee and treats in the Fellowship Hall after worship.
- 10:00 am livestream service on Sundays via YouTube as the live service is taking place. An email with the YouTube link and an online worship bulletin is sent out prior to each Sunday.
- Or, you can watch the YouTube service at anytime by logging in using the link provided for each Sunday.

October Worship Theme:
This month we begin with our Stewardship kickoff as we also celebrate World Communion Sunday on October 4. For our stewardship time we are exploring how we are good stewards of our relationships — reaching out with care, with resilience and compassion. We begin by looking at the foundations of stewardship. Everything we have, including our lives, gifts, relationships, congregation, time and resources, has been entrusted to us by God. Sustainable caring begins when we recognize that we are caretakers, not owners, and ask what faithfulness looks like with what God has placed in our hands. We continue our exploration into sustainable caring with Rev. Dr. Karen Schuder as we look at healthy boundaries on October 11. On October 18 we explore how anxiety hinders faithful stewardship and what to do about it. Finally we bring our stewardship commitments on October 25 as we enjoy our Asbury Singers and talk about our stewardship as members of the larger faith community. Each week there will also be a stewardship question that you can answer on colored post cards and lend your voice to the conversation by hanging the cards on our Stewardship board in the narthex.

October 4
Scripture: *Philippians 3:4b-14; Matthew 21:33-46*
Message: "Vineyard Values"
Stewardship Question: How do you see your purpose intertwine with Asbury UMC's mission to serve, grow, build and bless?

October 11
Scripture: *Philippians 4:1-9; Matthew 22:1-14*
Message: "Banquets and Boundaries"
Stewardship Question: When we are carrying out our vision and mission **well**, what does that look like?

October 18
Scripture: *1 Thessalonians 1:1-10; Matthew 22:15-22*
Message: "Whose Image Is On You?"
Stewardship Question: How do we bring gratitude, joy and hope into the world?

October 25
Scripture: *1 Thessalonians 2:1-8; Matthew 22:34-46*
Message: "Love That Lasts"
Stewardship Question: What new way of reaching a wider community do you see?

Calendar

October 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Please join Pastor Katherine for Tea Time on MOST Tuesdays, Wednesdays and Thursdays at 2:00 pm.	Gentle Yoga meets on Wednesdays, 5:30 to 6:30 pm in the Fellowship Hall (unless otherwise specified). Gentle Yoga will also meet 6:00 to 7:00 pm on Sundays, October 4-November 8. Call Cheryl Zupec at 218-343-4478 for more info. Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am in the Fellowship Hall. They practice at 9:30 am on Sundays they sing.			**1** 8:00 am Apple Pie Making, FH 9:30 am Bone Builders, FH 11:00 am Stewardship Book Study, WR	**2** 8:00 am Apple Pie Making, FH OFFICE CLOSED Dumpster Pick Up	**3**
4 WORLD COMMUNION MINISTRY FAIR 9:00 am, Asbury Singers 10:00 am, Worship/ COMMUNION 10:15 am, Sunday School 11:00 am, Fellowship, FH 5:00 pm, Youth Group at Norton Park UMC 6:00 pm, Yoga, FH	**5** OFFICE CLOSED	**6** 8:30 am Landscape/Garden Team, FH 9:30 am Bone Builders, FH 11:30 am MS Support Group, FH	**7** 8:30 am Men's Coffee, FH 9:30 am UWF Board meeting, WR 5:30 pm, YOGA, FH	**8** 9:30 am Bone Builders, WR 11:00 am Stewardship Book Study, WR	**9** 8:30 am Donut Making OFFICE CLOSED	**10** 6:00 am, Donut Making 9:00 am to NOON- FALL PANTRY Silent Auction Book & Mini Rummage Sale Damiano Center Volunteers
11 9:00 am, Asbury Singers 10:00 am, Worship/ BIRTHDAY Rev. Dr. Karen Schuder preaching 10:15 am, Bible Bingo 11:00 am, Fellowship, FH 6:00 pm, Yoga, FH	**12** 12:00-3:00 pm Miki Szymczak memorial lunch, FH 2:00 pm Knitting Klub, WR	**13** 8:30 am Landscape/Garden Team, FH 9:30 am Bone Builders, FH 4:30 pm, SPRC, WR	**14** 8:30 am Men's Coffee, FH 10:00 am, Advent Tea, WR 1:00-3:00 pm Alzheimer's Support Group, WR 5:30 pm, Yoga, FH	**15** 9:30 am Bone Builders, FH 11:00 am Stewardship Book Study, WR	**16** OFFICE CLOSED Dumpster Pick Up	**17**
18 CHILDREN'S SABBATH 3RD GRADE BIBLES 10:00 am, Worship/PRAISE 10:15 am, Sunday School 11:00 am, Fellowship, FH 5:00 pm, Youth Group at Norton Park, UMC 6:00 pm, Yoga, FH	**19** 9:30 am, Green Door Book Group, WR	**20** 8:30 am Landscape/Garden Team, FH 9:30 am Bone Builders, FH 4:30 pm Ad Council, WR	**21** 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH	**22** 9:30 am Bone Builders, FH 11:00 am Stewardship Book Study, WR 1:00 pm, Communications Team, WR MESSENGER DEADLINE	**23** OFFICE CLOSED	**24** 9:00-10:30 am Free Breakfast, Our Savior's Lutheran Aurora Sky District gathering at Hope UMC
25 COMMITMENT SUNDAY FALL FEST/POTLUCK 9:30 am, Asbury Singers 10:00 am, Worship 10:15 am, Sunday School 11:00 am, Fellowship, FH 6:00 pm, Yoga, FH	**26**	**27** 8:30 am Landscape/Garden Team, FH 9:30 am Bone Builders, FH 4:30 pm Lay Leadership, WR	**28** 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH	**29** 9:30 am Bone Builders, FH 11:00 am Stewardship Book Study, WR MESSENGER EMAILS/MAILS	**30**	**31**

Asbury News

Ad Council Meeting Minutes — 9-15-26

Opening
Sandy Winklesky, Ad. Council Chair, called the meeting to order at 4:30 pm. The council met in the Wesley Room.
Pastor Katherine led us in reading the Vision and Mission Statements, and then she provided a prayer.

Secretary's Report
Minutes of the August 18, 2026 Ad. Council were reviewed.
Barb Kokotovich made a motion to accept the minutes as read. The motion was seconded and unanimously approved.
M – Barb Kokotovich S – Pat Anscomb

Lay Leader's Report – Steve Kokotovich
No report

Treasurer's Report – Pat Anscomb
The monthly summary was presented. Balance on Hand, 8/31/2026, is $30,619.37.
As of 8/31/2026 we have paid 31% of our 2026 Conference Apportionments with a balance due of $13,317.93.
Pat made a motion to accept the Treasurer's Report. The motion was seconded and unanimously approved.
M – Pat Anscomb, S – Steve Kokotovich

Staff Parish Relations Committee – Barb Kokotovich
The committee met on August 24. Staff evaluation forms were distributed.
The ministry poster board was planned.
Pastor Katherine will be on vacation on October 9-12.

Trustee's Report - Terry Olson
Terry mentioned several projects the Trustees have completed.
The Trustees have divided the jobs among the members to streamline the process.
The city of Duluth has asked for an easement on the church property behind the dumpsters. This will be a part of the city wide biking trail.
Voting will be held at the church on November 3.

United Women of Faith – Bev LeClair
The Fall Pantry is on Saturday, October 10, 9:00 am to 12:00 pm. The dates and times for all of the Pantry preparations are found in the Messenger and the Sunday bulletin and also will be posted at the UWF table for the Ministry Fair.
The baskets for the Pantry are due October 2.
The Pantry will also include a book, puzzle and mini-rummage sale upstairs on the day of the Pantry.

Outreach and Missions Team – Steve Kokotovich
The committee met on September 8.
The CHUM Rhubarb Festival will again be held at Asbury for one more year.
Once again, we will prepare Thanksgiving breakfast bags at Asbury. This will be done on November 21.
Asbury will hold "Sock"tober in October. Men's and women's winter socks will be collected and given to CHUM.
We will also be participating in the Salvation Army Toy Drive.
The Laura MacArthur Food Distribution Program will start in October.

Education Team – Sandy Winklesky read Alice Brenny's report
Rally Sunday was a wonderfully successful day with five kids in attendance. And of course, the potluck after worship was enjoyed by all. Beginning next week, we will start our study of the Beatitudes from the Sermon on the Mount as well as looking at the Christmas program for this season.
The Church-School Partnership team will again be working with Laura MacArthur in October this year and we look forward to the various school events. So far we have 17 members committed to the program with a couple of new individuals!

TREASURER'S REPORT:
8-31-26

GENERAL FUND:	
Balance on Hand 7/31/26	**$ 30,194.17**
Deposits	**$ 15,311.61**
Total to Account for	**$ 45,505.78**
Checks Written	**<$ 14,886.41>**
Balance on Hand, 8/31/26	**$ 30,619.37**
Unpaid Bills through 8/31/26 (includes apportionments)	**<$ 8,363.81>**
Net Ending Balance at 8/31/26	**$ 22,255.56**

Worship Team – Pastor Katherine
Stewardship Sunday begins on October 4 and Commitment Sunday will be on October 25.
All Saints Sunday is November 1.
The Sound Committee is looking for a volunteer to work the sound board or the computer one Sunday a month.
The next meeting is September 24.

Nurture/Congregational Care – Sandy Winklesky
Membership Committee – Candy Kokotovich – The Ministry Fair begins this coming Sunday.
Six new members joined the church in August.
Visitation Committee – Karen Gokey- The 80 Plus Luncheon was a great success.
The next meeting is set for December 16.
Scholarship Committee – Shelly Vanneste- no report

Pastor's Report – Pastor Katherine
Pastor Katherine will be out of town October 9 – 12. Rev. Dr. Karen Schuder will preach on October 11.
There will be a book study this Fall using the book, *Resilient and Caring Relationships.* The five-week study will begin on Thursday, October 1 at 11:00 am.
Charge Conference will once again be a Cluster Charge Conference with other area Methodist Churches. The nearest conference will be held at Hope UMC, on October 24 at 2:00 pm. Since our Ministry Report will not be completed by this time, we plan to attend the Cluster Charge Conference and we will then hold our own Charge Conference at our November Ad. Council meeting on November 17.
On November 7 from 9:00-11:00 am, we will hold a congregational workshop on Caring and Sharing.
The November 17 Ad. Council Meeting will be from 4:30 to 6:30 p.m.

Old Business – none

New Business
Pat Anscomb mentioned that we need volunteers to answer the telephone on the first Monday of the month when Shirley is not there.

Closing
The next Ad. Council meeting will be on Tuesday, October 20 at 4:30 pm.
Bev LeClair made a motion to adjourn the meeting. The motion was seconded and unanimously approved.
M – Bev LeClair, S – Terry Olson
The meeting was adjourned at 5:20 pm.

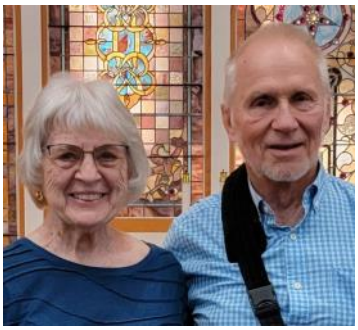
Respectfully Submitted,
Patricia Bennett, Recording Secretary

Asbury News



Several new members joined Asbury UMC on August 23: Paul and Barbara Rigstad, Richard and Sue Linde, that "wascawwy wabbit" Paul Van Antwerp, and Gayle Jazdzewski.

Paul Rigstad is a former math teacher for 32 years. He attended Longfellow West Junior High, Denfeld and UMD Seattle University. His areas of interest are family, construction, going to the cabin, work trips, finances (taxes), hunting and fishing. Paul's special reason for joining Asbury is because "Barb loves it" and he has come to agree with her. He also has friends that are members and Asbury is very active in the community. Paul would also like to share that he attended Westminister for 75 years and Asbury is a fantastic replacement.



Barbara Rigstad is also a former teacher. She attended Mankato High School and Mankato State University. Her areas of interest are family time, study groups, reading and church fellowship. Barbara's special reason for chosing Asbury is that she found Asbury to be a welcoming, inclusive congregation active in the ministry of Christ.

Richard Linde, who is retired, attended Morgan Park High School and UMD. He enjoys reading, lifting weights and walking everyday. He and his wife Sue also enjoy going on road trips to Deadwood, SD, twice a year. Richard says he chose Asbury because it has a lot to offer with a lot of activities to be involved in. "Being here feels like HOME!"



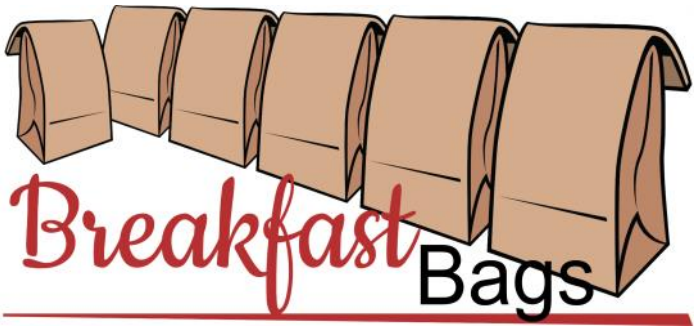
Sue Linde is also retired. She attended Morgan Park High School. Her areas of interest are her love of baking, gardening, walking and exercise. She also likes to read and share what she's read. Sue's special reason for chosing Asbury is how she and Richard have been welcomed by so many people. They could feel the love and joy that is in the church and felt at home immediately. Sue and her husband love the music and the messages each Sunday. "You can feel the joy of worshiping together and feel the Holy Spirit at work!"

Gayle Jazdzewski is retired and is a friend of Paul Van Antwerp. She attended Morgan Park High School and enjoys gardening, reading and cooking. Gayle's special reason for choosing Asbury is that it is very positive and the people are so friendly.



Paul Van Antwerp is a friend of Gayle Jazdzewski. He used to be a minister for 20 years. Paul enjoys writing, wandering and birding. He chose Asbury because of the people who are very welcoming and his friends. Paul enjoys "worshiping with good people." (*Special note: I enjoy Paul's cartoon character responses on our attendance sheets—Shirley*).

Welcome to all our new members!



SAVE THE DATES — NOVEMBER 21 & 24



Asbury News

The Tech Team Needs You!

As we move forward into the church year, you may notice some differences in our worship services, primarily our live streaming each Sunday. We need help to make our live stream service and sound run smoothly! Your help will ensure that we can continue to offer an online service with PowerPoint slides each week, as well as balanced sound for each service.

As Pastor Katherine has urged, please take some time to reflect on the gifts/talents God has given you. He has given each and every one of us at least one. Do you have one that is buried or that you are unsure of? Do you see one in someone else? Perhaps they are unaware or are unsure…

I was once given a beautiful mirror with a note attached which read, "If you could only see what I see." All too often we are blind to our own gifts/talents. I encourage you all to take some time with your own mirror and see what God sees. And, if you have some extra time, help the person next to you use his/her mirror to see what God does.

Is helping with live streaming and sound control calling to you? Please let me know. — Kim Herrig

Alzheimer Caregiver Support Group

Beginning in October, the Alzheimer's Association will be holding their monthly West Duluth Caregivers' Support Group Meetings at Asbury UMC. The meetings will take place in the Wesley Room on the second Wednesday of each month from 1:00 to 3:00 pm.

Caregiver support groups are ongoing meetings for caregivers of individuals living with Alzheimer's and other dementias. These groups provide a forum for caregivers to share feelings, needs and concerns in a confidential, safe, supportive, non-threatening and non-judgmental atmosphere. The support groups are open to anyone caring for individuals living with Alzheimer's and other dementias.

"SOCK" TOBER

"Sock" tober Collection

The Outreach Team will be conducting another "Sock" tober sock collection during the month of October. This year the socks collected will be brought to CHUM. They have requested mens' or womens' winter socks. Please place your donations in the basket in the Narthex on Sundays in October.

Children's Sabbath — October 18



October 18 is set for celebrating our children! It is also Bible Sunday. If you have or know of a third grader or older and they have not received a bible from Asbury UMC, please let the Christian Education Team or Pastor Katherine know.

Successful 80+ Luncheon



The 80+ Luncheon, hosted by the Visitation Team, was held on August 20 in Asbury's Fellowship Hall. Attendees enjoyed a delicious chicken salad lunch followed by strawberry shortcake (yummy!). There was communion in the Sanctuary after the lunch and attendees joined in a sing-a-long. Pictures of the participants are in an album in the narthex courtesy of Karen Gokey, Visitation Chair.

It was wonderful to see so many lovely participants. We always have a large RSVP response. Thank you to the Visitation Team for putting this event together each year for our cherished seniors.



National Night Out Picnic Record Attendance

Asbury's National Night Out Picnic had a record attendancewith members, area neighbors and police officers.

A huge thank you to everyone who helped supply food, helped set-up and serve, and everyone who helped with the clean-up after the picnic. Everyone had a great time!

Kid's Corner

PUZZLE

A Family of Prayer

Acts tells us about a man named Cornelius. He was a Roman soldier who worshiped God and prayed with his family. God used Cornelius to help Peter learn an important truth: God welcomes everyone who loves Him and does what is right.

Solve the math problems using the grid. Then use the key to find the letter for each answer. Write each letter on the blank to discover what Cornelius and his family did.

GRID	
A	B
2	4
C	D
6	5

KEY	
a = 7	e = 8
i = 10	o = 9
u = 11	y = 6

"H e ___ nd ___ ll h ___ s f ___ m ___ l ___
A+C A+D A+D B+C A+D B+C A+B

w ___ r ___ d ___ v ___ ___ t ___ nd
A+C A+C A+C B+D C+D A+D

G___ d-f ___ ___ r ___ ng; h ___ g ___ v ___
B+D A+C A+D B+C A+C A+D A+C

g ___ n ___ r ___ ___ sl ___ t ___ th ___ s ___ ___ n
A+C A+C B+D C+D A+B B+D B+D A+C B+C

n ___ ___ d ___ nd pr ___ y ___ d t ___ G ___ d
A+C A+C A+D A+D A+B A+C B+D

r ___ g ___ l ___ rl ___." ___ cts 10:2, NIV
A+C C+D A+D A+B A+D

Answers: "He and all his family were devout and God-fearing; he gave generously to those in need and prayed to God regularly." Acts 10:2, NIV

Give Thanks with Music



Music is one way to give thanks to God. Make these simple instruments to accompany your singing!

What you need:

- 3 small coffee cans with lids
- 1/2 cup dry pinto beans
- 1/2 cup unpopped popcorn
- 1/2 cup uncooked rice
- Heavy-duty tape
- Construction paper
- Glue
- Scissors
- Markers or crayons for decorating



What you do:

1. Put the beans in one can, the popcorn in another, and the rice in the third.
2. Secure the lids and tape around the rims.
3. Cover the cans with construction paper and glue it in place.
4. Decorate the cans with markers or crayons.
5. Shake the cans to hear the different sounds, then use them to make joyful music for the Lord!



United Women in Faith

Fall Pantry — October 10 — New Hours — Add-On Sale

UWF's Fall Pantry will be held on October 10 from **9:00 am to 12:00 pm**. Please think about making a batch of jam or perhaps some pickles or other canned delicacy, or a batch of zucchini muffins or bread. **We especially need jams and jellies and items for the bake sale such as baked breads, bars and other treats which sell quickly, and cookies for the cookie table.**

We also need baskets for the Silent Auction. If you would like to donate a Silent Auction basket, they will still be accepted at the church on October 4 and October 9. Call Dawn Jones at 218-340-0124.

Cash donations are also most welcome! **Please make checks out to Asbury UWF and give checks or cash to our UWF treasurer, Lynn Tollefson.**

All Pantry contributions should be brought to the Fellowship Hall on Friday, October 9 from 9:00 to 11:00 am as this is set-up day!

Saturday workers will be needed by 8:00 am and should park in the upper lot to allow easy parking in the lower lot for Fall Pantry guests. If you are bringing baked goods in on Saturday, please bring them in by 8:00 am. It would be helpful to have bars, cupcakes, in packs of 6 or 12.

Our apple pies have been made. Donut making for our delicious donuts is October 9-10. We start at 8:30 am on October 9 to make the dough. On October 10 we start at 6:00 am (come when you can) to roll, cut out, fry and bag donuts. Please call Bev LeClair, 218-628-2680, if you can help. Donuts are $7.00/dz. Order forms are in the narthex.

There will also be 300 pasties for sale at $7.00 each. **First come, first serve.**

Our Asbury Fall Pantry is UWF's major fundraiser for the 2027 budget. We appreciate everyone's special talent and gift which help us do many good ministries throughout the year. Please spread the word, bring your friends and get a jump start on the upcoming holiday season!

Book Plus and "Mini" Rummage Sale

The UWF like to shake things up so there will be an add-on to the Fall Pantry this year: A Book Plus AND "Mini" Rummage Sale to be held upstairs in the Green Room and the narthex while the Fall Pantry with all its usual sale items of fresh donuts, pies, pasties, pickles, jams, cookies, breads, crafts and Silent Auction items will be in the Fellowship Hall from 9:00 am to 12:00 pm.

The sale upstairs will include books, puzzles, DVDs (no VHS please), CDs, games plus a "mini" rummage sale which will focus on seasonal décor items (fall, Halloween, Christmas), good, used household items, small but still working appliances such as irons, toasters, food processors, bakeware, gently used towels, rugs and placemats. Please call Cathy Sampson, 218-349-5307, for other ideas of what to donate to the "mini" rummage sale.

Books, puzzles, DVDs, CDs, and games can be dropped off anytime in the Green Room. Please have them contained in a box or bag. Sort through your holiday decorations to see what you might want to donate. Drop-off times for "mini" rummage items are listed on the next page.

Proceeds from the Book Plus and "Mini" Rummage Sale will be combined with Fall Pantry sales and used to support organizations in our community.

See Drop Off Schedule on next page . . .

UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UWF Board will meet Octber 7.** Nancy Wagner will share devotions and be our hostess.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. NEW MEMBERS WELCOME. **Love/Hope Circle will NOT meet in October.** Members are asked to volunteer for Fall projects such as making apple pies and donuts, donations for the Cookie Table and help with the Fall Pantry on October 10.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month in the Wesley Room. NEW MEMBERS WELCOME. **Faith Circle will NOT meet in October. Members** are encouraged to work on making pies, donuts, and the Fall Pantry on October 10 as these projects support our UWF budget for 2027. Don't forget to purchase your cookbooks. Great gifts! Thanks to Cherie Blazevic, Dawn Jones, and Cindy Yewell for all the work on the new Bountiful Blessings Asbury Cookbook!
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. NEW MEMBERS WELCOME. **The Knitting Klub will meet on October 12.**
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Green Door Book Group will meet on October 19.**
- **Bone Builders Plus will resume its Tuesday and Thursday sessions from 9:30 am to 10:30 am in the Fellowship Hall.** If the schedule changes the group will be notified by email. On October 1 & 8 we will meet in the Wesley Room due to the Fall Pantry work schedule. Call Jan at 218-626-1539 for more info.

United Women in Faith

DROP-OFF SCHEDULE

Book Sale +
Books, puzzles, DVDs, CDs in boxes or bags may be dropped off during church hours or Sundays. Please place them in the Green Room upstairs.

"Mini" Rummage Sale
Items may be dropped off upstairs in the narthex.
Wednesday, October 7 from 11:30 am to 2:00 pm.
Thursday, October 8 from 10:30 am to Noon
and 4:00 to 6:00 pm.
Friday, October 9 from Noon to 3:00 pm.
Saturday, October 10 (sale day) from 9:00 am to noon.

UWF Reading Library Book Review

The Happiest Man on Earth:
The Beautiful life of an Auschwitz Survivor

In this riveting New York Times best seller, author Eddie Jaku shares his powerful memoir as a Holocaust survivor, paying tribute to those lives lost as he offers inspiring wisdom on living one's best possible life despite the most horrible circumstances. He was a teenager when Nazi soldiers sent him to the Buchenwald Concentration Camp with thousands of other Jews across Germany. Somehow, he found a will to survive and made himself a promise to smile every day in gratitude and to honor the six million Jews murdered by Hitler.

This book is in the UWF Reading Library located in the Wesley Room. If you have any questions about the library, please feel free to ask Patty Bennett.

"Cookie Table" Cookies Needed

Our "Cookie Table" is an extremely popular part of UWF's Fall Pantry! We are asking for donations of homemade cookies and hope that you will be able to help us out this year.

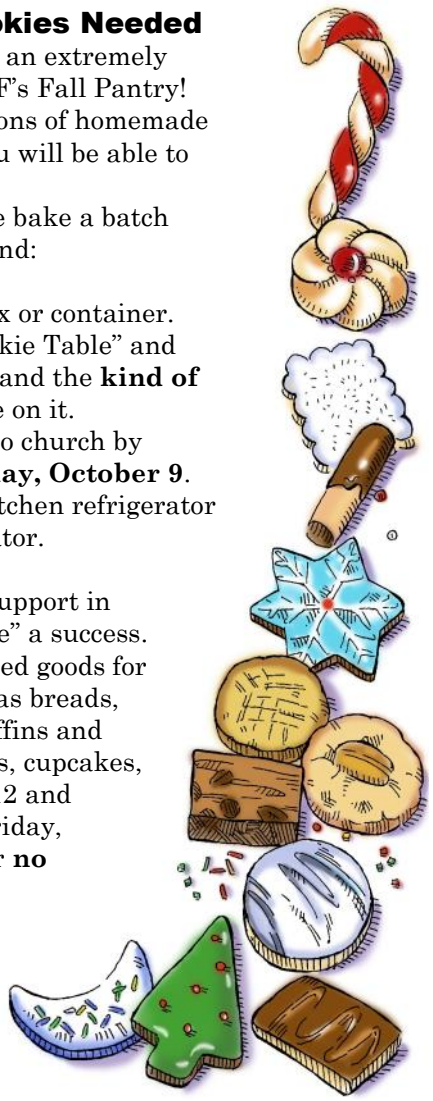
To participate, please bake a batch of your favorite cookies and:

1. Place them in a box or container.
2. Mark the box "Cookie Table" and **put your name** and the **kind of cookie** you made on it.
3. Bring the cookies to church by **9:00 am on Friday, October 9**.
4. Put them in the kitchen refrigerator or salad refrigerator.

Thank you for your support in making the "Cookie Table" a success.

We also welcome baked goods for the bake sale table such as breads, dessert breads, bars, muffins and cupcakes. Please put bars, cupcakes, muffins in packs of 6 or 12 and drop off by 8:00 am on Friday, October 9 **(preferred)** or **no later than 8:00 am** on Saturday, October 10.

Thank you!



Asbury News

Additional Counters Start November 1

The Asbury Finance Team is happy to share that starting November 1 we will be following the Conference's guidelines to have dual "money counters," in preparation for our upcoming "self-audit" as recommended by the Conference.

A big thank you goes to Mary DeMars, Karen Gokey, Sue Newberry, Sharon Picconatto, and Lynn Tollefson for their ongoing dedication to counting the weekly giving.

We're also pleased to welcome Charles Crumb, Paul Rigstad, Larry Sampson, and Larry Scanlon to the team. **There will be a brief meeting after worship on Sunday, October 11, 2026**, to review the dual counting procedures required by the Conference and go over schedules.

Advent Tea — December 5

Ladies of Asbury UMC you are cordially invited to our Advent Tea on Saturday, December 5 at 2:00 pm. A short program with music provided by Ripple Effect will be held in the Sanctuary with dessert and fellowship to follow in the Fellowship Hall.

Feel free to invite a neighbor, friend or family member (please include any guests on the RSVP.) Please RSVP by Sunday, November 22 by texting or calling Donna Mickelson at 218-606-0772 or Pat Anscomb at 218-310-3505.



Anyone willing to help with cookies, bars, small cupcakes, set up, or clean up please respond to one of the contacts above.

As an outreach to the community, we will be taking a free-will offering for the West Duluth Church Fund at the Salvation Army.

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Reverend ..... Katherine Cornell
Administrative Asst.: .....Shirley Brandt
Music Coordinator/Organist: .....Phyllis Kruell
Custodian: ..... Martin Larson
Ad Council Chair: .....Sandy Winklesky
Treasurer: .....Pat Anscomb
Finance .....Larry Sampson
Lay Leader/Outreach: ..... Steve Kokotovich
Trustees: .....Nancy Wagner, Terry Olson
UWF President.....Bev LeClair, Dawn Jones
SPRC Chair .....Barb Kokotovich
Worship Chair .....Renee Randa
Christian Ed.: Alice Brenny/Sandy Winklesky
Scholarship ..... Shelly Vanneste
Membership ..... Candy Kokotovich
Visitation .....Karen Gokey
Landscaping/Garden.....Pam Perich
Communications Team .....Cathy Sampson

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

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CHURCH OFFICE:
218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: October 22 for November 2026 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above. Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:
1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.
Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.

Asbury's Vision & Mission Statement

Vision: *At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.*
Mission: *Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.*