November 1, 2026
Volume 31, Issue 11

Messenger

Asbury
UNITED METHODIST CHURCH
A Place For All. No Exceptions.

6822 Grand Avenue/PO Box 7135
Duluth, MN 55807 ~ 218-624-0061

The Reverend Katherine V. Cornell
In-Church & Online
Sunday Worship 10:00 am
asburyduluth.org/about-us/worship/

Office Hours
Mon, Tues, Thurs: 9:00 am to 2:30 pm
Wednesday: 9:00 am to 1:00 pm
Closed each Friday
and the 1st Monday of the month.

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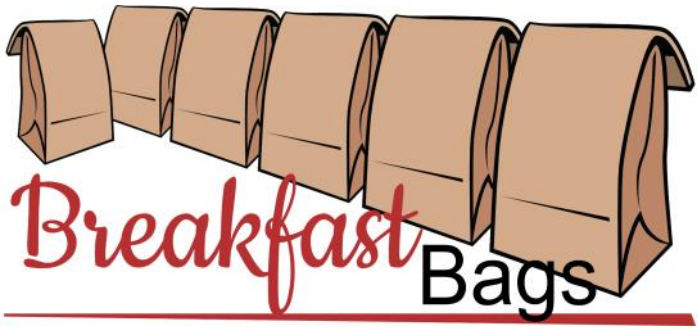


All Saint's Day Service of Remembrance

On Sunday, November 1, we are giving loving tribute to the members and friends of Asbury United Methodist Church who have died this past year. In Christ's love and with deep gratitude for the lives of our loved ones, we will light a candle in remembrance of:

Gail Anderson	*Carol Baker*	*Ron Brosdal*
Joe Bullyan	*Colleen Carlson*	*Betty Conklin*
Don DeMars	*Bill Guldner*	*Sue Gruwell*
	Judi VanDell	

Family members are invited to take the candle home with them following the worship service.



CHUM Event Breakfast Bags

As part of our work with the West Duluth area churches, Asbury will be hosting a CHUM Event on Saturday, November 21 as a service opportunity. Our project will be making breakfast bags for the Lincoln Park Warming Center. We will put them together in two parts.

Part 1 will be the CHUM Event on Saturday, November 21 from 9:00 am until noon. We will begin work on making the breakfast bags and make muffins. Our confirmands will be helping with this project. A sign-up sheet for volunteers and a sign-up sheet for ingredient donors is on the table in the Narthex.

Part 2 of our project will happen after our Community Thanksgiving Service on November 24 at Norton Park UMC.

We look forward to this opportunity to work with our neighboring churches and support our community.

A Penny For Your Thoughts

The first Sunday in November is always one of my favorite services. In it we honor those who have gone on to what we call the “church triumphant” in the past year. We also take the time to remember other loved ones important in our lives. As we lift up names of those who have died, we remember that Hebrews 12:1 tells us we are surrounded by a “great cloud of witnesses.”

These witnesses have given us examples of ways that we can live faithful, abundant lives. Grandparents, friends, those whom we have met and loved, and others whom we have only read about, all are present, surrounding us to encourage us each day in the living of our lives. We are thankful for their presence and their witness.

As we turn our attention from the great cloud of witnesses, we lean into gratitude with the coming of Thanksgiving; celebrating the harvest, relationships around us, and the multitude of blessings with which we are blessed. Each day we have the opportunity to name things, events, and people for which we are thankful.

This practice of giving thanks is a powerful one that can lift our spirits as the nights get longer and the temperatures become colder. Can you commit to naming at least one gratitude each day? Perhaps share it through a text, with a family member or around a table.

Finally, we come to the end of the month with preparations for Advent. The church is transformed into a festive place with greenery, candles, lights and trees. Festivities are planned and food is prepared.



In all of these preparations and celebrations, we are grounded in God’s love that goes before us, surrounds us with witnesses, blesses us and invites us to participate in God’s great dance of relationships.

I look forward to you joining the dance.

Blessings and Peace,
Katherine

PASTORAL CARE

Please notify the church office (218-624-0061) if you or someone you know is in need of pastoral care for illness, hospitalization or surgeries.
In case of emergency and there is no answer at the church,
please contact Pastor Katherine at 828-263-2035 or email at kcornell@wnccumc.net.
Pastor’s day off is on Friday and she works from home on Mondays.

Thank You!

Dear Pastor Katherine and Asbury Friends:

There are truly no words that can properly convey the feeling and outpouring of love and support I felt and received after experiencing my compression fracture in my back. Just when I felt the world was falling apart from so much hate, God's love came shining through to me. From the bottom of my heart I thank each of you for your many prayers, words of encouragement, hugs, rides, texts, phone calls, food, cards and so much love. Each of you are a shining example of God's love. I have a way to go with healing, but I will be forever grateful for your support and love. Thank you. — Sue Baker

Dearest Asbury Church Family:

I want to thank you for so much, but initially for such a beautiful send-off for my new adventure in life! You have blown me away with your loving kindness, encouragement and incredibly abundant and generous financial gifts. WOW! Your investment in my future is representative of the love and support you have always given me as the best church family anyone could ask for. Thank you for your ongoing care of me and my path ahead. I am truly blessed. I pray for blessing, protection and growth for Asbury. Much love always. — Debbie Merrick

Dear Members of United Women in Faith:

Thank you so much for your thoughtful and most generous donation., We now serve teachers and students in 17 school districts (Barnum, Carlton-Wrenshall, Cloquet, Culver, Duluth, Esko, Finlayson, Floodwood, Fond du Lac, Hermantown, Maple, Moose Lake, Proctor, Solon Springs, Superior, Two Harbors and Willow River) so your donation will have a far-reaching impact. 100% will go directly to purchase new school supplies . Thank you for all you do for your church and so many others. We sincerely appreciate your support of education in the Northland.

— Carolyn Schroeder, C2C Volunteer Store Manager

Dear Asbury UMC:

Thank you so much for letting us stay in your Fellowship Hall for four days. We had a wonderful time on our trip and it was great to call Asbury home for the week. We greatly appreciate your hospitality! While we were here, we served with the Two Harbor's Food Shelf, Companies 2 Classrooms and the CHUM Food Shelf. We loved our time in Duluth. Visit us at Centenary the next time you are in Mankato! — Pastor Rae and the Centenary UMC Youth Group: Maddie, Lauren, Kate, Kyle, Emmett, Aubrey, Ethan and Norah.

Dear Asbury United Methodist Church:

Thank you for the generous gift of $94 to the Damiano Center. Your support is crucial to serving the most vulnerable in our community. The Damiano Center offers nutritious meals to the hungry, a safe space for children, free apparel, hygiene items, a hot shower, connections to community resources for our neighbors in need and so much more. — Christopher Paris, Associate Director

Dear Asbury Friends and Family:

I want to express my gratitude for the many people who supported me with comments and good wishes as I recovered from the injury to my shoulder when I fell. I was amazed at the outpouring of compassion. Many, many thanks.

— Paul Rigstad.

Our November free-will Outreach Offering collection is for LSS Crisis Nursery.

Attendance . . .

Oct 4	67 In-church/66 views
Oct 11	60 In-church/60 views
Oct 18	66 In-church/46 views
Oct 25	80 In-church/104 views

Scripture Readers . . .

November 1	Judy Hill
November 8	Dale Thorpe
November 15	Candy Kokotovich
November 22	Dave Stromgren
November 29	Ruth Thorpe



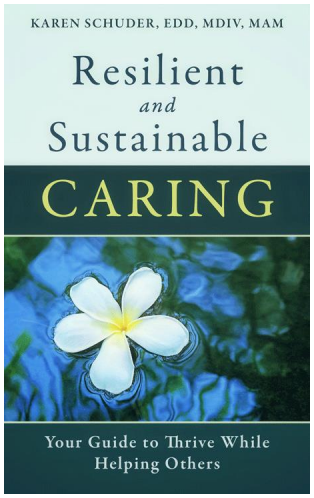
1 Stella Nickila
3 Chris Nylund
Matt Wrazidlo
4 Steve Kokotovich
Glenn Paulick
5 Kale Hanson
7 Nancy Olson
Avon Power
8 Jenean Nelson
10 Cheryl Lambert
11 Raymond Olsen
12 Cathy Sampson
15 Jim Anderson
17 Ellie Lundgren
19 Jeff VanDell
20 Pat Nelson
21 Bill LeClair
22 Cody Carlson
24 Jim Faue
Jane Herrick
Fletcher Wrazidlo
25 Brian Cornell
28 Scotty Lund-Delvecchio
29 Bobbi Gimpel

Not included?
Please contact the church office at 624-0061.

Asbury News

Sustainable Caring Workshop

Please pick up a copy of *Resilient and Sustainable Caring* in preparation for our our November 7 Sustainable Caring Workshop led by Rev. Dr. Karen Schuder from 9:00-11:00 am in the Fellowship Hall. Books are on the credenza by the church office for a suggested donation of $5 (thank you to several anonymous givers).



We will gather at 8:30 am for breakfast goodies and begin the workshop at 9:00 am. Our topic focus will be decreasing anxiety and radiating your best self.

Alzheimer Caregiver Support Group

Beginning in October, the Alzheimer's Association held their monthly West Duluth Caregivers' Support Group Meetings at Asbury UMC.

On-going meetings will take place in the Wesley Room on the second Wednesday of each month from 1:00 to 3:00 pm. **The next meeting will be November 11.**

These support groups provide a forum for caregivers to share feelings, needs and concerns in a confidential, safe, supportive, non-threatening and non-judgmental atmosphere. The support groups are open to anyone caring for individuals living with

Calling all Confirmands

Confirmation is a time of discovery and learning about our faith. It is designed for those in 6th grade or older to learn and claim faith for themselves. This year we will hold two confirmation retreats to learn and grow together. The first, on November 21 from 9:00 am to 4:00 pm, will begin with making muffins for our breakfast bags. We will then have lunch together and continue with teaching and activities. Please let Pastor Katherine know by **November 15** if you have children or grandchildren who would like to participate.



Worship In November

There are three ways to participate in worship:

- 10:00 am at Asbury UMC on Sundays. Join us live at 10:00 am and join us for fellowship, coffee and treats in the Fellowship Hall after worship.
- 10:00 am livestream service on Sundays via YouTube as the live service is taking place. An email with the YouTube link and an online worship bulletin is sent out prior to each Sunday.
- Or, you can watch the YouTube service at anytime by logging in using the link provided for each Sunday.

November Worship Theme:
This month we begin our services on November 1 with communion and remembering our Saints on "All Saints" Sunday. We then encounter three kingdom stories that challenge and teach us including wise and foolish women, people with talents, and the difference between sheep and goats. Our Sunday school class will share their learnings, the Asbury Singers will sing and we will be Hanging the Green on November 22. Finally, we step into the season of Advent on November 29 with our Hymn Sing and a special musical performance by the Northern Bell Chimes Choir from Our Savior's Lutheran Church. We hope you will join us for Sundays in November and our upcoming exciting season of Advent and the celebration of the birth of our Savior.

November 1
Scripture: *1 John 3:1-3; Matthew5:1-12*
Message: "The Saints Still Care"

November 8
Scripture: *Psalm 78:1-7; Matthew 25:1-13*
Message: "What's Up With This Story?"

November 15
Scripture: *1 Thessalonians 5:1-11; Matthew 25:14-30*
Message: "God's Talent Show"

November 22
Scripture: *Ezekiel 34:11-16, 20-24; Matthew 25:31-46*
Message: "Not the Knowing, But the Doing"

November 29
Scripture: *Luke 1:5-25*
Message: "Calling All Angels: Zechariah"

Calendar

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 ALL SAINT'S SUNDAY 9:00 am, Asbury Singers 10:00 am, Worship/ COMMUNION 10:15 am, Sunday School 11:00 am, Fellowship, FH 5:00 pm, Youth Group at Norton Park UMC 6:00 pm, Yoga, FH	**2** OFFICE CLOSED	**3** 7:00 am—8:00 pm ELECTION, FH 8:00 am-6:00 pm Book Plus Sale, Bake Sale, Pantry Goods Sale, GR and Narthex	**4** 8:30 am Men's Coffee, FH 9:30 am UWF Board meeting, WR Advent Tea Meeting, WR 5:30 pm, YOGA, FH	**5** 9:30 am Bone Builders, FH	**6** OFFICE CLOSED	**7** 8:30-11:00 am-Stewardship Workshop, Rev. Dr. Karen Schuder, FH
8 9:00 am, Asbury Singers 10:00 am, Worship/ BIRTHDAY 10:15 am, Bible Bingo 11:00 am, Fellowship, FH 6:00 pm, Yoga, FH	**9** 2:00 pm Finance, GR 2:00 pm Knitting Klub, WR	**10** 9:30 am Bone Builders, FH November 11 1:00-3:00 pm Alzheimer's Support Group, WR	**11** 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH 	**12** 9:30 am Bone Builders, WR 4:00 pm Worship Team Mtg.	**13** OFFICE CLOSED Dumpster Pick Up	**14** 8:30—10:30 am 11:00 am-1:00 pm Damiano Center Volunteers 7:30 am-4:45 pm United Way-Babysitting
15 9:00 am, Asbury Singers 10:00 am, Worship/PRAISE 10:15 am, Sunday School 11:00 am, Fellowship, FH 5:00 pm, Youth Group at Norton Park UMC	**16** 9:30 am, Green Door Book Group, WR Group will go for brunch at Perkins at 11:00 am	**17** 9:30 am Bone Builders, FH 1:00 pm Love/Hope Circle, WR 4:30 pm, Charge Conference, Ad Council Meeting, WR	**18** 8:30 am Men's Coffee, FH 5:30 pm, Yoga, FH	**19** 9:30 am Bone Builders, FH 1:00 pm Faith Circle, WR 4:00-6:00 pm Meeting, FH MESSENGER DEADLINE	**20** OFFICE CLOSED	**21** 9:00 am—NOON Breakfast Bags/ make muffins at Asbury UMC Confirmation Retreat
22 CHRIST THE KING SUNDAY SUNDAY SCHOOL SHARE ASBURY SINGERS HANGING OF THE GREEN 9:30 am, Asbury Singers 10:00 am, Worship 11:00 am, Fellowship, FH	**23**	**24** 9:30 am Bone Builders, FH 6:00 pm, Community Thanksgiving Service at Norton Park UMC. Come at 5:30 pm to sing with choir. Breakfast bag assemble after worship.	**25** 8:30 am Men's Coffee, FH 5:30 pm, YOGA, FH MESSENGER EMAILS/MAILS	**26**  OFFICE CLOSED	**27** OFFICE CLOSED Dumpster Pick Up	**28** 9:00-10:30 am Free Breakfast, Our Savior's Lutheran
29 1st SUNDAY OF ADVENT HYMN SING 9:00 am, Asbury Singers 10:00 am, Worship 11:00 am, Fellowship, FH	**30**	Gentle Yoga meets on Wednesdays, 5:30 to 6:30 pm in the Fellowship Hall (unless otherwise specified). Gentle Yoga will also meet 6:00 to 7:00 pm on Sundays, October 4-November 8. Call Cheryl Zupec at 218-343-4478 for more info. Asbury Singers practice each Sunday except Praise Sunday from 9:00 to 9:30 am in the Fellowship Hall. They practice at 9:30 am on Sundays they sing.			 Please join Pastor Katherine for Tea Time on MOST Tuesdays, Wednesdays and Thursdays at 2:00 pm.	

Asbury News

Ad Council Meeting Minutes — 10-20-26

Opening
Sandy Winklesky, Ad. Council Chair, called the meeting to order at 4:30 pm. The council met in the Wesley Room. Pastor Katherine led us in prayer.

Secretary's Report
Minutes of the September 15, 2026 Ad. Council were reviewed.
Steve Kokotovich made a motion to accept the minutes as read. The motion was seconded and unanimously approved.
M – Steve Kokotovich S – Bev LeClair

Lay Leader's Report – Steve Kokotovich
No report

Treasurer's Report – Pat Anscomb
The monthly summary was presented. Balance on Hand, 9/30/2026, is $8,252.39.
As of 9/30/2026 we have paid 75% of our 2026 Conference Apportionments with a balance due of $4,856.90.
Pat made a motion to accept the Treasurer's Report. The motion was seconded and unanimously approved.
M – Pat Anscomb, S – Steve Kokotovich

Finance Report – Larry Sampson
Plans are now in place to have two people counting the offering after the worship service.
The church auditing has begun.

Staff Parish Relations Committee – Barb Kokotovich
Staff evaluation forms are complete. All staff are happy with no concerns.
The staff and pastor compensation packages are ready. We now need to wait for the completion of the stewardship drive to determine if we will have the funds for the compensation packages.

Trustee's Report
Steve mentioned that a window in the nursery room is broken and will be replaced.
Larry Sampson said that the dead trees in front of the church will be taken down tomorrow.

United Women of Faith – Bev LeClair
The Fall Pantry was a huge success with over $10,000 made. The additional rummage, book and puzzle sale upstairs, headed by Cathy Sampson, added a lot to the success.
It is not yet decided if we will have a members-only meatball fundraiser this fall.
The UWF has increased their use of church donation from $500 to $750 annually.

Outreach and Missions Team – Steve Kokotovich
Once again, we will prepare Thanksgiving breakfast bags at Asbury. This will be done on November 21. The bags are given to CHUM.
We are doing "Sock"tober this October. Men's and women's winter socks will be collected and given to CHUM.
We will also be participating in the Salvation Army Toy Drive.
The Outreach Endowment Fund is funding the monthly Alzheimer's Caregiver Support Group that now meets at Asbury monthly. The Outreach Endowment fund is looking to support other worthwhile outreach projects.

Education Team – Sandy Winklesky read Alice Brenny's report
This past Sunday we celebrated Children's Sabbath by presenting Maggie Town with a Bible. We have five additional children eligible to receive Bibles.
This Sunday is Family Fall Fest. Kids have an opportunity to do a cupcake walk, play Bible Bingo and do crafts. After the worship service, everyone is invited to enjoy a potluck and play bingo with gift card prizes.
The Church-School Partnership brings new opportunities for our team of 17 volunteers at Laura MacArthur. A Food Security Grant of $1,140 funded by the Conference Foundation will be used to help feed Laura MacArthur families. It will begin in November.

TREASURER'S REPORT:
9-30-26

GENERAL FUND:	
Balance on Hand 8/31/26	**$ 30,619.37**
Deposits	**$ 27,658.09**
Total to Account for	**$ 58,277.46**
Checks Written	**<$ 50,025.07>**
Balance on Hand, 9/30/26	**$ 8,252.39**
Unpaid Bills through 9/30/26 (includes apportionments)	**$ 0.00**
Net Ending Balance at 9/30/26	**$ 8,252.39**

Worship Team – Pastor Katherine
Commitment Sunday for stewardship will be on October 25.
All Saints Sunday is November 1.
Advent begins on November 29.

Nurture/Congregational Care – Sandy Winklesky
Membership Committee –Two new members will join the church this November.
Visitation Committee – no report
Scholarship Committee – no report

Pastor's Report – Pastor Katherine
Charge Conference will once again be a Cluster Charge Conference with other area Methodist Churches. The nearest conference will be held at Hope UMC, on October 24, at 2:00 pm. Since our Ministry report will not be completed by this time, we plan to attend the Cluster Charge Conference and we will then hold our own Charge Conference at our November Ad. Council meeting.
On November 7, 9-11:00 am, we will hold a congregational workshop on Caring and Sharing.
The November 17 Ad. Council Meeting will begin with a Charge Conference at 4:30 pm. There will then be a teaching by Rev. Dr. Karen Schuder at the Ad. Council meeting.
Confirmation will be a done in a two-retreat format this year. From Asbury, we have 2, possibly 3 students attending. The first retreat will be after baking the Thanksgiving breakfast bag muffins on Saturday, November 21.
The Youth Group will be with Asbury, Norton Park, Hillside and Faith Methodist in Superior. They will meet the first and third Sundays of each month. Our Ministry and Mission Plan for 2026 will also be used for 2027.

Old Business – none

New Business - none

Closing
The next Ad. Council meeting will be on Tuesday, November 17, at 4:30 pm.
Barb Kokotovich made a motion to adjourn the meeting. The motion was seconded and unanimously approved.
M – Barb Kokotovich, S – Pat Anscomb
The meeting was adjourned at 5:00 pm.

Respectfully Submitted,

Patricia Bennett, Recording Secretary

Asbury News



Community Thanksgiving Service

Asbury UMC will join other West Duluth churches on November 24 at 6:00 pm at Norton Park UMC, 436 N 79th Ave W, Duluth as we celebrate and give thanks! Please come at 5:30 pm if you would like to join the choir.

We will have fellowship and Part 2 of our service project for the CHUM Event Breakfast Bags after the service.

Advent Book Study

This Advent we will be reading *Calling All Angels* by Erin Wathen. This book is an invitation to overcome fear and boldly step forward in faith through the stories of Mary, Joseph, Zechariah and the shepherds.

Join us as we find our strength through these stories of faith. We will gather for study at 11:00 am on December 3, 10, 17 and 24 in the Wesley Room. A sign-up sheet for books will be in the Narthex on November 8.

Landscaping Team Hits "Rock" Bottom

The Landscaping/Garden Team hit "rock" bottom this year! Check out the beautiful landscaping "rock" the Team picked out and carefully placed among plants to achieve an eye-catching update to Asbury's side gardens. We completed our 2026 goals to improve the beauty of the gardens, as well as to make it more sustainable for members. Next year we hope to make a few changes to the front garden.

The Team worked tirelessly with an energetic spirit that was age defying. Thank you so much to long-time members Donna Mickelson, Dale Thorpe, Jeanne Rychlak, Jerry Smith, Pam Perich and Charles Crumb for their dedication to keeping the gardens beautiful. Thank you also to Steve Mickelson for his extra help and to Kathy and Mick Levinski for keeping our grounds manicured and cut.

Make sure "ya all" check it out — we are accepting apps with references. Thanks again and "rock" on.

— Pam Perich, Landscaping/Garden Team Chair

Hanging of the Green — November 22

Please join us in the Hanging of the Green after worship on Sunday, November 22 to prepare our Sanctuary for Advent, Christmas Eve and Christmas Day. The first Sunday of Advent is November 29. We are looking for help in getting our gift tree for the Salvation Army and our Mitten Tree up, hanging the Christmas wreaths, and getting the Christmas banners up. These and other touches will beautify our Sanctuary for the season. Every person's help makes the time fly and provides a wonderful time of fellowship. Please note the date and plan to stay to help. Thank you.

Asbury "Mitten" Tree

It's time to start shopping for the Mitten Tree that will be in the church Narthex on November 22 for the Advent season. Many elementary school students come dressed unprepared for the cold winter weather. Once again, socks for both young boys and girls are of the greatest need, so we will be focusing on socks again this year. Other winter accessories are helpful and will be happily received.



Please shop for donations in children's sizes. We will gratefully be collecting donations through December. Thank you for your thoughtfulness and generosity.

Salvation Army Toy Drive

New, unwrapped gifts for infants/toddlers/children/teenagers may be placed under the Christmas tree (the tree will be up on November 22) at the front of the sanctuary. They will be brought to the Salvation Army on December 14. **The deadline for dropping off toys is Sunday, December 13.**

As in year's past, please no toys suggesting violence such as guns or war toys.

— Outreach Team

DON'T FORGET TO VOTE!
NOVEMBER 3

Asbury UMC is an election site.
7:00 am to 8:00 pm



Asbury News



Thank You For Your Pledge Cards!

We have a total of $127,896 pledged so far for our 2027 Operating Budget from 48 pledge units!

If you have not returned your pledge card yet, please do so as soon as possible.

There are pledge cards available on the back table in the Narthex or call the church office at 218-624-0061 and we will be happy to send you another pledge card.

Thank you for your generosity and commitment to the ministry, people and programs of Asbury United Methodist Church!

Asbury UMC

UPCOMING EVENTS

November 21, 2026 9:00 am to NOON
CHUM Event Breakfast Bags, Asbury, FH.

November 24, 2026, 6:00 pm
5:30 pm to join choir
COMMUNITY THANKSGIVING SERVICE
Norton Park UMC

February 5-6, 2027
PASTY SALE
Call 218-624-0061 to order.
Deadline to order: TBD

April 8, 2027 4:30 to 6:00 pm
DRIVE THROUGH MEATBALL DINNER
Preorder tickets to reserve dinner — limited tickets at door
Deadline to preorder and pay: TBD

June 4, 2026
NATIONAL DONUT DAY DONUT SALE
Preorders recommended. Call 218-624-0061
Deadline to order: TBD



Order Deadline is Sunday, November 22

We will again be decorating our sanctuary for the Advent/Christmas season with beautiful poinsettias. Flowers may be taken home following the 4:00 pm Christmas Eve worship. Please complete the order form and place it with your check for **$20.00 made out to Asbury UMC** in the offering plate or return it to the church office. **Deadline to order is November 22.**

Your Name: _____ **Phone:** _____

All poinsettias will be red.

In Memory of: _____

In Honor of: _____

In Celebration of: _____

Office Use Only
Date paid: _____ **Check #:** _____

Poinsettia - $20.00 x _____ **TOTAL =** _____

Kid's Corner



Counting Our Blessings

Thanksgiving is a great opportunity to "count our blessings." God blesses each of us daily in so many ways. Solve the following math problems. Then write the words on the numbered lines below to complete Ephesians 1:3, NIV.

14 - 7 = ____ Father	10 + 15 = ____ in
10 + 9 = ____ heavenly	6 - 3 = ____ to
10 + 5 = ____ blessed	12 - 6 = ____ and
2 - 1 = ____ Praise	6 + 6 = ____ Christ
7 + 7 = ____ has	18 - 9 = ____ our
11 + 11 = ____ every	22 - 11 = ____ Jesus
12 + 12 = ____ blessing	1 + 1 = ____ be
10 + 10 = ____ realms	7 + 6 = ____ who
13 + 13 = ____ Christ	2 + 2 = ____ the
8 + 8 = ____ us	10 - 5 = ____ God
8 + 9 = ____ in	4 + 4 = ____ of
5 + 5 = ____ Lord	9 + 9 = ____ the
10 + 11 = ____ with	10 + 13 = ____ spiritual

"_____ _____ _____ _____ _____ _____
1 2 3 4 5 6

_____ _____ _____ _____ _____ _____,
7 8 9 10 11 12

_____ _____ _____ _____ _____ _____
13 14 15 16 17 18

_____ _____ _____ _____
19 20 21 22

_____ _____ _____ _____."
23 24 25 26

Ephesians 1:3, NIV

Answer: "Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ."



When you eat this fun snack, be thankful for Jesus, who is our Bread of Life.

What you need:



- Small cups
- Milk
- Food coloring
- Clean, food-safe brush
- Slice of bread
- Toaster or toaster oven
- Butter, optional

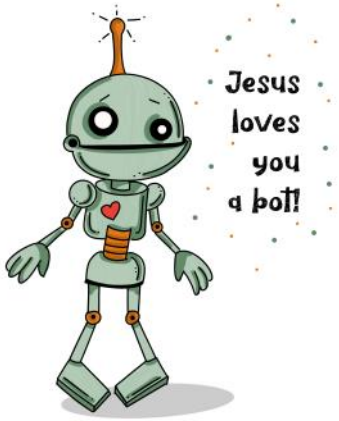
What you do:

1. Set out one small cup for each color you want to use.
2. Pour 1 to 2 tablespoons of milk into each cup.
3. Add a few drops of food coloring to each cup and stir until the color is bright.
4. Using a clean, food-safe brush, gently paint a picture or design on the bread. Be careful not to soak the bread.
5. When you're finished painting, toast the bread. Add a little butter, if desired, and enjoy!



Reminder: Ask an adult for help when using a toaster or toaster oven.

"I am the bread of life."
John 6:35, NIV



United Women in Faith

United Women in Faith

faith action sisterhood

UWF Reading Library Book Review

The Holiday season is upon us and it's often a time when our busy lives leave us with frustrations of trying to fit too much into too little time. If you feel this way, the UWF Reading library has just the book for you. *Good Enough: 40ish Devotionals for a Life of Imperfection* provides daily reflections to help us stop feeling guilty when we feel that we are not always doing our best. Written gently and with humor, it tells us that it's okay if life isn't always better. This book, along with many other wonderful reads, can be found in the Wesley Room UFW Reading Library. If you have questions on how to participate, please contact Patty Bennett. Everyone is welcome.



Hugely Successful Fall Pantry/Silent Auction/ Book Plus Sale/"Mini" Rummage Sale

A heartfelt thank you to all who worked and/or donated items for the Silent Auction, the Fall Pantry, plus our new-this-year-add-on Book Sale Plus and "mini" Rummage Sale! A big thank you to everyone that shopped! We had a very successful Saturday.

We received many wonderful basket donations for our Silent Auction helping the UWF bring in $1,001 for that part of the sale.

The add-on feature to the Fall Pantry was also a wonderful success. Preliminary numbers indicate that this portion of the Pantry made about $706. There were many happy shoppers in the Narthex and Green Room which was filled with over 130 puzzles for sale and well-stocked bookshelves of some great books in excellent shape. About half of the puzzles sold. The mini-rummage sale was also well-stocked and organized. A BIG thank you to everyone who donated, helped empty donation boxes, set up the sale, and organize it to a "T." Thank you, too, to those who stayed to pack-up and drop-off rummage sale items at local donation sites.

Our total Fall Pantry so far has raised $11,371! The money we collect for the Fall Pantry sets the UWF budget for 2027 and helps us help many local charities. Bless your generosity!

Book Plus "Mini" Pantry Sale – November 3 – Help Needed

As always our wonderful UWF like to try something new. To that end,

Continued on page 11 . . .

UWF Meetings

- UWF board members meet at 9:30 am in the Wesley Room on the 1st Wednesday of each month. **The UWF Board will meet November 4.** Bev LeClair will share devotions and be our hostess.
- Love/Hope Circle meets at 1:00 pm in the Wesley Room on the 3rd Tuesday of each month. NEW MEMBERS WELCOME. **Love/Hope Circle will meet on November 17.** Sharon Picconatto is our hostess and Barb Rigstad will share devotions.
- Faith Circle meets at 1:00 pm on the 3rd Thursday of each month in the Wesley Room. NEW MEMBERS WELCOME. **Faith Circle will meet on November 19.** Avon Power will share devotions and will be our hostess. We will collect for the World Thank Bank which is a National Mission Project. We will discuss plans for our December meeting and set a date.
- Knitting Klub meets at 2:00 pm in the Wesley Room on the 2nd Monday of the month. NEW MEMBERS WELCOME. **The Knitting Klub will meet on November 9.**
- Green Door Book Group meets at 9:30 am in the Wesley Room on the 3rd Monday of each month. **The Green Door Book Group will meet on November 16. Following the meeting the group will go out at 11:00 am for brunch at Perkins.**
- **Bone Builders Plus meet on Tuesdays and Thursdays from 9:30 am to 10:30 am in the Fellowship Hall. The exception this month will be November 3. Election Day (please meet in the Wesley Room)** They do not meet on holidays or if there is a special event at Asbury. If the schedule changes the group will be notified by email. Call Jan at 218-626-1539 for more info.

United Women in Faith

Fall Pantry from page 10 . . .



Our Silent Auction was very successful with many wonderful baskets for sale. Thank you to our donors and our bidders!

they are hosting a Book Plus and "mini" Pantry sale in the Narthex and Green Room on Tuesday, November 3. The funds generated from this sale will be added to the October 10 Fall Pantry Day, Book Plus and "mini" rummage sale profits to support community organizations.

The UWF are looking for donations of fresh baked goods such as cookies, bars, muffins, breads, plus books, puzzles, CDs and DVDs.

Baked goods can be brought to church on Sunday, November 1 or from 10 am to noon on November 2 or 8 am to noon on November 3.

Volunteers are also needed on the day of sale for up to 2-hour shifts starting at 8:00 am and ending by 6:00 pm. There will be sign-up sheets for baked goods and work hours. If you have questions, you may contact Cathy Sampson at 218-349-5307.



Advent Tea – December 5

The Asbury UWF will host an Advent Tea on Saturday, December 5, at 2:00 pm. A short program with music provided by Ripple Effect will be held in the Sanctuary with dessert and fellowship to follow in the Fellowship Hall. Please park in the upper lot.

The theme this year is "Peace." All women of Asbury are invited to attend and encouraged to bring a friend or neighbor. **RSVPs are required.**

Please RSVP to Pat Anscomb, 218-310-3505 or Donna Mickelson, 218-606-0772 via text or call by Sunday, November 29.

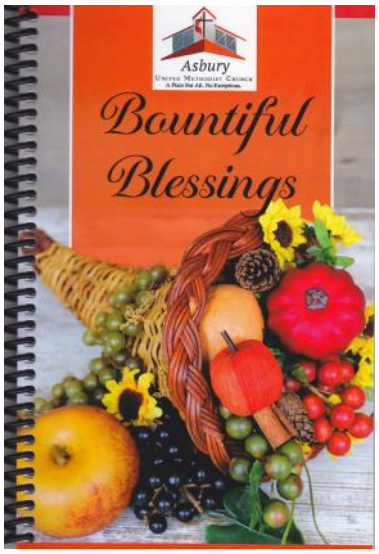
There will also be a sign-up sheet in the Narthex on Sundays, November 1, 8, 15 and 22.

Please consider helping with this event with setting up tables and the dessert tables, cleaning up or bringing cookies, bars or small cupcakes.

As an outreach to the community we will have a free-will offering go to the Salvation Army for the West Duluth Church Fund.

Looking For a Christmas Gift Idea?

Look no further! Pick up 'Bountiful Blessings," Asbury's cookbook featuring recipes by "church ladies and men." Nothing is better than that! The UWF's idea of creating this cookbook was a great way to share family recipes and offer the pleasure of making and eating delicious food.



Asbury members and friends have created a beautiful cookbook featuring lip-smacking appetizers and beverages, vegetables and side dishes, soups and salads, main dishes, breads and rolls, cookies and bars, desserts and cakes and This & That.

Who wouldn't want to know how to make Wassail for the Christmas season or Bloomer Droppers? How about Sinful Potatoes, Smear Case, Grandma Phyllis' Special Dessert, Tequila Berry Salad, a Really Good Quiche, a Day-Before-Payday Casserole, Dutch Babies, Poires Noires, Terry's Monster Cookies, Handy Andy Oatmeal Cookies or the Next Best Thing To Robert Redford?

The This & That section brings you a variety of recipes ranging from different versions of Coney Sauces to Skunk Deodorizer for Pets.

There is a handy index in the back of the cookbook to quickly look up a recipe that strikes your fancy and/or appetite.

For just $20 you will receive a great stocking stuffer or gift (get one for yourself) and a multitude of great, "get that fuzzy feeling" recipes to impress your friends, family members and yourself. Cookbooks are going fast. Don't wait until it's too late!

Asbury United Methodist
PO Box 7135
Duluth MN 55807

Return service requested

Meet Our Staff



Reverend ..... Katherine Cornell
Administrative Asst.: .....Shirley Brandt
Music Coordinator/Organist: .....Phyllis Kruell
Custodian: ..... Martin Larson
Ad Council Chair: .....Sandy Winklesky
Treasurer: .....Pat Anscomb
Finance .....Larry Sampson
Lay Leader/Outreach: ..... Steve Kokotovich
Trustees: .....Nancy Wagner, Terry Olson
UWF President.....Bev LeClair, Dawn Jones
SPRC Chair .....Barb Kokotovich
Worship Chair .....Renee Randa
Christian Ed.: Alice Brenny/Sandy Winklesky
Scholarship ..... Shelly Vanneste
Membership ..... Candy Kokotovich
Visitation .....Karen Gokey
Landscaping/Garden.....Pam Perich
Communications Team .....Cathy Sampson

This newsletter is e-mailed/mailed monthly by Asbury UMC, Duluth MN.

EDITORS: The Rev. Katherine V. Cornell; Shirley Brandt, Admin. Asst.

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218-624-0061 ~ asburyumcduluth@hotmail.com ~ www.asburyduluth.org

NEXT MESSENGER DEADLINE: November 19 for December 2026 Messenger.

Please submit all articles of interest to Shirley in the church office by the deadline listed above. Items may be dropped off, e-mailed or mailed. Thank you.

Worship With Us

Every Sunday at 10:00 am.

NOTE:
1st Sunday of each month we share Holy Communion,
2nd Sunday we recognize those celebrating birthdays.
3rd Sunday our music is led by our Praise Team.
Every Sunday we give thanks and celebrate
God's great gifts and presence in our lives.

Asbury's Vision & Mission Statement

Vision: *At Asbury UMC, we believe God's words and ways are key to abundant life for ourselves and our community.*
Mission: *Asbury UMC is a welcoming, active church that exists to serve, grow, build, and bless our congregation, community, and the world.*